

MultiSports Canada
 7th Annual Jasper Gran Fondo
 Jasper, AB
 June 3rd, 2023

Overall 100KM Medio Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Rate Hr/Km
=====	=====	=====	=====	=====	=====	=====
1	1/21	M	237	Abraham Hanekom	3:32:37	28.2
2	2/21	M	243	Chad Baker	3:37:06	27.6
3	3/21	M	321	David Lebaron	3:37:18	27.6
4	1/8	F	323	Marika Jurgens	3:37:22	27.6
5	1/17	M	322	Hendrik Dreyer	3:38:06	27.5
6	2/17	M	218	Kevin Vandenborre	3:43:45	26.8
7	1/13	M	239	Bob Georgoulas	3:46:10	26.5
8	2/8	F	140	Terry Ziehr	3:46:48	26.5
9	3/17	M	186	Shawn Hinch	3:50:38	26.0
10	4/17	M	192	Trent Duchscherer	3:50:38	26.0
11	2/13	M	165	Ryan Champney	3:51:00	26.0
12	1/15	F	166	Ashley Champney	3:51:02	26.0
13	1/9	M	205	Sjoert Zuidhof	3:51:10	26.0
14	1/8	F	193	Charlotte Ji Schell	3:54:40	25.6
15	3/8	F	126	Sarah Hulland	3:54:40	25.6
16	3/13	M	93	Mike Smith	3:54:41	25.6
17	5/17	M	241	Scott Cockbain	3:55:05	25.5
18	4/21	M	188	Kyle Williams	3:59:37	25.0
19	5/21	M	207	Kyle Muller	4:00:02	25.0
20	4/13	M	240	Bryan Watson	4:00:15	25.0
21	6/17	M	216	Ron Damant	4:02:11	24.8
22	6/21	M	206	Landon Rudnisky	4:03:03	24.7
23	7/17	M	143	Ross Dunbar	4:05:45	24.4
24	2/15	F	144	Carolyn Mondoux	4:06:04	24.4
25	1/4	F	195	Alice Avery	4:06:35	24.3
26	7/21	M	147	Matt Fortin	4:09:10	24.1
27	8/21	M	230	David Wannenburg	4:09:53	24.0
28	9/21	M	242	Brad Tomaso	4:11:02	23.9
29	10/21	M	149	Stuart Fix	4:13:25	23.7
30	5/13	M	174	Reyan Torres	4:13:40	23.7

31	2/4	F	194	Sydney Bray	4:13:59	23.6
32	11/21	M	212	Eduard Thiessen	4:17:09	23.3
33	2/9	M	220	Rick Czenczek	4:17:34	23.3
34	3/15	F	202	Laura Osadetz	4:18:23	23.2
35	4/15	F	198	Jane Yetter	4:19:59	23.1
36	5/15	F	211	Erin Tessier	4:20:24	23.0
37	4/8	F	182	Janice Bird	4:21:53	22.9
38	12/21	M	221	Brian Sherk	4:23:03	22.8
39	1/8	F	200	Kenna Windle	4:23:55	22.7
40	2/8	F	223	Donna Cunnin	4:24:26	22.7
41	3/8	F	208	Sally Weatherley	4:25:10	22.6
42	8/17	M	249	Sergio Merchan	4:27:17	22.4
43	6/13	M	169	Kent Majeau	4:33:10	22.0
44	7/13	M	139	Paul Fereday	4:33:14	22.0
45	4/8	F	146	Leslie-Anne McKenzie	4:33:15	22.0
46	9/17	M	155	Ian Leblanc	4:35:32	21.8
47	3/9	M	156	Bill Gilliland	4:35:36	21.8
48	8/13	M	128	Trevor Key	4:37:07	21.7
49	4/9	M	201	Alfred Sailer	4:38:34	21.5
50	13/21	M	168	Paul Reid	4:40:02	21.4

