

First Responder's  
Half Marathon Edmonton  
Calgary, AB  
May 6th, 2023

10km Age Group Results

-----  
AGE GROUP: Women 19 & under

| Place | Name           | City       | Time  | Pace |
|-------|----------------|------------|-------|------|
| 1     | Julia KASOWSKI | St. Albert | 54:22 | 5:27 |

-----  
AGE GROUP: Women 20-29

| Place | Name             | City              | Time    | Pace  |
|-------|------------------|-------------------|---------|-------|
| 1     | Lauren KASOWSKI  | St. Albert        | 52:26   | 5:15  |
| 2     | Annabel ROHDE    | Edmonton          | 52:40   | 5:16  |
| 3     | Nikita CASE      | Edmonton          | 55:55   | 5:36  |
| 4     | Amanda PATTERSON | Edmonton          | 57:37   | 5:46  |
| 5     | Jenna EILERSEN   | Spruce Grove      | 57:50   | 5:47  |
| 6     | Lauren ENGELKING | Edmonton          | 57:51   | 5:48  |
| 7     | Jackie HARRISON  | Edmonton          | 1:00:57 | 6:06  |
| 8     | Olivia KRUSHELL  | Spruce Grove      | 1:04:21 | 6:27  |
| 9     | Mackenzie CASE   | Sherwood Park     | 1:06:04 | 6:37  |
| 10    | Ryanne WENZEL    | Bonnyville        | 1:07:10 | 6:43  |
| 11    | Peyton ZANDER    | Edmonton          | 1:11:04 | 7:07  |
| 12    | Nicole MCKENNA   | Edmonton          | 1:12:11 | 7:14  |
| 13    | Julia CONNOLLY   | Fort Saskatchewan | 1:13:51 | 7:24  |
| 14    | Sarah ABU OMAR   | Edmonton          | 1:17:38 | 7:46  |
| 15    | Chelsea HENRY    | Coaldale          | 1:48:38 | 10:52 |

-----  
AGE GROUP: Women 30-39

| Place | Name              | City     | Time  | Pace |
|-------|-------------------|----------|-------|------|
| 1     | Caitlin CALLAGHAN | Edmonton | 49:50 | 4:59 |
| 2     | Ashley JACKSON    | Edmonton | 50:12 | 5:02 |
| 3     | Breanne STEINKE   | Edmonton | 50:21 | 5:03 |
| 4     | Milly CORRIGAN    | Edmonton | 51:07 | 5:07 |

|    |                            |                   |         |       |
|----|----------------------------|-------------------|---------|-------|
| 5  | Alison HEIGH               | Spruce Grove      | 52:16   | 5:14  |
| 6  | Andrea SCHULTZ             | Leduc County      | 53:43   | 5:23  |
| 7  | Vanessa BOURNE             | Fernie            | 54:28   | 5:27  |
| 8  | Ashley DIGIUSEPPE          | Edmonton          | 55:13   | 5:32  |
| 9  | Kamila MATYJA              | Edmonton          | 55:24   | 5:33  |
| 10 | Kristin HANSEN             | Edmonton          | 55:48   | 5:35  |
| 11 | Karissa EICHELT            | Leduc County      | 57:42   | 5:47  |
| 12 | Samantha PUKALO            | Edmonton          | 58:21   | 5:51  |
| 13 | Ryley VANDE VYVERE         | Edmonton          | 58:53   | 5:54  |
| 14 | Sabrina WALDNER            |                   | 59:38   | 5:58  |
| 15 | Jennifer VAN NIEJENHUIS    | Edmonton          | 59:48   | 5:59  |
| 16 | Leah-anne GRAHAM           | Edmonton          | 1:01:02 | 6:07  |
| 17 | Kevyn GOVENLOCK            | Edmonton          | 1:01:05 | 6:07  |
| 18 | Aimee BAUTISTA             | Spruce Grove      | 1:04:49 | 6:29  |
| 19 | Megan CALDERARO            | Fort Saskatchewan | 1:04:55 | 6:30  |
| 20 | Lindsay GILBERT            | Edmonton          | 1:05:08 | 6:31  |
| 21 | Mehvash QURESHI            | Edmonton          | 1:06:54 | 6:42  |
| 22 | Cheryl HOLLY               | Spruce Grove      | 1:08:08 | 6:49  |
| 23 | Kim COWAN                  | Onoway            | 1:10:01 | 7:00  |
| 24 | Ashley QUAIFFE             | Edmonton          | 1:11:03 | 7:07  |
| 25 | Magdalena RABCEWICZ        | Edmonton          | 1:14:05 | 7:25  |
| 26 | Gerjanne VELDHUIZEN        | Sturgeon County   | 1:17:20 | 7:44  |
| 27 | Maggie DANKO               | Edmonton          | 1:17:40 | 7:46  |
| 28 | Jillian DANKO              | Edmonton          | 1:17:40 | 7:46  |
| 29 | Heather RUDDERHAM          | Edmonton          | 1:18:32 | 7:52  |
| 30 | Selina LARRISSEY           | Edmonton          | 1:19:41 | 7:59  |
| 31 | Gajaani PARAMESHWARANATHAN | Fort Saskatchewan | 1:21:37 | 8:10  |
| 32 | Shelby SUNDT               | Sherwood Park     | 1:23:57 | 8:24  |
| 33 | Erica SCHINDEL             | Edmonton          | 1:47:38 | 10:46 |

