

Frank McNamara Fall Cross Country Series
 Laurier Park - Race #7
 Edmonton, AB
 October 18th, 2023

Timing by Results Canada Race Management -

www.moderntimingsolutions.com

5.70km Overall Finish Results

Over All Place	Place In Total AgeGroup	Age Group	Bib Num	Name	Finish Time	Pace Min/km	LAP
1	1/9	M2029	867	Tyler GOUGH	20:30	3:36	
2	1/13	M3039	888	Conor FUREY	20:57	3:41	
3	1/11	M4049	933	Jeremy WILSON	21:21	3:45	
4	2/13	M3039	835	Adrian LAMBERT	21:35	3:48	
5	1/9	M5059	701	Kurt MUELLER	21:38	3:48	
6	3/13	M3039	794	Friedrich CHICKENLEGS	21:39	3:48	
7	2/11	M4049	897	Sean CONWAY	21:48	3:50	
8	1/7	M6069	759	Dirk AUGER	22:02	3:52	
9	1/5	M1619	935	Abdiqani ABDULLAHI	22:13	3:54	
10	4/13	M3039	741	Derek SCHUTZ	22:20	3:56	
11	2/9	M2029	936	Ahmed HABIIB	22:53	4:01	
12	2/5	M1619	913	Declan MCCALLION	22:53	4:01	
13	5/13	M3039	861	Braden SLEMKO	22:59	4:02	
14	3/9	M2029	941	Bruno DE ANDRADE VIEIRA	23:04	4:03	
15	6/13	M3039	774	Andrew SNOOK	23:09	4:04	
16	4/9	M2029	824	Kaitao ETA	23:21	4:06	
17	5/9	M2029	876	Aidan COOPER	23:24	4:07	
18	7/13	M3039	889	Phil TINKA	23:36	4:09	
19	1/8	F1115	932	Hannah GREGORY	23:45	4:10	
20	3/11	M4049	758	Darren DEVEAU	23:46	4:11	
21	1/4	F2029	907	Shaylene BULLEE	23:59	4:13	
22	1/3	M1115	765	Alex GUILLAUME	24:05	4:14	
23	4/11	M4049	784	Stefan SCHREIBER	24:09	4:15	
24	2/9	M5059	809	Neil SADOWNIK	24:16	4:16	
25	5/11	M4049	757	Kevin CLARK	24:24	4:17	

26	2/8	F1115	920 Amity BIRBECK	24:39	4:20
27	6/9	M2029	942 Ben FREEMAN	24:43	4:21
28	8/13	M3039	721 Michael MILNER	25:02	4:24
29	2/3	M1115	783 Sean SCHREIBER	25:35	4:30
30	2/7	M6069	703 Scott ROGERS	25:35	4:30
31	6/11	M4049	904 Gareth ROUGHLEY	25:39	4:30
32	9/13	M3039	816 Vincent SAUER	25:47	4:32
33	3/9	M5059	940 Brian BANKS	25:54	4:33
34	2/4	F2029	720 Sarah MEISTER	26:12	4:36
35	10/13	M3039	785 Andreas OSTERMAN	26:13	4:36
36	3/7	M6069	925 Mike WALKER	26:17	4:37
37	4/9	M5059	859 Nathan FREED	26:22	4:38
38	7/11	M4049	777 Jacob JAREMKO	26:22	4:38
39	3/4	F2029	734 Riley MEISTER	26:43	4:42
40	3/5	M1619	810 Ty SADOWNIK	26:47	4:42
41	7/9	M2029	692 Pearce TOAL	26:50	4:43
42	3/8	F1115	865 Taryn SHALABAY	26:55	4:44
43	1/3	F5059	769 Claudette AUGERT	27:06	4:46
44	5/9	M5059	691 Stephen TOAL	27:06	4:46
45	6/9	M5059	937 tim BULGER	27:44	4:52
46	4/8	F1115	818 Akari MCLEOD	27:51	4:54
47	8/9	M2029	938 Elmar SALAMANCA	27:56	4:54
48	11/13	M3039	850 Joao HENRIQUE	28:11	4:57
49	7/9	M5059	708 Michael KENNEDY	28:12	4:57
50	1/6	F4049	840 Taniya BIRBECK	28:19	4:59
51	8/9	M5059	806 Gerald ZUREK	28:19	4:59
52	5/8	F1115	713 Aubrey KENNEDY	28:34	5:01
53	4/7	M6069	866 Mitch DAVIDSON	28:51	5:04
54	2/6	F4049	917 Siubhan DRINNAN	29:15	5:08
55	1/3	M70+	702 Stefan FEKNER	29:23	5:10
56	2/3	F5059	744 Kristi WILLIAMS	29:23	5:10
57	4/5	M1619	869 Preston BRUENS	29:25	5:10
58	9/9	M5059	705 Sarb KHATRA	29:40	5:13
59	8/11	M4049	813 Ginger BEEF	29:41	5:13
60	12/13	M3039	900 Greg ROWLAND	29:55	5:15
61	3/6	F4049	512 Michelle ANDERSON	30:12	5:18
62	9/11	M4049	915 Marc DOWDELL	30:55	5:26
63	5/7	M6069	711 Bob LARGE	31:15	5:29
64	2/3	M70+	927 Mike SECKER	32:06	5:38
65	13/13	M3039	939 Hannah ARREINSON	32:44	5:45

66	6/8	F1115	893 Sophie RICHMOND	32:50	5:46
67	4/6	F4049	808 Laura WAIT	33:06	5:49
68	1/1	F3039	778 Jan CARLSON	33:07	5:49
69	5/6	F4049	779 Miriam PAYNE	33:12	5:50
70	1/1	M0110	742 Jack PRIMROSE	33:17	5:51
71	4/4	F2029	750 Robyn JENKINS	33:24	5:52
72	9/9	M2029	823 Unknown RUNNER	33:25	5:52
73	1/3	F6069	717 Wendy DRYSDALE	33:26	5:52
74	7/8	F1115	714 Brechan KENNEDY	33:31	5:53
75	8/8	F1115	693 Taylor WOOD	33:38	5:54
76	6/7	M6069	752 Brian NELSON	33:42	5:55
77	10/11	M4049	934 Michael SHEEHAN	35:57	6:19
78	2/3	F6069	909 Anita MYERS	36:24	6:24
79	7/7	M6069	719 David ROBIN	36:52	6:28
80	5/5	M1619	924 Griffin TESKEY	37:19	6:33
81	3/3	M70+	812 neil FARRELL	37:29	6:35
82	1/1	F1619	707 Reese KENNEDY	37:40	6:37
83	11/11	M4049	878 Bernard ASQUIN	37:53	6:39
84	3/3	F6069	837 Christine KUPILIK	40:21	7:05
85	6/6	F4049	722 Nicole PAWLUK	40:28	7:06
86	3/3	F5059	828 Sarah STEVENSON	41:23	7:16
87	3/3	M1115	807 David WAIT	43:39	7:40