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51	6/15	F	154	Wendy MacKay	4:40:35	21.4
52	9/13	M	214	Joel MacLean	4:40:54	21.4
53	10/17	M	320	Rick Prest	4:40:56	21.4
54	11/17	M	176	David Curran	4:41:45	21.3
55	7/15	F	159	Rhonda Lee Curran	4:41:47	21.3
56	12/17	M	330	Steven Rahn	4:41:49	21.3
57	8/15	F	171	Julie Ubdegrove	4:42:17	21.3

58	9/15	F	160	Jaima Fixsen	4:43:34	21.2
59	10/13	M	161	Jeff Fixsen	4:43:34	21.2
60	10/15	F	219	Jennifer Sieben	4:46:13	21.0
61	5/8	F	120	Alicean Van Der Voet	4:47:08	20.9
62	5/8	F	170	Kwanling Chin	4:48:19	20.8
63	13/17	M	26	Steven Parkin	4:50:22	20.7
64	11/15	F	27	Katie Boyd	4:50:23	20.7
65	11/13	M	235	Jason Deboski	4:50:26	20.7
66	12/13	M	228	Peter Mitchell	4:50:28	20.7
67	2/8	F	233	Jen Elliott	4:50:28	20.7
68	13/13	M	234	Chris Falconer	4:50:29	20.7
69	14/21	M	232	Mark Richer	4:50:31	20.7
70	5/9	M	129	Barry Laviolette	4:50:54	20.6
71	15/21	M	213	Josh Alexander	4:51:52	20.6
72	6/9	M	196	John Nesbitt	4:52:34	20.5
73	1/2	M	197	Craig Riley	4:52:35	20.5
74	12/15	F	153	Cathy MacKay	4:53:02	20.5
75	13/15	F	226	Katherine Marchand	4:53:02	20.5
76	3/8	F	180	Catalina Sanchez	4:53:21	20.5
77	16/21	M	238	Neal Barry	4:53:22	20.5
78	3/4	F	130	Abbey Laviolette	4:53:28	20.4
79	14/17	M	167	Michael Roloff	4:54:02	20.4
80	6/8	F	236	Shauna Rustad	4:54:57	20.3
81	17/21	M	222	Shane Weibe	4:55:47	20.3
82	18/21	M	185	Scott Milnthorp	4:57:13	20.2
83	4/8	F	163	Lauren Lincoln	4:57:56	20.1
84	7/9	M	224	Gerald Luco	4:59:11	20.1
85	2/2	M	271	Gordon Tabachniuk	5:02:41	19.8
86	5/8	F	162	Yukari Shimobayashi	5:03:39	19.8
87	6/8	F	199	Susan McKillican	5:03:41	19.8
88	7/8	F	152	Marilyn Seidel	5:03:44	19.8
89	19/21	M	82	Jason Martin	5:06:25	19.6
90	6/8	F	164	Megan Lincoln	5:06:48	19.6
91	20/21	M	142	Lazar Milovanovic	5:09:16	19.4
92	15/17	M	28	Bruce Geiger	5:17:18	18.9
93	16/17	M	141	Neil Johnson	5:29:24	18.2
94	7/8	F	189	Montana Butler	5:34:04	18.0
95	8/8	F	173	Haly Peper	5:34:38	17.9
96	7/8	F	204	Hana Ursulescu	5:34:39	17.9
97	17/17	M	148	Apoorva Sharma	5:37:21	17.8
98	1/1	F	210	Elizabeth Aspinall	5:38:07	17.7
99	14/15	F	203	Megan Watters	5:44:20	17.4
100	15/15	F	209	Kyla Craig	5:49:44	17.2

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101	8/8	F	37	Jillian Tkachuk	5:53:35	17.0
102	8/8	F	184	Marcy Cochlan	6:01:31	16.6
103	8/9	M	190	Rob Butler	6:11:38	16.1
104	4/4	F	191	Mariah Butler	6:11:41	16.1
105	9/9	M	319	Barry Easterby	7:08:07	14.0
106	21/21	M	48	Shea Fraser	7:31:04	13.3