-----  
AGE GROUP: Women 40-49

| Place | Name              | City              | Time  | Pace  |
|-------|-------------------|-------------------|-------|-------|
| ===== | =====             | =====             | ===== | ===== |
| 1     | Lisa ULRICH       | St. Albert        | 48:33 | 4:52  |
| 2     | Nadia SALVATERRA  | Edmonton          | 50:18 | 5:02  |
| 3     | francesca BELL    | Victoria          | 50:43 | 5:05  |
| 4     | Rocheal HOWES     | Dunmore           | 50:50 | 5:05  |
| 5     | Andrea MAGILL     | Edmonton          | 52:18 | 5:14  |
| 6     | Christina BLAKE   | Edmonton          | 53:31 | 5:22  |
| 7     | Heather MILLER    | Stony Plain       | 54:37 | 5:28  |
| 8     | Michelle PARKER   | Fort Saskatchewan | 55:08 | 5:31  |
| 9     | Samantha STENLUND | Sherwood Park     | 56:26 | 5:39  |
| 10    | Monica ANDERSON   | Edmonton          | 56:54 | 5:42  |
| 11    | Josie SAGAR       | Edmonton          | 56:55 | 5:42  |

|    |                    |               |         |       |
|----|--------------------|---------------|---------|-------|
| 12 | Amy PETERSEN       | Edmonton      | 1:01:46 | 6:11  |
| 13 | Tonya WOLFE        | Edmonton      | 1:02:24 | 6:15  |
| 14 | Holly BAIRD        | Edmonton      | 1:03:08 | 6:19  |
| 15 | Sandy BABIUK       | Sherwood Park | 1:03:19 | 6:20  |
| 16 | Jaela FIALA        | Edmonton      | 1:03:29 | 6:21  |
| 17 | Michal JENKINSON   | Edmonton      | 1:03:46 | 6:23  |
| 18 | Krista HARTMANN    | Edmonton      | 1:03:53 | 6:24  |
| 19 | Colleen VALUCK     | Lloydminster  | 1:05:25 | 6:33  |
| 20 | Jet PETERS         | Calgary       | 1:05:51 | 6:36  |
| 21 | Kimberly RIVARD    | Spruce Grove  | 1:06:58 | 6:42  |
| 22 | Tanya KENDALL      | St Albert     | 1:08:02 | 6:49  |
| 23 | Gwendolyn SHONE    | Edmonton      | 1:08:51 | 6:54  |
| 24 | Juliy LIANG        | Edmonton      | 1:12:36 | 7:16  |
| 25 | Janice KERR        | Edmonton      | 1:12:49 | 7:17  |
| 26 | Kayleen HARTFIELD  | Edmonton      | 1:15:59 | 7:36  |
| 27 | Laura GEEN         | Edmonton      | 1:18:33 | 7:52  |
| 28 | Kathleen BARTEL    | Spruce Grove  | 1:23:03 | 8:19  |
| 29 | Melissa KRIVOSHEIN | Spruce Grove  | 1:48:04 | 10:49 |

