

Active Physioworks Presents  
 St. Albert Road Race  
 St. Albert, AB  
 April 21st, 2024

Overall 10 Miler Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
1	1/7	M	56	Scott Kohlman	54:36	3:24
2	1/11	M	132	Michael Zahara	56:45	3:32
3	2/7	M	5	Noah Arychuk	56:46	3:32
4	2/11	M	137	Conor Furey	57:42	3:36
5	1/3	M	14	Jordan Coen	58:20	3:38
6	3/11	M	129	Brandon Wladyko	58:47	3:40
7	1/3	M	76	Kurt Mueller	1:01:53	3:51
8	2/3	M	136	Jason Ushko	1:02:24	3:53
9	1/7	M	131	Alfred Yung	1:02:39	3:54
10	4/11	M	34	Tyler Gamblin	1:03:07	3:56
11	2/7	M	53	Youngoh Kim	1:03:09	3:56
12	5/11	M	49	Patrick Kiernan	1:03:44	3:58
13	6/11	M	135	Spencer Peterson	1:04:45	4:02
14	3/7	M	39	Kalem Hamilton	1:05:06	4:03
15	3/7	M	55	Gregory Knoblauch	1:05:54	4:06
16	1/9	F	109	Kathleen Saxon	1:05:57	4:06
17	4/7	M	35	Dylan Green	1:07:39	4:13
18	1/10	M	62	James Linthorne	1:08:00	4:14
19	1/8	F	106	Carla Rodriguez Dimitrescu	1:09:03	4:18
20	5/7	M	42	Austin Havens	1:09:25	4:19
21	1/14	F	138	Katie McGregor	1:10:31	4:23
22	2/8	F	25	Kendra Dekens	1:10:49	4:24
23	1/4	M	92	Matthew Prineas	1:11:05	4:25
24	2/10	M	18	David Crisp	1:11:52	4:28
25	3/3	M	15	Riley Cornelssen	1:12:14	4:30
26	3/8	F	77	Teri Muhlbeier	1:12:26	4:30
27	2/14	F	125	Melissa Varty	1:12:45	4:32
28	1/3	M	107	Scott Rogers	1:12:48	4:32
29	1/9	M	44	Paul Hill	1:13:23	4:34
30	4/7	M	11	Zackery Carey	1:13:33	4:35
31	3/14	F	126	Andrea Veenstra	1:13:46	4:35
32	2/3	M	13	Darren Clyde	1:13:51	4:36
33	4/8	F	64	Julia Loughlin	1:14:04	4:36
34	7/11	M	3	Bryan Alm	1:14:49	4:39
35	1/2	F	105	Laura Rodrigues	1:15:06	4:40
36	2/9	M	16	Wayne Cornelssen	1:15:15	4:41
37	2/9	F	40	Kristen Hansen	1:15:43	4:43
38	3/10	M	115	Nick Steinke	1:16:19	4:45
39	4/14	F	24	Marie-Pierre Davignon	1:16:26	4:45
40	3/9	M	118	Michael Stimac	1:16:33	4:46
41	5/7	M	67	Benjamin Martinez	1:18:55	4:55
42	1/3	F	91	Isabelle Poulin	1:19:05	4:55
43	4/9	M	54	Kieron Kirk	1:19:11	4:56

