

Active Physioworks Presents
St.Albert Road Race
St. Albert, AB
April 23rd, 2023

16km Age Group Results

AGE GROUP: Women 14 & Under

Place Name	City	Finish	Pace
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1 Paige STEENBERGEN	Edmonton	1:39:59	6:13

AGE GROUP: Women 15-19

Place Name	City	Finish	Pace
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1 Dorothy YANG	Edmonton	1:32:24	5:45

AGE GROUP: Women 20-24

Place Name	City	Finish	Pace
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AGE GROUP: Women 25-29

Place Name	City	Finish	Pace
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1 Caitlin VAIL	Edmonton	1:01:05	3:48
2 Verona KALYNCHUK	St. Albert	1:28:52	5:32
3 Nicole PILARES	Edmonton	1:30:39	5:38
4 Danielle DOLL	St. Albert	1:41:01	6:17
5 Jenna NORTHCOTT	Spruce Grove	1:41:10	6:17

AGE GROUP: Women 30-34

Place Name	City	Finish	Pace
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1 Christine CHRISTIANSON	St. Albert	1:23:42	5:12
2 Dominique LEONARD	Edmonton	1:26:14	5:22
3 Ashley MCPHERSON	Edmonton	1:30:59	5:40
4 Jenilee RAYMOND	Edmonton	1:36:44	6:01
5 Katelyn LAZARUK	Md Of Greenview	1:36:50	6:01

AGE GROUP: Women 35-39

Place Name	City	Finish	Pace
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1	Andrea VEENSTRA	Edmonton	1:15:05	4:40
2	Amanda LEENDERTSE	St.Albert	1:17:11	4:48
3	Robin WILMS	Edmonton	1:32:55	5:47
4	Jennifer VAN NIEJENHUIS	Edmonton	1:35:56	5:58
5	Courtney UNRUH	Beaver County	1:36:07	5:59
6	Megan NIXON	Stony Plain	1:36:21	6:00
7	Meagan SARGENT	St. Albert	1:43:22	6:26

AGE GROUP: Women 40-44

Place	Name	City	Finish	Pace
1	Jenny CHEUNG	Edmonton	1:04:08	3:59
2	Kristin LUIMES	Androssan	1:18:15	4:52
3	Sheena HOTCHKISS	St. Albert	1:27:18	5:26
4	Sarah WOLGEMUTH	Edmonton	1:37:49	6:05
5	Sheena TESHIMA	Edmonton	1:37:51	6:05
6	Conny LOEFFLER	Sherwood Park	1:38:53	6:09
7	Margo STONE	Edmonton	1:39:34	6:11
8	Trish VAN DE LIGT	St. Albert	1:43:22	6:26
9	Melissa CROZIER	St Albert	1:43:22	6:26
10	Michelle POTVIN	Spruce Grove	1:50:29	6:52

AGE GROUP: Women 45-49

Place	Name	City	Finish	Pace
1	Sonya JONGSMA KNAUSS	Edmonton	1:11:43	4:28
2	Shawna HILEY	Edmonton	1:22:19	5:07
3	Isabel MADEIRA	Edmonton	1:32:00	5:43
4	Angela OCHS	Edmonton	1:32:55	5:47
5	Andrea ADDISON	St. Albert	1:36:19	5:59
6	Heather ROGALSKI	Edmonton	1:36:21	6:00
7	Shannon RUDMAN	Edmonton	1:54:56	7:09

AGE GROUP: Women 50-54

Place	Name	City	Finish	Pace
1	Victoria DEBERT	Edmonton	1:43:02	6:24
2	ERICA NORDQUIST	Spruce Grove	1:50:03	6:51

AGE GROUP: Women 55-59

Place	Name	City	Finish	Pace
1	Sarah PERALA	Beaver County	1:34:10	5:51

AGE GROUP: Women 60-64

Place Name	City	Finish	Pace
1 Gerianne ZABOLOTNIUK	St. Albert	1:24:11	5:14
2 Moria MILLAR	Peace River	1:39:20	6:11
3 Amelia HARMSE	St Paul	1:42:34	6:23
4 Kathy KING	St. Albert	1:46:19	6:37

AGE GROUP: Women 65-69

Place Name	City	Finish	Pace
1 Shirley FRASER	St. Albert	2:16:05	8:28

AGE GROUP: Women 70-74

Place Name	City	Finish	Pace
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AGE GROUP: Women 75-79

