

First Responder's
Half Marathon Calgary
Calgary, AB
October 22nd, 2023

Overall 10KM Results

| Over All Rank | Rank In AgeGroup | Sex | Bib Num | Competitor Name | Official Time | Pace Min/Km |
|---------------------|------------------------|-----|------------|-------------------|------------------|----------------|
| 1 | 1/12 | F | 177 | Maria Zambrano | 36:09 | 3:37 |
| 2 | 1/33 | M | 446 | Jonathan Roth | 36:40 | 3:40 |
| 3 | 2/33 | M | 199 | Daniel Kelly | 37:55 | 3:48 |
| 4 | 1/18 | M | 285 | Jason Stang | 40:05 | 4:01 |
| 5 | 2/18 | M | 124 | Darren Desrochers | 41:10 | 4:07 |
| 6 | 3/18 | M | 115 | Jolly Valdez | 42:33 | 4:16 |
| 7 | 4/18 | M | 16 | Orlando Silva | 43:12 | 4:20 |
| 8 | 3/33 | M | 436 | Eddie Chongtham | 43:13 | 4:20 |
| 9 | 4/33 | M | 346 | Tyler Fougere | 44:48 | 4:29 |
| 10 | 5/33 | M | 338 | Matt Salt | 45:12 | 4:32 |
| 11 | 6/33 | M | 67 | Shaun Kavalanis | 45:33 | 4:34 |
| 12 | 5/18 | M | 175 | Geoff Kearney | 45:57 | 4:36 |
| 13 | 6/18 | M | 363 | Ryan Olivier | 46:00 | 4:36 |
| 14 | 7/33 | M | 286 | James Frede | 46:06 | 4:37 |
| 15 | 8/33 | M | 239 | Josh Saucier | 46:09 | 4:37 |
| 16 | 1/28 | F | 364 | Anna Kessler | 46:35 | 4:40 |
| 17 | 9/33 | M | 304 | Solomon Munro | 46:58 | 4:42 |
| 18 | 2/28 | F | 74 | Heather McIntosh | 47:00 | 4:42 |
| 19 | 1/19 | F | 366 | Hillary Smith | 47:03 | 4:43 |
| 20 | 7/18 | M | 441 | Daniel Roth | 47:04 | 4:43 |
| 21 | 10/33 | M | 442 | Jesse Kilgour | 47:12 | 4:44 |
| 22 | 11/33 | M | 68 | John Vandersleen | 47:42 | 4:47 |
| 23 | 12/33 | M | 281 | Gilbert Yuen | 47:52 | 4:48 |
| 24 | 3/28 | F | 443 | Chelsey Kilgour | 49:13 | 4:56 |
| 25 | 1/10 | M | 198 | Louis Chartrain | 49:18 | 4:56 |
| 26 | 2/19 | F | 425 | Jennifer Neil | 49:19 | 4:56 |
| 27 | 4/28 | F | 339 | Kari MacLeod | 49:25 | 4:57 |
| 28 | 13/33 | M | 186 | Niklas Bobrovitz | 49:49 | 4:59 |

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|----|-------|---|-----|-------------------|-------|------|
| 29 | 2/10 | M | 375 | Connor Scammell | 49:55 | 5:00 |
| 30 | 3/10 | M | 376 | Daniel Gallant | 49:56 | 5:00 |
| 31 | 2/12 | F | 424 | Caroline Swinn | 50:03 | 5:01 |
| 32 | 3/19 | F | 29 | Sophie Lewden | 51:04 | 5:07 |
| 33 | 4/19 | F | 369 | Laura Rayner | 51:07 | 5:07 |
| 34 | 5/19 | F | 296 | Stephanie McKay | 51:09 | 5:07 |
| 35 | 6/19 | F | 242 | Andrea Douglas | 51:31 | 5:10 |
| 36 | 1/10 | M | 421 | Rick Gaudio | 52:02 | 5:13 |
| 37 | 8/18 | M | 163 | Petrus Kustermans | 52:41 | 5:17 |
| 38 | 9/18 | M | 378 | Andrew Fitch | 53:29 | 5:21 |
| 39 | 14/33 | M | 444 | Steve Larson | 53:30 | 5:21 |
| 40 | 5/28 | F | 238 | Adrienne Wolf | 53:42 | 5:23 |
| 41 | 15/33 | M | 146 | Clemens Ade-Hoser | 53:48 | 5:23 |
| 42 | 1/31 | F | 221 | Keeley Watt | 53:51 | 5:24 |
| 43 | 1/1 | M | 55 | Roran Rempel | 54:14 | 5:26 |
| 44 | 2/10 | M | 374 | Jeff Scammell | 54:39 | 5:28 |
| 45 | 10/18 | M | 450 | Jon Paton | 54:42 | 5:29 |