44	1/1	M	58	Evan Korotash	1:20:47	5:02
45	1/7	F	57	Sue Kolomyjec	1:22:04	5:06

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46	2/4	M	31	Nemer Fayad	1:22:22	5:07
47	4/10	M	2	Dave Aldridge	1:22:38	5:08
48	3/4	M	36	Shawn Green	1:23:38	5:12
49	5/14	F	94	Katelyn Provencal	1:25:32	5:19
50	2/3	M	133	Gerald Zurek	1:25:41	5:20
51	2/7	F	93	Sandra Prosko	1:26:32	5:23
52	5/9	M	108	Tiago Santos	1:26:40	5:23
53	3/9	F	87	Bronte Phillips	1:26:45	5:24
54	4/9	F	71	Ashley McPherson	1:26:53	5:24
55	8/11	M	123	Andy Vande Brink	1:27:24	5:26
56	5/9	F	124	Shawna Vande Brink	1:27:25	5:26
57	6/7	M	30	Shane Farnham	1:27:43	5:27
58	6/7	M	121	Ben Thronson	1:27:51	5:28
59	6/9	M	8	Gary Blake	1:28:08	5:29
60	6/14	F	85	Sara Norris	1:28:49	5:31
61	5/8	F	116	Vanessa Steinke	1:28:50	5:32
62	7/7	M	101	Kevin Repato	1:28:54	5:32
63	7/9	M	117	Ryan Stevenson	1:29:26	5:34
64	1/4	F	51	Darlene Kilbride	1:29:31	5:34
65	8/9	M	120	Jeff Taralson	1:29:37	5:34
66	7/14	F	29	Stephanie Edison	1:29:44	5:35
67	9/11	M	33	Sean Freeman	1:29:55	5:36
68	6/9	F	37	Leandra Grenier-Green	1:29:58	5:36
69	2/4	F	88	Cindy Phillips	1:30:50	5:39
70	7/9	F	61	Elizabeth Kreski	1:31:09	5:40
71	5/10	M	59	Neil Korotash	1:31:11	5:40
72	1/4	F	43	Salena Havens	1:31:38	5:42
73	2/4	F	97	Savannah Pysyk	1:31:39	5:42
74	6/8	F	122	Cheryl Van Doesburg	1:32:35	5:45
75	3/4	F	113	Colleen Stasiuk	1:33:07	5:47
76	3/3	M	7	Gary Berard	1:33:18	5:48
77	1/2	F	119	Katherine Tachynski	1:33:25	5:49
78	1/4	M	38	Daniel Haley	1:33:50	5:50

79	6/10	M	65	Jon Lovell	1:34:09	5:51
80	8/14	F	45	Steph Hopper	1:34:31	5:53
81	3/4	F	20	Emma Curle	1:34:33	5:53
82	7/10	M	95	Hardik Purohit	1:35:04	5:55
83	1/1	M	73	Gregory Michetti	1:35:05	5:55
84	4/4	F	41	Amelia Harmse	1:35:14	5:55
85	3/7	F	17	Shelley Couch	1:35:30	5:56
86	2/2	F	114	Paige Steenbergen	1:35:40	5:57
87	2/4	M	68	Greg Masik	1:35:54	5:58
88	10/11	M	80	Stan Narovlyansky	1:36:04	5:58
89	8/9	F	27	Danielle Doll	1:36:13	5:59
90	11/11	M	98	Gary Rafferty	1:36:40	6:01

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Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
91	9/14	F	111	Claire Smith	1:37:46	6:05
92	8/10	M	110	Ray Singharath	1:37:46	6:05
93	1/4	F	74	Moria Millar	1:38:08	6:06
94	2/2	F	46	Kathy Istace	1:38:49	6:09
95	4/7	F	21	Janice Curle	1:39:47	6:12
96	2/3	F	22	Madelyn Curle	1:40:42	6:16
97	5/7	F	86	Sarah Perala	1:40:55	6:17
98	9/10	M	139	Jernin Naidod	1:41:12	6:18
99	4/4	F	102	Rebecca Repato	1:42:07	6:21
100	7/8	F	63	Conny Loeffler	1:44:27	6:30
101	10/14	F	19	Stacey Crooks	1:44:41	6:31
102	10/10	M	90	Michael Popp	1:45:17	6:33
103	1/3	F	75	Kim Moore	1:45:19	6:33
104	3/3	M	69	Dan McCullum	1:46:03	6:36
105	3/4	M	12	Donald Cherniawsky	1:46:14	6:36
106	2/4	F	9	Janet Brown	1:46:53	6:39
107	11/14	F	28	Stormie Easterby	1:48:25	6:44
108	12/14	F	10	Diana Bureau	1:49:09	6:47
109	8/8	F	66	Lina Marques	1:49:09	6:47
110	4/4	M	96	William Pylypow	1:50:21	6:52
111	13/14	F	99	Michelle Rafferty	1:51:29	6:56
112	2/3	F	89	Wendy Phillips-Berard	1:51:29	6:56
113	1/1	F	112	Sally Spencer	1:52:15	6:59

114	9/9	M	130	Kuo Hao Yeh	1:52:29	7:00
115	14/14	F	70	Sharleen McKenzie	1:55:40	7:12
116	4/4	M	128	George Whyte	1:56:11	7:13
117	6/7	F	84	Erica Nordquist	1:56:59	7:16
118	3/4	F	81	Laura Nelson	1:57:01	7:17
119	1/1	M	134	Dick Ensselen	1:57:02	7:17
120	9/9	F	1	Shenaz Ahmed	1:58:14	7:21
121	7/7	M	52	Youngjun Kim	2:00:40	7:30
122	3/3	F	79	Madison Murray	2:09:38	8:04
123	3/3	F	78	Jeanett Murray	2:09:40	8:04
124	4/4	F	32	Shirley Fraser	2:14:16	8:21
125	7/7	F	4	Michelle Andrade	2:23:47	8:56

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