

13th Annual Edmonton HeartBeat Run
in support of the

Univeristy Hospital Foundation

Edmonton, AB
September 24, 2023

Category: Male 19 & Under
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5247	Cole Van Diepen	Edmonton	52:15	5:14
2	5222	Bennett Buchholz Bard	Edmonton	56:02	5:37
3	5223	Harrison Bard	Edmonton	57:00	5:42

Category: Male 20-29
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5212	Brandon Reeder	Edmonton	47:26	4:45
2	5227	Steven Adil	Edmonton	1:03:06	6:19

Category: Male 30-39
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5220	Ian McKellar	Edmonton	43:56	4:24
2	5249	Alex Bath	Edmonton	44:00	4:24
3	5204	Sid Sharma	Edmonton	50:01	5:01
4	5202	Lex Grootelaar	Edmonton	52:08	5:13
5	5203	Brett Taylor	Edmonton	55:37	5:34
6	5245	Alexander Derenowsky	Edmonton	57:52	5:48

7	5239	Ryan Fife	Edmonton	57:53	5:48
8	5218	Jimmy Kang	Edmonton	1:13:36	7:22

 Category: Male 40-49
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	5229	De Villiers Jonker	Edmonton	41:24	4:09
2	5235	Nicholas Steinke	St. Albert	45:08	4:31
3	5201	Brad David	Edmonton	51:42	5:11
4	5251	Jamal Awad	Edmonton	52:32	5:16
5	5226	Jarrett Fedorak	Drayton Valley	1:00:14	6:02
6	5228	Jimmy Sleiman	Edmonton	1:01:17	6:08

 Category: Male 50-59
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	5252	Robert C Welsh	Edmonton	47:12	4:44

 Category: Male 60-69
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	5225	Mitch Davidson	Edmonton	51:58	5:12
2	5215	Alan Jones	Edmonton	56:48	5:41
3	5221	Brent Swallow	Edmonton	57:54	5:48
4	5224	David Sluchinski	Drayton Valley	1:00:24	6:03

 Category: Male 70 & over
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	5214	Roderick Wasylishen	Edmonton	1:10:50	7:05

Category: Female 19 & Under
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
-------	-----	------------	------	------	------

Category: Female 20-29
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5246	Terra Hodgins	Edmonton	56:46	5:41
2	5232	Alexandra England	Edmonton	56:58	5:42
3	5253	Catie Jarvis	Edmonton	57:40	5:46
4	5219	Natasha Kang	Edmonton	1:13:35	7:22

Category: Female 30-39
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5205	Ulana Gnutel	Edmonton	47:19	4:44
2	5250	Giselle Jomha	Edmonton	52:31	5:16
3	5240	Maryanne Fife	Edmonton	52:36	5:16
4	5244	Andrea Croome	Edmonton	54:30	5:27

Category: Female 40-49
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5216	Lea Carlyle	Edmonton	47:30	4:45
2	5236	Vanessa Steinke	St. Albert	55:38	5:34
3	5234	Melanie Jaques	Edmonton	56:04	5:37
4	5213	Jessica Wyllie	St. Albert	1:13:55	7:24

Category: Female 50-59
Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5237	Masako Mallon	Edmonton	1:00:01	6:00

 Category: Female 60-69
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
1	5233	Ellen Sauve	Beaumont	42:24	4:15
2	5210	Marjorie O'Connor	Edmonton	59:25	5:57

 Category: Female 70 & over
 Distance: 10km

Place	Bib	Competitor	City	Time	Pace
-------	-----	------------	------	------	------

↑