

13th Annual Edmonton HeartBeat Run
in support of the

Univeristy Hospital Foundation

Edmonton, AB
September 24, 2023

Category: Male 19 & Under
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5390	Evan Tulik	Edmonton	28:39	5:44
2	532	Reed Van Diepen	Edmonton	28:42	5:45
3	535	Haydn Wowk	Edmonton	29:11	5:51
4	534	Thomas Welsh	Edmonton	29:55	5:59
5	5314	Aniston David	Edmonton	35:03	7:01
6	5374	Nathan Meyer	Edmonton	36:33	7:19

Category: Male 20-29
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5320	Yitian Fan	Edmonton	30:07	6:02
2	5312	Parker Creighton	Edmonton	32:58	6:36
3	5313	Robel Ng'ong'a	Edmonton	35:50	7:10
4	5343	Hayden Homeniuk	Parkland County	40:08	8:02
5	5339	Charlie Hodder	Edmonton	42:25	8:29
6	5338	Craig Hodder	Edmonton	43:25	8:41
7	5345	Andrew Croome	Edmonton	43:25	8:41
8	5365	Matthew Cruthers	St Albert	54:11	10:51
9	5311	Jalin Maher	Edmonton	54:45	10:57
10	5356	Sean Brassart	Beaumont	54:49	10:58
11	5359	Dillon Peters	Edmonton	56:26	11:17
12	5310	Bill Maher	Edmonton	1:01:32	12:19

Category: Male 30-39
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5333	Iman Naimi	Edmonton	29:23	5:53
2	523	Najib Aboughauche	Edmonton	35:26	7:06
3	5371	Mahesh Vara	Edmonton	59:19	11:52
4	5335	Avery Rowan	Maskwacis	1:02:36	12:32

Category: Male 40-49
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5307	Jeff Miles	Edmonton	40:05	8:01
2	525	Chad Langager	Edmonton	41:03	8:13
3	5305	Ken Kloos	Edmonton	41:06	8:14
4	5308	Ben Prosser	Edmonton	42:02	8:25
5	5382	Colin Christenson	Beaumont	53:12	10:39
6	5306	Kennith Dunbar	Edmonton	59:30	11:54
7	5377	Gary Krushell	Chestermere	59:48	11:58

Category: Male 50-59
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5362	Jimmy Kerby	Edmonton	29:41	5:57
2	5387	Shon Tulik	Edmonton	36:50	7:22
3	5315	Scott Smith	Edmonton	39:05	7:49
4	5304	Dennis Bernarte	Edmonton	45:52	9:11
5	5363	Dave Cruthers	St Albert	54:12	10:51
6	5316	Curtis Stewart	St. Albert	59:06	11:50
7	5323	Marc Parenteau	Edmonton	59:35	11:55
8	5380	Chris Bassil	Beaumont	1:02:06	12:26

Category: Male 60-69

Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5368	Gabor Gyenes	Edmonton	40:35	8:07

Category: Male 70 & over
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	526	Merv Higgs	Fort Saskatchewan	36:20	7:16

Category: Female 19 & Under
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	533	Ellianna Taylor	Beaumont	32:46	6:34
2	520	Karen Mallon	Edmonton	34:51	6:59
3	528	Emerson Christie	Fort Saskatchewan	34:54	6:59
4	5383	Reese Kudrowich	Edmonton	35:48	7:10
5	5321	Piper Mutch	Edmonton	36:30	7:18
6	5389	Mila Tulik	Edmonton	36:41	7:21
7	529	Marlowe Christie	Fort Saskatchewan	36:50	7:22
8	5372	Keatley David	Spruce Grove	37:34	7:31
9	536	Addison Mussbacher	Edmonton	38:43	7:45
10	5351	Mya Fithen	Leduc County	40:28	8:06

