

24th Annual  
 Lake Chaparral Triathlon  
 Lake Chaparral, Calgary, Alberta  
 August 11th, 2024

Timing by "Results Canada Race Management"

Duathlon Results

-----FINAL-----				-----				10.3 Km		38 Km		5.5 Km				
-----RUN-----				Category				-----RUN1-----		-----BIKE-----						
Pos	Time	Name	City	Plc/Total	Category	#	Cat	Ovr	Time	/km	Cat	Ovr	Time	Km/Hr	Cat	Ovr
Time	/km															
1	2:13:08	Adam SCHELL	Calgary	1/4	Men 40-49	468	1	0:38:18.89	3:44		2	1:12:09.57	31.6		1	0:22:39.08
4:08																
2	2:18:47	Armand PINEL	Strathmore	2/4	Men 40-49	459	2	0:43:02.41	4:11		1	1:09:45.53	32.7		2	0:25:58.24
4:44																
3	2:27:51	Jason NADEAU	Calgary	1/1	Men 30-39	467	3	0:44:26.17	4:19		4	1:16:26.38	29.8		3	0:26:57.53
4:55																
4	2:28:39	Kim B. HEINZE	Calgary	1/2	Men 60+	465									7	0:31:18.62
5:42																
5	2:33:53	Joanna BEGG PATTISON	Edmonton	1/1	Women 50-59	470	7	0:49:34.42	4:49		3	1:15:26.05	30.2		5	0:28:51.93
5:15																
6	2:42:21	Sady ALALID	Banff	3/4	Men 40-49	460	9	0:50:40.88	4:56		5	1:19:02.74	28.8		9	0:32:36.95
5:56																
7	2:44:38	George DIAZ	Canmore	4/4	Men 40-49	456	5	0:48:31.63	4:43		7	1:27:44.76	26.0		4	0:28:21.47
5:10																
8	2:46:22	Uriel KARERWA	Calgary	1/2	Men 20-29	457	4	0:45:11.15	4:24		8	1:29:56.98	25.3		6	0:31:12.88
5:41																
9	2:49:32	Frederick SINFUEGO	Banff	1/1	Men 50-59	463	6	0:49:24.55	4:48		6	1:26:32.79	26.3		11	0:33:34.03
6:07																
10	2:57:18	Bruce CONSTABLE	Calgary	2/2	Men 60+	462	8	0:50:35.00	4:55		11	1:34:24.00	24.2		8	0:32:19.00
5:53																
11	2:58:37	Chris D'ENTREMONT	Calgary	1/2	Women 40-49	297	11	0:54:03.21	5:15		9	1:31:13.81	25.0		10	0:33:19.94
6:04																
12	3:01:33	Melissa BEXTE	Calgary	1/1	Women 20-29	469	10	0:50:43.17	4:56		10	1:33:39.16	24.3		12	0:37:10.51
6:46																
13	3:10:59	Leatta JUNGWIRTH	Sylvan Lake	2/2	Women 40-49	466	13	0:55:54.35	5:26		12	1:37:05.55	23.5		13	0:37:59.09
6:55																
14	3:11:13	Ellis DAVIES	Calgary	2/2	Men 20-29	464										
15	3:33:22	Rosalyn JOHNSON	Calgary	1/1	Women 30-39	461	12	0:55:51.77	5:26							

