

Frank McNamara Spring Cross Country Series
Goldbar Park - Race #5
Edmonton, AB
May 24th, 2023

Timing by Results Canada Race Management - www.moderntimingsolutions.com

Category: Boys 10 & under

Place	Numb	Name	Time	Pace
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Category: Boys 11-15

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	534	Liam MAST	22:25	4:29
2	569	David WAIT	28:07	5:38

Category: Boys 16-19

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	672	Anthony VANDE GLIND	20:21	4:05
2	681	Declan MCCALLION	20:29	4:06
3	649	Preston BRUENS	24:57	5:00
4	688	Tristan WHITE	25:45	5:09

Category: Men 20-29

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	677	Riley STUERMER	16:29	3:18
2	675	Robert CHAUVET	16:45	3:21
3	676	Logann ARTHUR	16:50	3:22
4	626	Curtis THOMPSON	16:50	3:22
5	678	Ben WORKMAN	17:33	3:31
6	520	Genesis KAYEMBA-M	19:06	3:50
7	567	Jordan VAN DEN BRUEL	19:50	3:58
8	498	Aidan COOPER	20:08	4:02
9	684	Ben FREEMAN	21:50	4:22
10	680	Vicente Núñez SÁNCHEZ	22:19	4:28

Category: Men 30-39

Place	Numb	Name	Time	Pace
1	674	Patrick KIERNAN	19:44	3:57
2	541	Michael MILNER	20:51	4:11
3	533	James MAST	24:16	4:52
4	529	Aaron LUCHKO	25:33	5:07
5	663	Kaelan MILES	27:47	5:34

Category: Men 40-49

Place	Numb	Name	Time	Pace
1	671	Curtis MACK	19:21	3:52
2	643	Ian ELM	20:52	4:11
3	516	Jacob JAREMKO	21:38	4:20
4	565	Daniel TRISKA	22:32	4:31
5	579	David ZHAO	24:44	4:57
6	689	James ROBBINS	30:08	6:02
7	686	Peter CHOW	31:07	6:14

Category: Men 50-59

Place	Numb	Name	Time	Pace
1	492	Sean BARR	19:05	3:49
2	557	Neil SADOWNIK	20:54	4:11
3	638	Gerald ZUREK	23:42	4:45
4	575	Allan WONG	24:56	5:00

Category: Men 60-69

Place	Numb	Name	Time	Pace
1	556	Scott ROGERS	22:47	4:34
2	501	Mitch DAVIDSON	24:13	4:51
3	493	Gerry BELANGER	25:14	5:03
4	583	Bob LARGE	26:33	5:19
5	559	Alan SHAW	29:57	6:00
6	554	David ROBIN	37:07	7:26

Category: Men 70 & over

Place	Numb	Name	Time	Pace
1	503	Stefan FEKNER	24:49	4:58
2	502	neil FARRELL	32:53	6:35
3	540	Peter MILNE	38:38	7:44

Category: Women 10 & under

Place	Numb	Name	Time	Pace
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Category: Women 11-15

Place	Numb	Name	Time	Pace
1	662	Taryn SHALAPAY	25:45	5:09
2	550	Lua PEREZ	28:36	5:44
3	624	Brynn OLSZEWSKI	30:06	6:02

Category: Women 16-19

Place	Numb	Name	Time	Pace
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Category: Women 20-29

Place	Numb	Name	Time	Pace
1	539	Sarah MEISTER	23:00	4:36
2	538	Riley MEISTER	23:34	4:43
3	682	Kelsea DRALL	25:10	5:02
4	651	Emily MILLER	33:41	6:45

Category: Women 30-39

Place	Numb	Name	Time	Pace
1	548	Courtney PARKER	21:10	4:14
2	670	Julie VIZBAR	21:29	4:18

3	679	Nicole SODERBERG	21:59	4:24
4	668	Jadene WHITE	23:28	4:42
5	561	Jennifer SODERBERG	24:04	4:49
6	683	Hannah TURNER	24:35	4:55
7	519	Samantha KARPYSHIN	25:05	5:01
8	511	Amy HOOPER	30:06	6:02
9	531	Syna MACLAGAN	30:25	6:05

 Category: Women 40-49

Place	Numb	Name	Time	Pace
====	====	=====	=====	=====
1	574	CDena WIEBE	22:38	4:32
2	673	Janet VANDE GLIND	27:31	5:31
3	513	Teresa HRYCUN	28:35	5:43
4	508	Elisabeth HERNANDEZ	28:36	5:44
5	570	Laura WAIT	30:48	6:10
6	563	Victoria TATE	33:41	6:45

 Category: Women 50-59

Place	Numb	Name	Time	Pace
====	====	=====	=====	=====
1	587	Claudette AUGERT	22:42	4:33
2	526	Aleksandra KOZLOWSKA	31:04	6:13
3	510	Kathy HILL	31:08	6:14

 Category: Women 60-69

Place	Numb	Name	Time	Pace
====	====	=====	=====	=====
1	685	Sylviane WALLACE	31:20	6:16

 Category: Women 70 & over

Place	Numb	Name	Time	Pace
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