Place Name	City	Finish	Pace
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AGE GROUP: Women 80-84

Place Name	City	Finish	Pace
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AGE GROUP: Women 85-89

Place Name	City	Finish	Pace
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AGE GROUP: Women 90-94

Place Name	City	Finish	Pace
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AGE GROUP: Women 95-99

Place Name	City	Finish	Pace
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AGE GROUP: Men 14 & Under

Place Name City Finish Pace
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AGE GROUP: Men 15-19

Place Name City Finish Pace
=====

AGE GROUP: Men 20-24

Place Name City Finish Pace
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1	Riley STUERMER	St. Albert	53:52	3:21
2	Riley CORNELSSEN	Stettler	1:10:56	4:25
3	Patrick FRANCIS	Edmonton	1:12:47	4:32

AGE GROUP: Men 25-29

Place Name City Finish Pace
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1	Jessie JACOBSON	Edmonton	58:15	3:38
2	Chris JONKER	Medicine Hat	59:21	3:42
3	jp AQUINO	Edmonton	1:01:38	3:50
4	Benjamin RENNIE	St. Albert	1:11:23	4:27
5	Ben THRONDSO	St. Albert	1:26:21	5:22
6	Aaron LAZARUK	Md Of Greenview	1:36:51	6:01

AGE GROUP: Men 30-34

Place Name City Finish Pace
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1	Alfred YUNG	Edmonton	1:02:54	3:55
2	Kalem HAMILTON	Edmonton	1:08:06	4:14
3	Michael ROSS	Edmonton	1:20:20	5:00
4	Seth CHARTRAND	Edmonton	1:25:17	5:18
5	Nick KOLADA	Edmonton	1:36:44	6:01

AGE GROUP: Men 35-39

Place Name City Finish Pace
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1	Richard REID	Stratchona County	55:52	3:29
2	Brandon WLADYKO	Edmonton	57:39	3:35
3	Drew MALCOLM	Edmonton	1:07:31	4:12
4	David SOTHERAN	Edmonton	1:14:42	4:39
5	Simonas RINGAITIS	Edmonton	1:19:14	4:56
6	Devin TAYLOR	Edmonton	1:20:20	5:00
7	Josh GERO	St. Albert	1:29:30	5:34

AGE GROUP: Men 40-44

Place Name	City	Finish	Pace
1 Chris STONE	Edmonton	56:51	3:32
2 Matthew COULTER	St. Albert	1:06:47	4:09
3 James LINTHORNE	Edmonton	1:11:18	4:26
4 Bryan VAN BOOM	Edmonton	1:12:39	4:31
5 Jon LOVELL	Edmonton	1:36:32	6:00
6 Shaun PERCIVAL	Edmonton	1:50:29	6:52

AGE GROUP: Men 45-49

Place Name	City	Finish	Pace
1 Darren CLYDE	Edmonton	1:12:27	4:30
2 Wayne CORNELSSEN	Stettler	1:14:46	4:39
3 Jason BOWEN	St. Albert	1:21:14	5:03
4 Jay CUNNINGHAM	Sherwood Park	1:22:16	5:07
5 Brandon PREECE	Canmore	1:54:57	7:09

AGE GROUP: Men 50-54

Place Name	City	Finish	Pace
1 Kurt MUELLER	Edmonton	1:01:40	3:50
2 A. J. RANKEL	Edmonton	1:05:36	4:05
3 Kevin MAU	St. Albert	1:13:22	4:34
4 Jason KRIPS	St. Albert	1:17:37	4:50
5 Shawn REYNOLDS	Sherwood Park	1:49:28	6:48

AGE GROUP: Men 55-59

Place Name	City	Finish	Pace
1 Shawn GREEN	Edmonton	1:16:42	4:46
2 Bryce HAIMILA	St. Albert	1:20:50	5:02
3 Shawn SANTO	Edmonton	1:43:15	6:25
4 George WHYTE	St. Albert	1:51:28	6:56

AGE GROUP: Men 60-64

Place Name	City	Finish	Pace
1 Ken GRAY	Edmonton	1:10:17	4:22
2 Greg MASIK	St. Albert	1:37:04	6:02
3 Donald CHERNIAWSKY	Edmonton	1:42:24	6:22

AGE GROUP: Men 65-69

Place Name	City	Finish	Pace
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