

Achieve Studios Summer Solstice Run
5km
Edmonton, AB
June 21st, 2023

Timing and Organization Proudly Presented by Results Canada Race Management - www.moderntimingsolutions.com

Category: Boys 10 & under

Place	Numb	Name	Time	Pace
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Category: Boys 11-15

Place	Numb	Name	Time	Pace
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Category: Boys 16-19

Place	Numb	Name	Time	Pace
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Category: Men 20-29

Place	Numb	Name	Time	Pace
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1	424	Samy SEIFEDDINE	19:50	3:58
2	409	Marcel GOUDREAU	20:17	4:04

Category: Men 30-39

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	428	Dave WALDNER	24:23	4:53
2	412	Andre ISAAC	29:54	5:59

Category: Men 40-49

Place	Numb	Name	Time	Pace
1	425	Mike SINGH	23:39	4:44
2	426	Austin SPEER	24:48	4:58
3	406	Dan CAMPBELL	30:31	6:07

Category: Men 50-59

Place	Numb	Name	Time	Pace
1	418	Jeff POPOFF	20:55	4:11
2	429	Scott WALLACE	24:02	4:49
3	413	Shaif JETHA	30:11	6:03

Category: Men 60-69

Place	Numb	Name	Time	Pace
1	416	Don KADONAGA	38:52	7:47
2	420	James Neal REYNOLDS	42:02	8:25

Category: Men 70 & over

Place	Numb	Name	Time	Pace
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Category: Women 10 & under

Place	Numb	Name	Time	Pace
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Category: Women 11-15

Place	Numb	Name	Time	Pace
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Category: Women 16-19

Place	Numb	Name	Time	Pace
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Category: Women 20-29

Place	Numb	Name	Time	Pace
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Category: Women 30-39

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	421	Kendra RICHARDS	20:35	4:07
2	405	Danielle BELL	21:31	4:19
3	403	Nicole ANDERSON	23:20	4:40
4	427	Richelle WALDNER	23:48	4:46
5	417	Erin PANGRASS	28:51	5:47
6	411	Daniela ISAAC	30:09	6:02

Category: Women 40-49

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	402	Alexis ALCHORN	25:30	5:06

Category: Women 50-59

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	401	Sheila AALDYK	25:40	5:08
2	414	Mary JETHA	25:46	5:10
3	404	Natalie ANTON	25:53	5:11
4	408	Barbara GOUDREAU	26:12	5:15
5	407	Teresa CRAIG	26:38	5:20
6	410	Christine HUELLSTRUNG	28:59	5:48

Category: Women 60-69

Place	Numb	Name	Time	Pace
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1	422	Susan RICHARDS	24:41	4:57
2	419	Penny REYNOLDS	31:39	6:20

Category: Women 70 & over

Place	Numb	Name	Time	Pace
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1	430	Linda Merrilee YOUELL	38:43	7:45

