

First Responder's  
Half Marathon Edmonton  
Calgary, AB  
May 6th, 2023

5KM Age Group Results

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AGE GROUP: Women 19 & under

Place	Name	City	Time	Pace
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AGE GROUP: Women 20-29

Place	Name	City	Time	Pace
1	Jane MELNYKOVA	Edmonton	30:20	6:04
2	Sydney REINSON	Edmonton	32:18	6:28
3	Morgan VANDERLAND	Calgary	32:23	6:29
4	Randi EMANN	Edmonton	36:36	7:20
5	Madison VANDERLAND	Sherwood Park	36:48	7:22
6	Emma BEETSMA	Groningen	36:53	7:23
7	Juliana BIBIT	Edmonton	40:43	8:09
8	Chantel FISHER	Sherwood Park	44:15	8:51
9	Hannah WOLFSCHMITT	Bonnyville	44:50	8:58
10	Jamie ELLIOTT	Edmonton	44:56	9:00

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AGE GROUP: Women 30-39

Place	Name	City	Time	Pace
1	Lindsay DASILVA	Edmonton	29:14	5:51
2	Rachel STEPHEN	Spruce Grove	29:17	5:52
3	Megan ADAMS	Edmonton	34:47	6:58
4	becky OLSEN	Edmonton	35:04	7:01
5	Meighan ACHEMICHUK	Edmonton	35:31	7:07
6	Carolyn BOWEN	Edmonton	36:04	7:13
7	Samantha HENNESSEY-LAWRENCE	Wabasca	36:57	7:24
8	Kayleigh TUCKER	Spruce Grove	37:27	7:30
9	Emily SKINNER	St. Albert	38:39	7:44

10	Ashley HARRIS	Edmonton	38:45	7:45
11	Andrea MILNE	Edmonton	41:27	8:18
12	Tiffany DUGGAN	Grande Prairie	41:49	8:22
13	Christina PANIZZON	Sherwood Park	44:15	8:51
14	Pam YOCHIM	Cold Lake	45:20	9:04
15	Cassidy BURGESS	Cherry Grove	45:22	9:05
16	Ashley FRASER	Edmonton	46:14	9:15
17	Carolynn SILVEIRA	Sherwood Park	47:29	9:30
18	Karra KRAYCHY	St. Albert	47:51	9:35
19	MALORI VERCAMMEN	Beaumont	49:24	9:53
20	Shannon FREEL	Cherry Grove	56:32	11:19
21	Jenn HAWRYLUK	Breton	1:10:02	14:01
22	Porcha WRIGHT	Edmonton	1:10:03	14:01

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AGE GROUP: Women 40-49

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Monika BALLENTINE	Leduc	29:03	5:49
2	DENISE PICKLES	Yellowknife	30:18	6:04
3	Krista VANDERLAND	Sherwood Park	33:36	6:44
4	Stephanie SLAVIK	Edmonton	33:44	6:45
5	Michelle MATTHEWS	Edmonton	34:09	6:50
6	Maria M MARTINEZ-JARABA	Edmonton	34:18	6:52
7	Tania STEPHENSON	Edmonton	38:59	7:48
8	Iren BARI	Edmonton	41:14	8:15
9	Suzanne CUTS	Edmonton	41:16	8:16
10	Christine RYZUK	Edmonton	45:42	9:09
11	Sharlene SYLVESTRE	Edmonton	47:01	9:25
12	Melanie RIOPEL	Spruce Grove	47:33	9:31
13	Jen MILLS	Sherwood Park	48:41	9:45
14	Jenn MATE	Cherry Grove	56:32	11:19

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AGE GROUP: Women 50-59

Place	Name	City	Time	Pace
=====	=====	=====	=====	=====
1	Ann Marie REINSON	Edmonton	32:18	6:28
2	Kathy CALVERLEY	Edmonton	33:44	6:45
3	Sherri MACLEAN	Beaumont	38:43	7:45
4	Melissa LOVATT	Edmonton	39:17	7:52
5	Heather HENRY	Coaldale	43:10	8:38
6	Maria-Fernan MARTINEZ	Edmonton	44:24	8:53

7	Mary Lynn VERCAMMEN	Beaumont	49:24	9:53
8	Barbara KOSCIELNY	Spruce Grove	53:17	10:40
9	Lauretta HESSON	Bonnyville	1:01:18	12:16

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AGE GROUP: Women 60-69

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Mila PHILIPZIG	Edmonton	43:52	8:47
2 Debra WAKELAM	Whitecourt	53:16	10:40

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AGE GROUP: Women 70 & Over

Place Name	City	Time	Pace
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AGE GROUP: Men 19 & under

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Charlie DICKSON	Edmonton	21:42	4:21
2 Kai SHURKO	Edmonton	34:24	6:53

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AGE GROUP: Men 20-29

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Dmytro HNIDENKO	Edmonton	30:39	6:08
2 Hardarshan ( ANAND	Edmonton	30:53	6:11
3 Peter KALAVRITINOS	Edmonton	36:06	7:14
4 Zachary HESSON	Bonnyville	1:07:12	13:27

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AGE GROUP: Men 30-39

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Nick LAWRENCE	Wabasca-Desmarais	28:31	5:43

2 Braden PRINGLE-MORRIS	Edmonton	31:04	6:13
3 Charles ADAMS	Edmonton	34:47	6:58
4 eric COX-ARCE	Edmonton	36:05	7:13
5 J SCOTT	Edmonton	37:22	7:29
6 Matthew CAINDEC	Edmonton	42:21	8:29
7 Unknown RUNNER	Edmonton	45:22	9:05
8 Unknown RUNNER	Edmonton	45:23	9:05
9 Ruel GARBY	Beaumont	49:23	9:53
10 Unknown RUNNER	Edmonton	1:05:09	13:02
11 Unknown RUNNER	Edmonton	1:05:09	13:02
12 Jake HESSON	Bonnyville	1:07:10	13:26

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AGE GROUP: Men 40-49

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Justin MILNE	Edmonton	29:10	5:50
2 Craig WENZEL	Bonnyville	33:45	6:45
3 Frederick PREVATT	Edmonton	36:22	7:17

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AGE GROUP: Men 50-59

Place Name	City	Time	Pace
=====	=====	=====	=====
1 MIKE PICKLES	Yellowknife	30:56	6:12
2 CLINT BOODRAM	Edmonton	31:29	6:18
3 Ken HESSON	Bonnyville	1:03:24	12:41

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AGE GROUP: Men 60-69

Place Name	City	Time	Pace
=====	=====	=====	=====
1 Howard PERKINS	Sherwood Park	28:19	5:40
2 Paul PHILLIPS	Edmonton	39:30	7:54

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AGE GROUP: Men 70 & Over

Place Name	City	Time	Pace
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1 Lloyd UNGERAN  
2 Doug MCRAE

Spruce Grove  
Stony Plain

34:18 6:52  
39:51 7:59