-----  
AGE GROUP: Women 50-59

| Place | Name                   | City         | Time    | Pace |
|-------|------------------------|--------------|---------|------|
| 1     | Teresa POPOWICZ        | Edmonton     | 59:13   | 5:56 |
| 2     | Debbie BOND            | Edmonton     | 1:04:32 | 6:28 |
| 3     | Dalene BARON           | Spruce Grove | 1:04:33 | 6:28 |
| 4     | Sue LAWRENCE           | Edmonton     | 1:06:25 | 6:39 |
| 5     | Tina SLATER            | Edmonton     | 1:08:47 | 6:53 |
| 6     | Amanda FULLER          | Edmonton     | 1:12:49 | 7:17 |
| 7     | Tania MAAS GEESTERANUS | Edmonton     | 1:15:31 | 7:34 |

-----  
AGE GROUP: Women 60-69

| Place | Name                  | City       | Time  | Pace |
|-------|-----------------------|------------|-------|------|
| 1     | Deborah DIGIUSEPPE    | St. Albert | 53:36 | 5:22 |
| 2     | Marlene COOPER-SEREDA | Edmonton   | 58:10 | 5:49 |

-----  
AGE GROUP: Women 70 & Over

| Place | Name | City | Time | Pace |
|-------|------|------|------|------|
|-------|------|------|------|------|

-----  
-----  
AGE GROUP: Men 19 & under

| Place Name       | City          | Time    | Pace |
|------------------|---------------|---------|------|
| 1 Rylan SINCLAIR | Edmonton      | 49:32   | 4:58 |
| 2 Jacob DAWSON   | Sherwood Park | 1:10:13 | 7:02 |

-----  
AGE GROUP: Men 20-29

| Place Name               | City              | Time    | Pace |
|--------------------------|-------------------|---------|------|
| 1 Jaco LABUSCHAGNE       | Edmonton          | 49:27   | 4:57 |
| 2 Jacob DOWHANIUK        | St. Paul          | 50:50   | 5:05 |
| 3 Bailey SPROXTON        | Spruce Grove      | 52:44   | 5:17 |
| 4 Tyler SIVER            | Edmonton          | 53:49   | 5:23 |
| 5 Matthew KASOWSKI       | St. Albert        | 54:05   | 5:25 |
| 6 Mike ZHANG             | Edmonton          | 55:08   | 5:31 |
| 7 Bellwoods PEACH        | Edmonton          | 57:20   | 5:44 |
| 8 Alexander GAUDETTE     | Edmonton          | 57:37   | 5:46 |
| 9 Mark Anthony RODRIGUEZ | Edmonton          | 1:08:26 | 6:51 |
| 10 Magnus STENLUND       | Sherwood Park     | 1:10:16 | 7:02 |
| 11 Justin DOSSANTOS      | Edmonton          | 1:11:03 | 7:07 |
| 12 Chanh NGUY            | Edmonton          | 1:12:16 | 7:14 |
| 13 Philip PALAZZO        | Fort Saskatchewan | 1:13:51 | 7:24 |
| 14 Dallas LE             | Edmonton          | 1:21:48 | 8:11 |
| 15 Gavin LI              | Edmonton          | 1:21:52 | 8:12 |
| 16 Gulrayze HUNDAL       | Edmonton          | 1:23:04 | 8:19 |

-----  
AGE GROUP: Men 30-39

| Place Name         | City         | Time  | Pace |
|--------------------|--------------|-------|------|
| 1 Charly ALLAN     | Edmonton     | 36:43 | 3:41 |
| 2 Ivan BABENKO     | Edmonton     | 40:57 | 4:06 |
| 3 Andrew DUQUESNAY | Fernie       | 42:16 | 4:14 |
| 4 Jordan EASTERBY  | Edmonton     | 43:21 | 4:21 |
| 5 Craig PATERSON   | Edmonton     | 43:45 | 4:23 |
| 6 Stewart HONG     | Edmonton     | 47:09 | 4:43 |
| 7 Daniel HEIGH     | Spruce Grove | 47:57 | 4:48 |

