

Frank McNamara Spring Cross Country Series
MillCreek Ravine - Race #4
Edmonton, AB
May 8th, 2024

Timing by Results Canada Race Management - www.moderntimingsolutions.com

Category: Boys 10 & under

Place	Numb	Name	Time	Pace
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Category: Boys 11-15

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	26	Alex GUILLAUME	20:55	4:02
2	53	Ethan SEARLE	27:00	5:12
3	9	Teddy KUNITZ	27:43	5:20

Category: Boys 16-19

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	89	Max DAVIDSON	19:58	3:51
2	55	Ben MAGALNICK	22:43	4:23

Category: Men 20-29

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	38	Jack MCLAY	20:55	4:02
2	47	Genesis KAYEUBA-M	21:03	4:03
3	49	Aidan COOPER	22:01	4:15
4	78	Anand MANN	24:12	4:40
5	110	Ben FREEMAN	24:21	4:41
6	111	Evan SANTOS	25:37	4:56
7	74	Preston BRUENS	34:51	6:42

Category: Men 30-39

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	22	Conor FUREY	18:51	3:38
2	24	Michael MILNER	21:04	4:04
3	964	Andre LESSARD	21:12	4:05
4	107	Thomas PERRY	21:58	4:14
5	108	Michael GOPLER	22:46	4:23
6	75	Friedrich CHICKENLEGS	25:10	4:51
7	962	James O'ROURKE	25:19	4:53

8 100 Matthew NARDELLA 28:10 5:25

Category: Men 40-49

Place	Numb	Name	Time	Pace
1	103	Sean CONWAY	18:51	3:38
2	23	Kevin CLARKE	22:08	4:16
3	102	Michael STIMAC	23:40	4:33
4	106	Rodney AL	24:02	4:38
5	40	Daniel TRISKA	24:31	4:43
6	25	Matthew MAZUREK	26:05	5:01
7	101	James MAST	27:50	5:22
8	57	Michel LAFRAMBOISE	30:13	5:49
9	84	Rowan KUNITZ	33:23	6:26
10	945	Nelson VILLAFUERTE	37:02	7:08
11	42	Mike HUYBRECHT	37:53	7:18
12	105	Mike BRUENS	38:45	7:28

Category: Men 50-59

Place	Numb	Name	Time	Pace
1	943	Shane ANDERSSEN	20:15	3:54
2	20	Sean BARR	21:08	4:04
3	27	Neil SADOWNIK	22:22	4:19
4	51	Gary POLIQUIN	24:23	4:42
5	43	Michael KENNEDY	27:22	5:16
6	52	Steve SEARLE	31:21	6:02

Category: Men 60-69

Place	Numb	Name	Time	Pace
1	112	Dirk AUGER	20:02	3:52
2	11	Scott ROGERS	24:06	4:39
3	77	Joseph MANN	24:23	4:42
4	58	Gerald ZUREK	25:55	4:59
5	8	Dwane KUNITZ	27:44	5:20
6	2	Bob LARGE	29:46	5:44
7	3	Brian NELSON	30:00	5:47
8	18	David ROBIN	38:24	7:23

Category: Men 70 & over

Place	Numb	Name	Time	Pace
1	12	Stefan FEKNER	28:18	5:27
2	104	Sid KOBEWKA	36:12	6:58
3	21	Peter MILNE	41:42	8:02

Category: Women 10 & under

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====

Category: Women 11-15

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	960	Taryn SHALASSY	25:07	4:50

Category: Women 16-19

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====

Category: Women 20-29

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	97	Riley MEISTER	25:59	5:00

Category: Women 30-39

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	966	Jen ELLIOTT	22:13	4:17
2	34	Andrea VEENSTRA	24:04	4:38
3	963	Jadene WHITE	24:59	4:49
4	29	Amy HOOPER	26:00	5:00
5	45	Samantha KARPYSHIN	28:04	5:24
6	46	Sarah KENNEDY	28:16	5:27

Category: Women 40-49

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====
1	109	Julie VIZBAR	23:38	4:33
2	17	Victoria TWANOW	29:23	5:40
3	41	Deb KERSHAW	37:53	7:18

Category: Women 50-59

Place	Numb	Name	Time	Pace
=====	=====	=====	=====	=====

Category: Women 60-69

Place	Numb	Name	Time	Pace
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1 67 Claudette AUGERT 24:59 4:49
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Category: Women 70 & over

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Place Numb Name Time Pace  
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1 944 Maureen LANUKE 36:03 6:56
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