

Active Physioworks Presents  
 St. Albert Road Race  
 St. Albert, AB  
 April 23rd, 2023

Overall 5KM Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
1	1/3	M	569	Jason Ushko	16:50	3:22
2	2/3	M	530	Kaitao Han	18:34	3:43
3	1/4	M	541	Declan McCallion	18:41	3:45
4	1/2	M	538	Patrick Kiernan	18:46	3:46
5	2/4	M	515	Max Davidow	18:56	3:48
6	1/3	M	572	Michael Verveda	19:18	3:52
7	1/7	M	566	Oliver Townell	19:21	3:53
8	1/3	M	553	Kenneth Riess	19:23	3:53
9	2/2	M	577	Malcolm Toyad	19:32	3:55
10	2/7	M	521	Jett Fenton	19:44	3:57
11	1/3	F	512	Fiona Connolly	20:26	4:05
12	1/2	F	580	Ella Kern	21:01	4:13
13	2/3	M	518	Benjamin Duperron	21:13	4:15
14	3/3	M	555	Elmar Salamanca	22:12	4:27
15	3/4	M	564	Ben Townell	22:33	4:31
16	1/11	F	544	Linnea Morisbak	23:28	4:42
17	2/2	F	574	Sam Young	23:46	4:46
18	2/3	F	524	Amanda Grenz	24:09	4:50
19	1/1	M	565	Justin Townell	24:42	4:57
20	2/3	M	559	Curtis Stewart	24:48	4:58
21	1/1	F	504	Brynn Blumhagen	26:18	5:16
22	3/3	M	534	Logan Hoyland	26:19	5:16
23	3/7	M	526	Oliver Goodale	26:23	5:17
24	2/11	F	536	Aubrey Kennedy	26:26	5:18
25	3/11	F	542	Akari McLeod	26:28	5:18
26	4/7	M	508	Benjamin Brahim	26:35	5:19
27	1/2	M	581	Gerry Belanger	26:42	5:21
28	4/11	F	500	Jillian Arthurs	26:52	5:23
29	5/11	F	552	Sophie Richmond	27:07	5:26
30	1/7	F	551	Shauna Pringle-Orr	27:11	5:27
31	1/2	F	578	Sam Watamaniuk	27:14	5:27
32	1/2	M	502	Luis Barata	27:36	5:32
33	6/11	F	510	Josée Casavant	28:15	5:39
34	1/2	M	533	Scott Horton	28:17	5:40
35	7/11	F	582	Taylor Wood	28:21	5:41
36	1/7	F	558	Courtney Spiller	28:33	5:43
37	5/7	M	520	Tristan Edwards	28:59	5:48
38	8/11	F	537	Brechan Kennedy	29:05	5:49
39	1/3	F	525	Wendy Grenz	29:09	5:50
40	2/7	F	529	Ariane Grenier	29:18	5:52
41	9/11	F	516	Isabelle Dean	29:54	5:59
42	10/11	F	517	Zoe Dean	30:24	6:05
43	1/6	F	579	Celine Gannon-Dean	30:24	6:05
44	2/7	F	563	Andrea Thomson	30:26	6:06
45	3/3	F	535	Ciara Jenkins	30:44	6:09
46	1/1	M	531	Robert Hetmanski	30:56	6:12
47	6/7	M	514	Anthony D'AMOUR	31:50	6:22
48	2/6	F	513	Christa Cornelssen	32:08	6:26

49	4/4	M	527	Liam Grant	32:38	6:32
50	3/6	F	547	Heather Palmer	32:41	6:33

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51	4/6	F	528	Terri Grant	32:58	6:36
52	3/7	F	546	Catherine Oevering	33:14	6:39
53	5/6	F	550	Sarah Preston	33:37	6:44
54	7/7	M	549	Jacob Preston	33:37	6:44
55	4/7	F	571	Jennifer Vaters	34:13	6:51
56	3/7	F	519	April Edwards	34:15	6:51
57	4/7	F	557	Stephanie Smith	34:52	6:59
58	5/7	F	570	Lindsay Van Boom	35:01	7:01
59	6/7	F	545	Sarah Murrant	35:56	7:12
60	2/2	F	573	Lennae Wiens	36:16	7:16
61	11/11	F	501	Kamryn Arthurs	37:32	7:31
62	1/2	F	539	Eileen Klingbeil	37:42	7:33
63	6/6	F	503	Pennie Belliveau	38:12	7:39
64	2/2	F	562	Ingrid Thompson	39:34	7:55
65	2/3	F	505	Karen Blumhagen	40:28	8:06
66	3/3	F	576	Lori Valerio	41:59	8:24
67	1/1	M	548	Edwin Pitts	42:52	8:35
68	2/2	M	568	Robert Ungerer	43:03	8:37
69	5/7	F	560	Michelle Stowe	44:01	8:49
70	6/7	F	561	Teri Lynn Stowe	44:01	8:49
71	3/3	M	543	Pat McNamara	46:29	9:18
72	2/2	M	384	Les Thompson	52:13	10:27
73	7/7	F	554	Maria Ana Ce Rodriguez	56:52	11:23
74	2/2	M	509	Jay Pee Capote	56:53	11:23
75	7/7	F	511	Veronica Ceniza	56:58	11:24

