

24th Annual
 Lake Chaparral Triathlon
 Lake Chaparral, Calgary, Alberta
 August 11th, 2024

Timing by "Results Canada Race Management"

Kids of Steel Distance Triathlon Competition

Kids of Steel Competition
 KOS: Boys 7 & Under

-----FINAL-----							50 Meter			0.8 Km			0.280Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	8:50	William HOLOWAYCHUK	Calgary	1/20	Boys 7 & Und	543	1	2:09	4:17	4	4:55	9.8	3	1:46	6:18
2	8:57	Luke DESY	Calgary	2/20	Boys 7 & Und	551	9	2:58	5:56	1	4:08	11.6	4	1:52	6:39
3	9:08	Jack JOHNSTON	Calgary	3/20	Boys 7 & Und	505	3	2:37	5:14	3	4:40	10.3	5	1:52	6:40
4	9:10	Evan MCLEAN	Calgary	4/20	Boys 7 & Und	475	10	3:10	6:19						
5	9:12	Frederick BLASIUS	Calgary	5/20	Boys 7 & Und	507	2	2:15	4:30	5	5:05	9.4	6	1:52	6:40
6	9:13	Jaxon GEE	Calgary	6/20	Boys 7 & Und	560	5	2:41	5:21						
7	9:26	Nate POTTER	Calgary	7/20	Boys 7 & Und	489	6	2:41	5:22						
8	9:32	Lucca MARTIN	Calgary	8/20	Boys 7 & Und	549	7	2:41	5:22						
9	10:01	Lukas ANDERSON	Calgary	9/20	Boys 7 & Und	519	16	3:50	7:40	2	4:31	10.6	1	1:41	5:59
10	10:26	Henry RENDLE	Calgary	10/20	Boys 7 & Und	572	4	2:38	5:16	9	5:43	8.4	12	2:05	7:27
11	10:34	Isaac HUTCHINS	Calgary	11/20	Boys 7 & Und	536	8	2:56	5:52	8	5:35	8.6	10	2:04	7:21
12	11:17	Emmett WILKINSON	Calgary	12/20	Boys 7 & Und	532	15	3:50	7:40	7	5:29	8.8	9	1:59	7:04
13	11:19	Jude MOORE	Calgary	13/20	Boys 7 & Und	545	13	3:21	6:42	11	5:54	8.1	11	2:04	7:23
14	11:23	Warren DONAHUE	Calgary	14/20	Boys 7 & Und	547	12	3:16	6:31	13	6:23	7.5	2	1:45	6:15
15	11:25	Nolan COOK	Calgary	15/20	Boys 7 & Und	528	14	3:22	6:44	12	6:10	7.8	8	1:54	6:45
16	12:51	Knight MEYER	Calgary	16/20	Boys 7 & Und	479	20	4:50	9:40	6	5:29	8.8	15	2:32	9:03
17	14:23	Théo VAN MARTIN	Calgary	17/20	Boys 7 & Und	566	11	3:10	6:20	10	5:49	8.3	16	5:24	19:17
18	15:28	Jack LAPIERRE	Calgary	18/20	Boys 7 & Und	484	19	4:39	9:17	14	8:58	5.4	7	1:53	6:43
19	15:44	Liam WILKINSON	Calgary	19/20	Boys 7 & Und	533	18	4:37	9:13	15	9:01	5.3	13	2:07	7:33
20	16:15	Walker CAMPBELL	Calgary	20/20	Boys 7 & Und	486	17	4:35	9:10	16	9:13	5.2	14	2:28	8:48

Kids of Steel Competition
 KOS: Boys 8-9

-----FINAL-----							100 Meter			1.7 Km			0.75 Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	9:32	William MCGUINNESS	Calgary	1/21	Boys 8-9	502	1	2:21	2:21						
2	9:46	Benjamin COBB	Calgary	2/21	Boys 8-9	569	2	2:56	2:56	1	5:09	19.8	1	1:42	2:16
3	10:36	Jameson MCLEAN	Calgary	3/21	Boys 8-9	485	4	3:22	3:22	2	5:25	18.8	2	1:50	2:26
4	10:48	Kai MEYER	Calgary	4/21	Boys 8-9	478	5	3:23	3:23	3	5:28	18.7	3	1:57	2:36
5	14:19	Ethan DESY	Calgary	5/21	Boys 8-9	550	3	3:06	3:06	5	6:30	15.7	8	4:43	6:17
6	14:52	Lucas MOSER	Calgary	6/21	Boys 8-9	518	10	3:52	3:52	4	6:21	16.1	7	4:39	6:12