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| 46 | 16/33 | M | 408 | Kyle Kautz | 55:10 | 5:31 |
| 47 | | N | 263 | Tori Chiu | 55:25 | 5:33 |
| 48 | 11/18 | M | 52 | Frankie Fuchs | 55:48 | 5:35 |
| 49 | | | 315 | Ashley Morris | 56:45 | 5:41 |
| 50 | 17/33 | M | 387 | Brent Boardman | 56:52 | 5:42 |
| 51 | 18/33 | M | 349 | Dan Gibbs | 56:54 | 5:42 |
| 52 | 19/33 | M | 214 | Jordan Legatto | 56:55 | 5:42 |
| 53 | 2/31 | F | 235 | Jessie Rieger | 57:00 | 5:42 |

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|----|-------|---|-------------------------|---------|------|
| 54 | 20/33 | M | 365 Niall Heffernan | 57:16 | 5:44 |
| 55 | 3/12 | F | 137 Cheryl Wittevrongel | 57:50 | 5:47 |
| 56 | 12/18 | M | 185 Justin Estby | 58:14 | 5:50 |
| 57 | 13/18 | M | 367 Isaac Sayles | 58:18 | 5:50 |
| 58 | 6/28 | F | 49 Rachel Tulk | 58:34 | 5:52 |
| 59 | 21/33 | M | 328 Fabian Pacheco | 58:43 | 5:53 |
| 60 | 3/31 | F | 208 Rory Coupland | 58:47 | 5:53 |
| 61 | 7/19 | F | 28 Caroline Dumas | 58:51 | 5:53 |
| 62 | 8/19 | F | 176 Heather Kearney | 59:05 | 5:55 |
| 63 | 7/28 | F | 120 Sawitree Gaiga | 59:33 | 5:58 |
| 64 | 8/28 | F | 412 Lise Mercedes | 59:41 | 5:59 |
| 65 | 9/28 | F | 356 Ashley Cushon | 59:41 | 5:59 |
| 66 | 4/31 | F | 179 Erin Tallis | 59:46 | 5:59 |
| 67 | 9/19 | F | 139 Sondos Jaja | 59:46 | 5:59 |
| 68 | 10/28 | F | 114 Kristy Waters | 59:54 | 6:00 |
| 69 | 4/12 | F | 166 Tonya Vinje | 59:57 | 6:00 |
| 70 | 22/33 | M | 240 Jamie Templeton | 59:57 | 6:00 |
| 71 | 11/28 | F | 167 Rachel Quesada | 59:57 | 6:00 |
| 72 | 3/10 | M | 432 Vincent Duckworth | 1:00:07 | 6:01 |
| 73 | 23/33 | M | 200 Thomas Garbe | 1:00:42 | 6:05 |
| 74 | 4/10 | M | 278 Sam Iaquina | 1:01:04 | 6:07 |
| 75 | 10/19 | F | 277 Krista Green | 1:01:04 | 6:07 |
| 76 | 5/31 | F | 32 Theresa Brown | 1:01:34 | 6:10 |
| 77 | 24/33 | M | 257 David Mitchell | 1:01:43 | 6:11 |
| 78 | 11/19 | F | 3 Melanie Tegart | 1:01:59 | 6:12 |
| 79 | 6/31 | F | 131 Chelsea Henry | 1:02:22 | 6:15 |
| 80 | 7/31 | F | 266 Hannah Throckmorton | 1:02:25 | 6:15 |
| 81 | 4/10 | M | 267 Jason Rivet | 1:02:26 | 6:15 |
| 82 | | | 334 Daman Lu | 1:02:54 | 6:18 |
| 83 | 5/10 | M | 420 Cristian Morales | 1:03:16 | 6:20 |
| 84 | 5/12 | F | 373 Carrie Scammell | 1:03:22 | 6:21 |
| 85 | 14/18 | M | 108 Lance Sandberg | 1:03:32 | 6:22 |
| 86 | 15/18 | M | 8 Cuong Truong | 1:03:42 | 6:23 |
| 87 | 25/33 | M | 95 Craig Heitrich | 1:03:56 | 6:24 |
| 88 | 12/19 | F | 241 Lindsay Munro | 1:03:57 | 6:24 |
| 89 | 6/10 | M | 405 Ben Wolters | 1:04:05 | 6:25 |
| 90 | 26/33 | M | 345 Ottis Wilson | 1:04:19 | 6:26 |

