

Alzheimer Society of Calgary & IG Wealth Management Presents  
 Alzheimer Walk and Run  
 Calgary, AB  
 October 8th, 2023

10km Age Group Results

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AGE GROUP: Women 19 & under

Place	Name	City	Finish	Pace
1	Alyssa Marie RUPPEL	Calgary	50:07	5:01
2	Stefanie WOOD	Calgary	1:01:56	6:12
3	Marisol HERTZER	Calgary	1:17:29	7:45
4	Jumintra KHUADKAEW		1:30:48	9:05

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AGE GROUP: Women 20-29

Place	Name	City	Finish	Pace
1	Casey AMATTO	Calgary	52:36	5:16
2	Kelly LONG	Calgary	52:37	5:16
3	Claire HARPER	Calgary	53:13	5:20
4	Trailena MARCOTTE-HILL	Calgary	57:22	5:45
5	Maggie DAUMLER	Calgary	58:18	5:50
6	Julianne FERREIRA	Calgary	59:42	5:59
7	Rory COUPLAND	Calgary	59:43	5:59
8	Kayla DAIGLE	Calgary	1:05:27	6:33
9	Megan ROLFE	Calgary	1:06:50	6:41
10	Emma WARMAN	Calgary	1:11:45	7:11
11	Erin DEMERS	Calgary	1:11:48	7:11
12	Diana LOSADA	Calgary	1:13:58	7:24
13	Mackenzie MYLES	Calgary	1:15:14	7:32
14	Paige RUTLEDGE	Calgary	1:15:16	7:32
15	Hannah ADRIANO	Calgary	1:15:48	7:35

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AGE GROUP: Women 30-39

Place	Name	City	Finish	Pace
1	Chelsey STEVENSON	Richlea	45:18	4:32
2	Jorin CHURCH	Calgary	47:51	4:48
3	Erin NORDSTROM-YOUNG	Calgary	50:04	5:01
4	Julie PEACOCK ARMIT	Calgary	52:26	5:15
5	Katie MCNEIL	Calgary	54:07	5:25
6	Jamie-Lyn FEWCHUK	Calgary	54:41	5:29
7	Michelle POWER	Calgary	55:24	5:33
8	Ana NIKOLIC	Calgary	56:01	5:37
9	Amy MILLER	Calgary	56:28	5:39
10	Carolyn GRATTON	Calgary	58:13	5:50
11	Desirea KOLOZETTI	Calgary	58:14	5:50
12	Allison FINDLATER	Lethbridge	58:39	5:52
13	Dani DELALOYE	Calgary	58:50	5:53
14	Jasmine RUEST	Calgary	1:01:42	6:11
15	Ashley ZIRIADA	Calgary	1:01:52	6:12
16	Aaron GRATTON	Calgary	1:04:17	6:26
17	Emily LIS	Calgary	1:05:43	6:35
18	Samantha THIELMANN	Calgary	1:05:55	6:36
19	Kera REDLACK	Calgary	1:06:09	6:37
20	Karen WATSON	Sherwood Park	1:06:21	6:39
21	Sydney JOHN	Calgary	1:07:28	6:45
22	Shelby LEASAK	Grande Cache	1:08:59	6:54
23	Lindsay FULCHER	Calgary	1:09:06	6:55
24	Megan POWNALL	Calgary	1:12:13	7:14
25	Francesca HOOPER	Calgary	1:12:22	7:15
26	Sarah HUSTAD	Calgary	1:12:25	7:15
27	Nisha SAINI	Calgary	1:13:02	7:19
28	Nancy HARDOWA	Calgary	1:14:32	7:28
29	Alexa SHAW	Calgary	1:15:36	7:34
30	Alana BAILEY-CANTELO	Calgary	1:27:06	8:43
31	Kaylee CARRUTHERS	Calgary	1:27:58	8:48

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AGE GROUP: Women 40-49

Place	Name	City	Finish	Pace
1	Amber MCRAE	Calgary	53:20	5:20
2	Sarah HOWELL	Calgary	53:55	5:24
3	Leah FUCHS	Airdrie	55:06	5:31
4	Cecilia ABALOS	Calgary	58:45	5:53
5	Glynnis SINCLAIR	Calgary	59:38	5:58
6	Pamela COQUET	Calgary	1:01:15	6:08
7	Candice JAIYESIMI	Airdrie	1:02:30	6:15
8	Shaunta MONCASTER	Calgary	1:04:23	6:27
9	Samantha ANDREWS	Calgary	1:07:51	6:48
10	Erin ROSS	Calgary	1:08:26	6:51
11	Alayne LEBSACK	Calgary	1:09:07	6:55
12	Jesua DOMINGUEZ	Calgary	1:10:48	7:05
13	Lisa BERGERMAN	Calgary	1:12:23	7:15
14	Shelley HEGION	Calgary	1:23:33	8:22
15	Lisa NORTOFT-DAIGLE	Calgary	1:24:29	8:27
16	Lori HELFENBAUM	Calgary	1:27:51	8:48
17	Leanne WONG	Calgary	1:28:28	8:51
18	Jackie MEYER	Crossfield	1:35:08	9:31