Category: Female 20-29
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5360	Hayley Melnyk	Edmonton	26:20	5:16
2	537	Eryn Clarke	Edmonton	27:54	5:35
3	5344	Gurpreet Pandher	Edmonton	29:44	5:57
4	538	Toni Welsh	Edmonton	36:03	7:13
5	5325	Carlie Hornsby	Edmonton	36:30	7:18
6	5375	Giandrey Nutting	Edmonton	38:24	7:41

7	5341	Courtney Allen	Parkland County	40:08	8:02
8	5332	Josée Hebert	Beaumont	40:28	8:06
9	5346	Sydney Juneau	Edmonton	40:38	8:08
10	5340	Priya Purewal	Edmonton	43:23	8:41
11	5330	Natalie Thompson	Bonnyville	43:45	8:45
12	5366	Hannah Cruthers	St Albert	54:18	10:52
13	5355	Sarah Labrecque	Beaumont	54:48	10:58
14	5393	Salina Tulik	Edmonton	59:08	11:50
15	5384	Sydni Labrecque	Edmonton	1:04:23	12:53

Category: Female 30-39
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
====	====	=====	=====	=====	=====
1	5378	Danica Sluchinski	Edmonton	27:47	5:34
2	5361	Shelby Sluchinski	Edmonton	29:04	5:49
3	5342	Corrie Effa	Edmonton	35:53	7:11
4	530	Danielle Christie	Fort Saskatchewan	36:49	7:22
5	5400	Richelle Nanninga	Namao	38:17	7:40
6	5396	Julie Schmidt	Edmonton	40:27	8:06
7	5386	Brandie Reed	Edmonton	46:32	9:19
8	522	Christie Metcalfe	Edmonton	46:43	9:21
9	5357	Mallory Turner	Edmonton	56:24	11:17
10	5370	Angel Vara	Edmonton	59:20	11:52

Category: Female 40-49
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
====	====	=====	=====	=====	=====
1	5248	Kendall Van Diepen	Edmonton	29:17	5:52
2	531	Kari Sadoway	Sherwood Park	34:17	6:52
3	5373	Tara Meyer	Edmonton	39:20	7:52
4	5318	Melanie Tymofichuk	Edmonton	40:13	8:03
5	524	Terry Te	Edmonton	42:41	8:33
6	5381	Allison Robertson	Edmonton	43:40	8:44
7	5329	Alena Thompson	Bonnyville	54:20	10:52
8	5376	Kimberly Gordon-Krushell	Chestermere	59:47	11:58
9	5354	Brenda Labrecque	Beaumont	1:04:23	12:53
10	5331	Del St Louis	Leduc	1:04:26	12:54

Category: Female 50-59
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	521	Joanne Martens	Edmonton	33:11	6:39
2	5385	Karen Sluchinski	Edmonton	34:25	6:53
3	5369	Erika Mullner	Edmonton	35:20	7:04
4	527	Linda Pelletier	Fort Saskatchewan	36:21	7:17
5	5364	Christa Cruthers	St Albert	54:15	10:51
6	5367	Sarah Baker	New Norway	54:17	10:52
7	5388	Rajka Tulik	Edmonton	59:09	11:50
8	5322	Toni Hodder	Edmonton	59:32	11:55
9	5303	Sheryl Knysh	Edmonton	1:01:36	12:20
10	5379	Barb Bassil	Beaumont	1:02:04	12:25
11	5302	Janet Milne	Edmonton	1:06:03	13:13

Category: Female 60-69
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5327	Vaida Gevenich	Devon	40:56	8:12
2	5394	Nu Linchieh	Edmonton	50:21	10:05
3	5395	Elaine Schmidt	Gig Harbor	58:04	11:37
4	5398	Shirley Edwards	Edmonton	1:07:06	13:26

Category: Female 70 & over
Distance: 5km

Place	Bib	Competitor	City	Time	Pace
1	5334	Shannon Lightning	Maskwacis	1:02:36	12:32
2	5399	Kathy Murrie	Edmonton	1:06:54	13:23
3	5324	Sybille Lorenz-Becher	Edmonton	1:07:06	13:26
4	5328	June Scott	Edmonton	1:07:07	13:26

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