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|---------------------|------------------------|-----|------------|--------------------|------------------|----------------|
| 91 | 8/31 | F | 344 | Dawn Wright | 1:04:24 | 6:27 |
| 92 | 16/18 | M | 429 | Satbeer Singh | 1:04:51 | 6:30 |
| 93 | 9/31 | F | 320 | Randi Joyce | 1:05:07 | 6:31 |
| 94 | 10/31 | F | 102 | Raine Smith | 1:05:18 | 6:32 |
| 95 | 11/31 | F | 103 | Paige Smith | 1:05:18 | 6:32 |
| 96 | 27/33 | M | 144 | Nelson Ossa | 1:05:23 | 6:33 |
| 97 | 6/12 | F | 416 | Fay Krenz | 1:05:32 | 6:34 |
| 98 | 28/33 | M | 337 | Maxim Marlan | 1:05:43 | 6:35 |
| 99 | 12/31 | F | 288 | Kailey Lebsack | 1:06:46 | 6:41 |
| 100 | 13/31 | F | 382 | Ashley Maisonneuve | 1:06:54 | 6:42 |
| 101 | 5/10 | M | 152 | Jeff Moore | 1:06:55 | 6:42 |
| 102 | 14/31 | F | 237 | Lizzie Ryman | 1:07:02 | 6:43 |
| 103 | 12/28 | F | 359 | Jennifer Diaczun | 1:07:02 | 6:43 |
| 104 | 15/31 | F | 111 | Morgan Menard | 1:07:03 | 6:43 |
| 105 | 7/10 | M | 250 | Dylan Laverty | 1:07:17 | 6:44 |
| 106 | 8/10 | M | 251 | Jason Laverty | 1:07:18 | 6:44 |
| 107 | 16/31 | F | 386 | Emily Porter | 1:07:47 | 6:47 |
| 108 | 13/28 | F | 113 | Megan Gibson | 1:07:54 | 6:48 |
| 109 | 6/10 | M | 227 | Derek McKenzie | 1:08:11 | 6:50 |
| 110 | 17/31 | F | 147 | Alanis Estanque | 1:08:28 | 6:51 |
| 111 | 13/19 | F | 132 | Tiffany McGregor | 1:09:03 | 6:55 |
| 112 | 1/2 | F | 25 | Chrissa Yap | 1:09:18 | 6:56 |
| 113 | 7/12 | F | 449 | Natalie Pepin | 1:10:03 | 7:01 |
| 114 | 18/31 | F | 299 | Kiyomi Gibney | 1:10:18 | 7:02 |
| 115 | 29/33 | M | 142 | Jonathan Langille | 1:10:35 | 7:04 |
| 116 | 7/10 | M | 309 | Michael Minchin | 1:10:53 | 7:06 |
| 117 | 14/28 | F | 133 | Nicole West | 1:10:55 | 7:06 |
| 118 | 19/31 | F | 409 | Breanne Zilkowsky | 1:10:57 | 7:06 |

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|-----|-------|---|-----|-------------------|---------|------|
| 119 | 14/19 | F | 273 | Allison Eyre | 1:10:59 | 7:06 |
| 120 | 15/28 | F | 274 | Brandy Legacy | 1:11:24 | 7:09 |
| 121 | 16/28 | F | 272 | Sheena Gibson | 1:12:09 | 7:13 |
| 122 | 17/28 | F | 210 | Megan Giffin | 1:12:09 | 7:13 |
| 123 | 20/31 | F | 90 | Elizabeth MacRae | 1:12:27 | 7:15 |
| 124 | 15/19 | F | 109 | Angelina Shirley | 1:12:29 | 7:15 |
| 125 | 18/28 | F | 110 | Jenny Fraser | 1:12:31 | 7:16 |
| 126 | 19/28 | F | 107 | Kristine Sandberg | 1:12:32 | 7:16 |
| 127 | 21/31 | F | 27 | Katie Rudkevitch | 1:12:34 | 7:16 |
| 128 | 8/12 | F | 308 | Wanda Doktor | 1:12:42 | 7:17 |
| 129 | 16/19 | F | 2 | Shannon Woodward | 1:12:49 | 7:17 |
| 130 | 20/28 | F | 33 | Brittany Kosek | 1:13:17 | 7:20 |
| 131 | 30/33 | M | 34 | Dustin Collins | 1:13:18 | 7:20 |
| 132 | 8/10 | M | 96 | Torri Airhart | 1:13:31 | 7:22 |
| 133 | 31/33 | M | 98 | Keith Kotelko | 1:13:34 | 7:22 |
| 134 | 21/28 | F | 130 | Bethany Simpson | 1:13:38 | 7:22 |
| 135 | 17/19 | F | 129 | Julie Rae | 1:13:38 | 7:22 |