AGE GROUP: Women 50-59

Place	Name	City	Finish	Pace
1	Heather WIEBE	Calgary	47:33	4:46
2	Stephanie DEMERS	Calgary	52:04	5:13
3	Linda SWANSTON	High River	56:25	5:39
4	Jennifer MOSCOVITZ	Calgary	57:06	5:43
5	Karen YEE	Calgary	1:05:03	6:31
6	Charmaine MONTEIRO	Calgary	1:05:32	6:34
7	Tammy MACKENZIE	Calgary	1:14:10	7:25
8	Laureen REGAN	Calgary	1:20:58	8:06
9	Sophie LIAO	Calgary	1:26:59	8:42
10	Jennifer MEDLOCK	Calgary	1:27:51	8:48

11 Jenna BAZZANA Calgary 1:35:15 9:32

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AGE GROUP: Women 60-69

Place	Name	City	Finish	Pace
1	Marja BUTTERWORTH	Calgary	1:07:19	6:44
2	Cathy ROBERTS	Calgary	1:12:28	7:15
3	Cheryl GREEN	Calgary	1:14:03	7:25

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AGE GROUP: Women 70 & Over

Place	Name	City	Finish	Pace
1	Kiyoko MIYANISHI	Calgary	1:15:00	7:30

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AGE GROUP: Men 19 & under

Place	Name	City	Finish	Pace
1	Zach ZIPURSKY	Calgary	46:42	4:41
2	Antonio HERTZER	Calgary	49:38	4:58
3	Riley ZIPURSKY	Calgary	49:54	5:00
4	Blake LEBSACK	Calgary	58:34	5:52
5	Finn GONSALVES	Calgary	58:39	5:52
6	Calum GONCI	Calgary	1:04:23	6:27
7	Dylan LEBSACK	Calgary	1:09:06	6:55

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AGE GROUP: Men 20-29

Place	Name	City	Finish	Pace
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1	Christian WOOD	Canmore	44:53	4:30
2	Trevor MACPHEE	Calgary	52:04	5:13
3	Heath IRVINE	Calgary	54:35	5:28
4	Jack ARYCHUK	Calgary	57:42	5:47
5	Victor DELGADO	Calgary	1:00:53	6:06
6	Quinn DEMERS	Calgary	1:10:42	7:05

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AGE GROUP: Men 30-39

Place	Name	City	Finish	Pace
1	David IRVINE	Calgary	48:04	4:49
2	Tanner NORDSTROM-YOUNG	Calgary	49:11	4:56
3	Bryan MILLER	Calgary	51:06	5:07
4	Pierre LUDARD	Calgary	51:06	5:07
5	Kyle SOMERS	Calgary	51:58	5:12
6	Kjell REID	Edmonton	52:28	5:15
7	Mitchell DUNCAN	Airdrie	54:14	5:26
8	Rob FEWCHUK	Calgary	54:18	5:26
9	Vincent WEI	Calgary	56:32	5:40
10	Mike ZALEWSKI	Calgary	1:00:04	6:01
11	Chibuike NJOKU	Calgary	1:01:20	6:08
12	Vishal SAINI	Calgary	1:01:25	6:09
13	Dylan HAGEN	Calgary	1:07:28	6:45
14	Jeremy FULCHER	Calgary	1:09:06	6:55
15	Chris DONNAN	Calgary	1:14:52	7:30
16	Jad DIZON	Calgary	1:30:49	9:05

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AGE GROUP: Men 40-49

Place	Name	City	Finish	Pace
1	Ben HARPER-HEIR	Calgary	39:52	4:00
2	Marcos MOLINA	Banff	41:34	4:10
3	Donald BOAKE	Calgary	43:37	4:22
4	Todd DAVIS	Calgary	46:01	4:37

5	Kenneth ALLAN	Calgary	52:09	5:13
6	Gavin LOGAN	Calgary	54:42	5:29
7	Ian WILLIAMS	Calgary	57:32	5:46
8	Adam WYSE	Calgary	57:52	5:48
9	Warren MONTEIRO	Calgary	58:39	5:52
10	Robert LEBSACK	Calgary	58:45	5:53
11	Keith GALLIOTT	Calgary	59:02	5:55
12	Randy LEWIS	Calgary	59:51	6:00
13	Muzamil PERVEZ	Calgary	1:04:28	6:27

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AGE GROUP: Men 50-59

Place	Name	City	Finish	Pace
1	Jeffrey CASEY	Airdrie	38:14	3:50
2	Mark ROBINSON	Calgary	50:00	5:00
3	Ian ZIPURSKY	Calgary	52:13	5:14
4	Rob PHILLIPS	Calgary	53:07	5:19
5	Zoran JOVANOVIC	Calgary	55:32	5:34
6	Derrit DAIGLE	Calgary	55:46	5:35
7	Clive MCGOWAN	Calgary	56:37	5:40
8	Gary MALCOLM	Calgary	57:31	5:46
9	Andreas HERTZER	Calgary	59:17	5:56
10	Ray DEMERS	Calgary	1:00:03	6:01
11	Trevor DREHER	Calgary	1:11:43	7:11
12	Terry MYLES	Calgary	1:15:17	7:32
13	Armand ADRIANO	Calgary	1:22:11	8:14
14	Trevor BALDERSTON	Calgary	1:35:25	9:33

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AGE GROUP: Men 60-69

Place	Name	City	Finish	Pace
1	James VANGILST	Foothills	51:53	5:12
2	Dufferin HARPER	Calgary	53:14	5:20
3	Dave VAN VLIET	Calgary	57:52	5:48

4	Todd WALOWIT	Oregon	1:06:53	6:42
5	Rory POLSON	Qualicum Beach	1:13:21	7:21

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AGE GROUP: Men 70 & Over

Place	Name	City	Finish	Pace
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