|    |                   |              |         |      |
|----|-------------------|--------------|---------|------|
| 8  | John LACANLALE    | Edmonton     | 48:49   | 4:53 |
| 9  | Justin PATTERSON  | Spruce Grove | 48:52   | 4:54 |
| 10 | Ryan VIDAD        | Whitecourt   | 49:46   | 4:59 |
| 11 | Jake SUNNEY       | Edmonton     | 50:23   | 5:03 |
| 12 | Samuel LOU        | Edmonton     | 50:44   | 5:05 |
| 13 | Curtis BLANCHETTE | Bonnyville   | 52:15   | 5:14 |
| 14 | Jeremy KEEFE      | Edmonton     | 53:29   | 5:21 |
| 15 | Randy JONES       | Redwater     | 53:30   | 5:21 |
| 16 | Steve DIGIUSEPPE  | Edmonton     | 54:15   | 5:26 |
| 17 | Ryan LAWRENCE     | Edmonton     | 54:43   | 5:29 |
| 18 | Cameron WEEKS     | Edmonton     | 55:21   | 5:32 |
| 19 | Jordan MORRISON   | Edmonton     | 55:42   | 5:35 |
| 20 | Tanner HUTTON     | Edmonton     | 55:55   | 5:36 |
| 21 | Jeff WALKER       | Edmonton     | 57:21   | 5:45 |
| 22 | Seth CHARTRAND    | Edmonton     | 59:08   | 5:55 |
| 23 | Dan BELLAND       | Edmonton     | 1:02:33 | 6:16 |
| 24 | Ryan MYLES        | Edmonton     | 1:03:59 | 6:24 |
| 25 | Daniel GALLANT    | Edmonton     | 1:04:31 | 6:28 |
| 26 | Sean ROGERS       | Edmonton     | 1:05:45 | 6:35 |
| 27 | Sean KYDD         | Edmonton     | 1:07:58 | 6:48 |
| 28 | Braden RESPET     | Edmonton     | 1:12:11 | 7:14 |

-----

AGE GROUP: Men 40-49

| Place | Name               | City          | Time    | Pace  |
|-------|--------------------|---------------|---------|-------|
| ===== | =====              | =====         | =====   | ===== |
| 1     | Pat KUBIK          | Edmonton      | 46:31   | 4:40  |
| 2     | Shailen JHUNPUT    | Edmonton      | 49:27   | 4:57  |
| 3     | mike BONDEROVE     | Edmonton      | 49:32   | 4:58  |
| 4     | Robbie JACKSON     | Edmonton      | 50:12   | 5:02  |
| 5     | Aaron CHRISTIANSON | Edmonton      | 51:35   | 5:10  |
| 6     | Ryan LAWLESS       | Edmonton      | 52:57   | 5:18  |
| 7     | Rob THORNTON       | Sherwood Park | 53:48   | 5:23  |
| 8     | Greg EAGLE         | Edmonton      | 55:31   | 5:34  |
| 9     | Shane DARBY        | Edmonton      | 56:30   | 5:39  |
| 10    | Tariq IQBAL        | Edmonton      | 1:01:46 | 6:11  |
| 11    | David ST. ARNAULT  | Edmonton      | 1:01:51 | 6:12  |
| 12    | Scott BAIRD        | Edmonton      | 1:03:09 | 6:19  |
| 13    | Adrian SHERMAN     | Edmonton      | 1:05:41 | 6:35  |
| 14    | Ryan YOUNG         | Edmonton      | 1:43:18 | 10:20 |

-----

AGE GROUP: Men 50-59

| Place Name       | City       | Time    | Pace  |
|------------------|------------|---------|-------|
| 1 John SOLTICE   | Edmonton   | 41:38   | 4:10  |
| 2 Peter KASOWSKI | St. Albert | 52:30   | 5:15  |
| 3 David CASE     | Edmonton   | 1:06:03 | 6:37  |
| 4 Dave DUBUC     | Edmonton   | 1:45:27 | 10:33 |

AGE GROUP: Men 60-69

| Place Name      | City         | Time    | Pace |
|-----------------|--------------|---------|------|
| 1 Glenn HENRY   | Coaldale     | 50:22   | 5:03 |
| 2 Brent SWALLOW | Edmonton     | 53:34   | 5:22 |
| 3 Norman YUAN   | Edmonton     | 54:18   | 5:26 |
| 4 David WINSHIP | Spruce Grove | 1:06:05 | 6:37 |

AGE GROUP: Men 70 & Over

| Place Name | City | Time | Pace |
|------------|------|------|------|
|------------|------|------|------|