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| ===== | ===== | ===== | ===== | ===== | ===== | ===== |
| 136 | 22/31 | F | 140 | Tawny Short | 1:14:21 | 7:27 |
| 137 | 23/31 | F | 145 | Jessie Kienlen | 1:14:24 | 7:27 |
| 138 | 2/2 | F | 58 | Julia Marshall | 1:14:28 | 7:27 |
| 139 | 18/19 | F | 57 | Donita Marshall | 1:14:29 | 7:27 |
| 140 | 22/28 | F | 1 | Michelle Sykes | 1:14:29 | 7:27 |
| 141 | 23/28 | F | 143 | Christa-Lee Hamilton | 1:14:46 | 7:29 |
| 142 | 17/18 | M | 430 | Brahmprakash Gurjer | 1:15:20 | 7:32 |
| 143 | 24/31 | F | 77 | Victoria Jaimes | 1:15:43 | 7:35 |

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|-----|-------|---|-----|---------------------|---------|-------|
| 144 | 25/31 | F | 383 | Brittany Di Toppa | 1:15:55 | 7:36 |
| 145 | 1/1 | M | 170 | Ken Ruller | 1:16:50 | 7:41 |
| 146 | 9/12 | F | 78 | Mariana Martinez | 1:16:56 | 7:42 |
| 147 | 1/1 | M | 99 | Orest Kotelko | 1:17:08 | 7:43 |
| 148 | 26/31 | F | 411 | Samantha Griffith | 1:17:22 | 7:45 |
| 149 | 9/10 | M | 360 | Adam Stark | 1:17:25 | 7:45 |
| 150 | 27/31 | F | 26 | Chantal Yap | 1:17:38 | 7:46 |
| 151 | 9/10 | M | 361 | Glen Stark | 1:17:42 | 7:47 |
| 152 | 24/28 | F | 79 | Jessica Chamberlain | 1:17:43 | 7:47 |
| 153 | 25/28 | F | 80 | Brittany MacKee | 1:17:43 | 7:47 |
| 154 | 10/10 | M | 194 | Darren O CONNOR | 1:20:33 | 8:04 |
| 155 | 10/12 | F | 193 | Tania O'Connor | 1:20:33 | 8:04 |
| 156 | 11/12 | F | 348 | Kathy Wang | 1:23:06 | 8:19 |
| 157 | 28/31 | F | 410 | Jessica Reeve | 1:24:30 | 8:27 |
| 158 | 10/10 | M | 255 | Aidan Pratt | 1:26:01 | 8:37 |
| 159 | 29/31 | F | 150 | Lauren Paskall | 1:27:42 | 8:47 |
| 160 | 30/31 | F | 151 | Maddison Toppe | 1:27:43 | 8:47 |
| 161 | 26/28 | F | 138 | Shannon Rempel | 1:27:43 | 8:47 |
| 162 | 27/28 | F | 141 | Aimee-Rae Lynes | 1:27:46 | 8:47 |
| 163 | 32/33 | M | 381 | Ahmed Abass | 1:27:50 | 8:47 |
| 164 | 31/31 | F | 153 | Kyla Gordon | 1:27:55 | 8:48 |
| 165 | 12/12 | F | 62 | Tamara McMillan | 1:37:27 | 9:45 |
| 166 | 18/18 | M | 431 | Dhiren Vyas | 1:38:52 | 9:54 |
| 167 | 28/28 | F | 83 | Emily Baines | 1:44:59 | 10:30 |
| 168 | 33/33 | M | 84 | David Alexander | 1:48:46 | 10:53 |
| 169 | 19/19 | F | 215 | Julie Kirsch | 2:25:41 | 14:35 |

