

Active Physioworks Presents
 St. Albert Road Race
 St. Albert, AB
 April 23rd, 2023

Overall 10 Miler Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
1	1/3	M	79	Riley Stuermer	53:52	3:21
2	1/7	M	103	Richard Reid	55:52	3:29
3	1/6	M	77	Chris Stone	56:51	3:32
4	2/7	M	94	Brandon Wladyko	57:39	3:35
5	1/6	M	101	Jessie Jacobson	58:15	3:38
6	2/6	M	32	Chris Jonker	59:21	3:42
7	1/5	F	86	Caitlin Vail	1:01:05	3:48
8	3/6	M	2	Jp Aquino	1:01:38	3:50
9	1/5	M	53	Kurt Mueller	1:01:40	3:50
10	1/5	M	97	Alfred Yung	1:02:54	3:55
11	1/10	F	7	Jenny Cheung	1:04:08	3:59
12	2/5	M	65	A. J. Rankel	1:05:36	4:05
13	2/6	M	12	Matthew Coulter	1:06:47	4:09
14	3/7	M	48	Drew Malcolm	1:07:31	4:12
15	2/5	M	26	Kalem Hamilton	1:08:06	4:14
16	1/3	M	23	Ken Gray	1:10:17	4:22
17	2/3	M	10	Riley Cornelssen	1:10:56	4:25
18	3/6	M	42	James Linthorne	1:11:18	4:26
19	4/6	M	67	Benjamin Rennie	1:11:23	4:27
20	1/7	F	31	Sonya Jongsma Knauss	1:11:43	4:28
21	1/5	M	9	Darren Clyde	1:12:27	4:30
22	4/6	M	87	Bryan Van Boom	1:12:39	4:31
23	3/3	M	20	Patrick Francis	1:12:47	4:32
24	3/5	M	50	Kevin Mau	1:13:22	4:34
25	4/7	M	75	David Sotheran	1:14:42	4:39
26	2/5	M	11	Wayne Cornelssen	1:14:46	4:39
27	1/7	F	90	Andrea Veenstra	1:15:05	4:40
28	1/4	M	24	Shawn Green	1:16:42	4:46
29	2/7	F	40	Amanda Leendertse	1:17:11	4:48
30	4/5	M	37	Jason Krips	1:17:37	4:50
31	2/10	F	45	Kristin Luimes	1:18:15	4:52
32	5/7	M	70	Simonas Ringaitis	1:19:14	4:56
33	6/7	M	81	Devin Taylor	1:20:20	5:00
34	3/5	M	72	Michael Ross	1:20:20	5:00
35	1/1	M	59	Don Paterson	1:20:47	5:02
36	2/4	M	25	Bryce Haimila	1:20:50	5:02
37	3/5	M	4	Jason Bowen	1:21:14	5:03
38	4/5	M	14	Jay Cunningham	1:22:16	5:07
39	2/7	F	28	Shawna Hiley	1:22:19	5:07
40	1/5	F	8	Christine Christianson	1:23:42	5:12
41	1/4	F	98	Gerianne Zabolotniuk	1:24:11	5:14
42	4/5	M	5	Seth Chartrand	1:25:17	5:18
43	2/5	F	41	Dominique Leonard	1:26:14	5:22
44	5/6	M	83	Ben Thronson	1:26:21	5:22
45	3/10	F	30	Sheena Hotchkiss	1:27:18	5:26

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46	2/5	F	33	Verona Kalynchuk	1:28:52	5:32
47	7/7	M	22	Josh Gero	1:29:30	5:34
48	3/5	F	62	Nicole Pilares	1:30:39	5:38
49	3/5	F	51	Ashley McPherson	1:30:59	5:40
50	3/7	F	47	Isabel Madeira	1:32:00	5:43
51	1/1	F	96	Dorothy Yang	1:32:24	5:45
52	3/7	F	93	Robin Wilms	1:32:55	5:47
53	4/7	F	57	Angela Ochs	1:32:55	5:47
54	1/1	F	60	Sarah Perala	1:34:10	5:51
55	4/7	F	89	Jennifer Van Niejenhuis	1:35:56	5:58
56	5/7	F	85	Courtney Unruh	1:36:07	5:59
57	5/7	F	1	Andrea Addison	1:36:19	5:59
58	6/7	F	71	Heather Rogalski	1:36:21	6:00
59	6/7	F	54	Megan Nixon	1:36:21	6:00
60	5/6	M	44	Jon Lovell	1:36:32	6:00
61	4/5	F	66	Jenilee Raymond	1:36:44	6:01
62	5/5	M	36	Nick Kolada	1:36:44	6:01
63	5/5	F	39	Katelyn Lazaruk	1:36:50	6:01
64	6/6	M	38	Aaron Lazaruk	1:36:51	6:01
65	2/3	M	49	Greg Masik	1:37:04	6:02
66	4/10	F	95	Sarah Wolgemuth	1:37:49	6:05
67	5/10	F	82	Sheena Teshima	1:37:51	6:05
68	6/10	F	43	Conny Loeffler	1:38:53	6:09
69	2/4	F	52	Moria Millar	1:39:20	6:11
70	7/10	F	78	Margo Stone	1:39:34	6:11
71	1/1	F	76	Paige Steenbergen	1:39:59	6:13
72	4/5	F	16	Danielle Doll	1:41:01	6:17
73	5/5	F	56	Jenna Northcott	1:41:10	6:17
74	3/3	M	6	Donald Cherniawsky	1:42:24	6:22
75	3/4	F	27	Amelia Harmse	1:42:34	6:23
76	1/2	F	15	Victoria Debert	1:43:02	6:24
77	3/4	M	100	Shawn Santo	1:43:15	6:25
78	7/7	F	74	Meagan Sargent	1:43:22	6:26
79	8/10	F	88	Trish Van De Ligt	1:43:22	6:26
80	9/10	F	13	Melissa Crozier	1:43:22	6:26
81	4/4	F	34	Kathy King	1:46:19	6:37
82	5/5	M	69	Shawn Reynolds	1:49:28	6:48
83	2/2	F	55	Erica Nordquist	1:50:03	6:51
84	10/10	F	63	Michelle Potvin	1:50:29	6:52
85	6/6	M	61	Shaun Percival	1:50:29	6:52
86	4/4	M	91	George Whyte	1:51:28	6:56
87	7/7	F	73	Shannon Rudman	1:54:56	7:09
88	5/5	M	64	Brandon Preece	1:54:57	7:09

89	1/1	M	17 Dick Ensslen	2:15:59	8:27
90	1/1	F	21 Shirley Fraser	2:16:05	8:28

