

Active Physioworks Presents
 St.Albert Road Race
 St. Albert, AB
 April 21st, 2024

10km Age Group Results

 AGE GROUP: Women 19 & Under

Place	Name	City	Finish	Pace
1	Bethany CRISP	Edmonton	46:18	4:38
2	Kylar CORNELSSEN	Stettler	48:07	4:49

 AGE GROUP: Women 20-29

Place	Name	City	Finish	Pace
1	Jacki JEWITT	Edmonton	53:33	5:22
2	Alyssa MCNAMARA	St Albert	54:00	5:24
3	Allie CAPSTICK	Edmonton	54:46	5:29
4	Jamie SHAIGEC	Spruce Grove	55:22	5:33
5	Amanda JAMIL	Edmonton	1:02:48	6:17
6	Presley RULLER	Sherwood Park	1:03:07	6:19
7	Megan WHITMORE	Edmonton	1:06:19	6:38
8	Sabrina TAYLOR	Edmonton	1:22:50	8:17
9	Hope MCINNES	Edmonton	1:22:51	8:18

 AGE GROUP: Women 30-39

Place	Name	City	Finish	Pace
1	Rebecca JOHNSON	Edmonton	44:33	4:28
2	Shelby SUNDT	Sherwood Park	49:56	5:00
3	Dominique LEONARD	Edmonton	51:11	5:08
4	Kyle BOSCH	St. Albert	51:39	5:10
5	Jessica GRUDZINSKI	Edmonton	52:46	5:17
6	Cindy NGUYEN	Edmonton	54:02	5:25
7	Ashlee SHEPANSKY	Cherhill	55:22	5:33
8	Brittany FORSYTH	Fort Saskatchewan	55:45	5:35
9	Suzannah NESBITT	Edmonton	56:10	5:37
10	Kirsten NOWAK	Edmonton	58:01	5:49
11	Yolanda JAMIL	Edmonton	59:28	5:57
12	Ana POTZKAI	Edmonton	1:01:15	6:08
13	Megan GEORGE	St. Albert	1:01:52	6:12
14	Kim FIELD	Edmonton	1:04:21	6:27
15	Suzie EDGECOMBE	St Albert	1:04:21	6:27
16	Sarah VANDERWOLF	St. Albert	1:05:59	6:36
17	Courtney ROBINSON	St. Albert	1:06:57	6:42

18	Ashley KIRK	St. Albert	1:07:40	6:46
19	Stephanie GAZZOLA	Edmonton	1:09:07	6:55
20	Lennae WIENS	Morinville	1:10:51	7:06
21	Jessica BENDER	Leduc	1:12:03	7:13
22	Audra DENNY	Blackfalds	1:16:20	7:38
23	Dakota MCCALLUM	St Albert	1:20:40	8:04

 AGE GROUP: Women 40-49

Place	Name	City	Finish	Pace
1	Jennifer NORMINTON	Edmonton	41:51	4:12
2	Adele HOFLIN	Kingman	55:07	5:31
3	Erika LEBLANC	Leduc	59:01	5:55
4	Rhonda STOIK	Barrhead	1:00:18	6:02
5	Trish VAN DE LIGT	St. Albert	1:07:08	6:43
6	Catherine OEVERING	St Albert	1:07:08	6:43
7	Lindsay MCNUTT	Edmonton	1:10:15	7:02
8	Adelle PETERS	Calgary	1:21:26	8:09

 AGE GROUP: Women 50-59

Place	Name	City	Finish	Pace
1	Heather OSTIC	Kingston	42:23	4:15
2	Wendy WESEEN	St. Albert	55:46	5:35
3	Nisa OTHON	Edmonton	1:00:05	6:01
4	Jennifer PARKER	Fort Saskatchewan	1:00:19	6:02
5	Raquel GLASOW	Edmonton	1:05:21	6:33
6	Kathleen KORNER	Edmonton	1:13:45	7:23
7	Celina EDEOGU	Edmonton	1:21:26	8:09
8	Wendy PHILLIPS-BERARD	Morinville	1:51:29	11:09

 AGE GROUP: Women 60-69

Place	Name	City	Finish	Pace
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 AGE GROUP: Women 70+

Place	Name	City	Finish	Pace
1	Jeannette ATKINSON	Edmonton	55:38	5:34

 AGE GROUP: Men 19 & Under

Place Name	City	Finish	Pace
1 Declan MCCALLION	Edmonton	37:07	3:43
2 Jett FENTON	Spruce Grove	39:13	3:56
3 Alexander MORISBAK	Edmonton	40:02	4:01
4 Max DAVIDOW	Edmonton	40:36	4:04
5 Ryan GONDA	Erskine	43:06	4:19
6 Henry MACKAY	Sherwoodpark	43:43	4:23
7 Tristan WHITE	Stony Plain	49:38	4:58
8 Caleb HOF LIN	Kingman	57:26	5:45

AGE GROUP: Men 20-29

Place Name	City	Finish	Pace
1 Ben WORKMAN	Edmonton	34:10	3:25
2 Aryou MANOUSI	Edmonton	37:27	3:45
3 Nicholas MOEN	Sherwood Park	55:00	5:30
4 Christopher MOEN	Sherwood Park	1:01:24	6:09

AGE GROUP: Men 30-39

Place Name	City	Finish	Pace
1 Cody GONDA	Erskine	43:27	4:21
2 Chris ANDERSON	Edmonton	44:25	4:27
3 Devin TAYLOR	Edmonton	44:57	4:30
4 Douglas MACKELLAR	Sherwood Park	47:41	4:47
5 Liam MCNAMARA	St. Albert	48:54	4:54
6 Aaron ANDRES	St Albert	49:08	4:55
7 Brad STEINBRING	Edmonton	52:10	5:13
8 Daniel ZENKO	Edmonton	53:11	5:20
9 Doug PHILLIPS	Edmonton	1:05:02	6:31
10 Tyler MANNING	St Albert	1:07:12	6:44

AGE GROUP: Men 40-49

Place Name	City	Finish	Pace
1 Gregory CRUICKSHANK	Fort Saskatchewan	36:55	3:42
2 Rodney AL	Edmonton	45:20	4:32
3 Clayton LOGAN	Edmonton	1:07:05	6:43
4 Bernard ASQUIN	Edmonton	1:10:35	7:04

AGE GROUP: Men 50-59

Place Name	City	Finish	Pace
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1	Brent WORKMAN	Kingston	38:19	3:50
2	Kevin MAU	St. Albert	43:33	4:22
3	Elgan GALLANT	Edmonton	1:00:04	6:01
4	Shawn REYNOLDS	Edmonton	1:03:59	6:24
5	Salah BALAYA	Edmonton	1:07:05	6:43

AGE GROUP: Men 60-69

Place	Name	City	Finish	Pace
1	Gerry BELANGER	St. Albert	53:42	5:23
2	Andrew COMSTOCK	Sherwood Park	54:39	5:28

AGE GROUP: Men 70+

Place	Name	City	Finish	Pace
1	Brian MARK	Spruce Grove	1:17:01	7:43
2	Ken MARK	Spruce Grove	1:25:28	8:33