7	14:54	Bryce COBB	Calgary	7/21	Boys 8-9	1015	6	3:32	3:32	6	6:37	15.4	10	4:45	6:20
8	15:23	Theodore HUTCHINS	Calgary	8/21	Boys 8-9	535	7	3:42	3:42	8	7:06	14.4	5	4:37	6:09
9	15:44	Theodore ASHTON	Calgary	9/21	Boys 8-9	558	9	3:50	3:50	7	6:41	15.3	13	5:15	6:59
10	16:07	Evan CRAIG	Calgary	10/21	Boys 8-9	480	8	3:50	3:50	10	7:30	13.6	12	4:48	6:24
11	16:43	Finnbar DONAHUE	Calgary	11/21	Boys 8-9	554	15	4:35	4:35	9	7:24	13.8	9	4:45	6:19
12	16:45	Anders NEILSON	Calgary	12/21	Boys 8-9	541	13	4:18	4:18	13	7:51	13.0	6	4:37	6:09
13	16:55	Levi SMITH	Calgary	13/21	Boys 8-9	553	14	4:29	4:29	12	7:42	13.2	11	4:45	6:20
14	17:09	Sam THOMAS	Calgary	14/21	Boys 8-9	540	12	4:12	4:12	11	7:40	13.3	14	5:19	7:05
15	17:28	Alston FERRIER	Calgary	15/21	Boys 8-9	571	11	4:05	4:05	14	8:02	12.7	15	5:22	7:10
16	17:43	Lucas GAIR	Calgary	16/21	Boys 8-9	538	16	4:55	4:55	17	8:34	11.9	4	4:15	5:40
17	19:38	Alex SMITH	Calgary	17/21	Boys 8-9	578	18	5:31	5:31	15	8:29	12.0	17	5:39	7:31
18	19:43	Jackson SMITH	Calgary	18/21	Boys 8-9	577	19	5:32	5:32	16	8:30	12.0	18	5:42	7:36
19	20:08	Everett DONAHUE	Calgary	19/21	Boys 8-9	546	20	5:33	5:33	19	9:06	11.2	16	5:30	7:19
20	21:48	Axel GILLIS	Calgary	20/21	Boys 8-9	537	21	6:11	6:11	18	9:03	11.3	19	6:34	8:45
21	22:35	Spencer THOMAS	Calgary	21/21	Boys 8-9	526	17	5:03	5:03	20	9:42	10.5	20	7:51	10:28

Kids of Steel Competition
KOS: Boys 10-11

-----FINAL-----							150 Meter			5.70 Km			1.40 Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	26:44	Alexander FOREST	Calgary	1/9	Boys 10-11	497	6	5:16	3:31	2	15:13	20.1	1	6:16	4:29
2	27:23	Russell SHONWISE	Olds	2/9	Boys 10-11	573	2	4:10	2:47	1	15:07	20.2	2	8:08	5:48
3	29:11	Matteo AMANTEA	CALGARY, AB	3/9	Boys 10-11	581	4	4:34	3:03	4	16:17	18.8	3	8:22	5:59
4	29:24	Ben THOMAS	Calgary	4/9	Boys 10-11	539	5	5:15	3:30	3	15:48	19.4	4	8:22	5:59
5	29:51	Cannon FAHEY	Calgary	5/9	Boys 10-11	555	1	3:47	2:32	7	17:21	17.6	5	8:44	6:14
6	30:21	Maximiliano RAYAS-FER	Calgary	6/9	Boys 10-11	487	3	4:15	2:50	6	16:34	18.5	7	9:34	6:50
7	32:00	Oliver VU	Calgary	7/9	Boys 10-11	530	8	5:29	3:40	5	16:20	18.7	8	10:11	7:16
8	32:00	Matthew BOGAARS	Calgary	8/9	Boys 10-11	556	7	5:27	3:38	9	17:31	17.5	6	9:03	6:28
9	36:34	Miles THOMAS	Calgary	9/9	Boys 10-11	527	9	6:23	4:15	8	17:29	17.5	9	12:43	9:05

Kids of Steel Competition
KOS: Boys 12-13

-----FINAL-----							150 Meter			5.10 Km			1.40 Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	21:55	Kehlman DUNCAN	Grande Prairie	1/4	Boys 12-13	562	1	2:57	1:58	1	12:40	24.2	1	6:19	4:31
2	24:48	Charlie MORCOM	Calgary	2/4	Boys 12-13	548	3	3:34	2:23	2	13:17	23.0	3	7:58	5:42
3	29:45	Aksel NEILSON	Calgary	3/4	Boys 12-13	523	2	3:26	2:17	3	19:16	15.9	2	7:05	5:04
4	36:02	Micah GUEST	Okotoks	4/4	Boys 12-13	522	4	4:03	2:42	4	20:50	14.7	4	11:10	7:59

Kids of Steel Competition
KOS: Girls 7 & Under

-----FINAL-----							50 Meter			0.8 Km			0.280Km		
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Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	9:13	Arianna CHACON	Calgary	1/18	Girls 7 & Un	579	1	2:40	5:20						
2	9:35	Rachael MCKAY	Calgary	2/18	Girls 7 & Un	508	9	3:18	6:35						
3	10:15	Lucy COLBERT	Calgary	3/18	Girls 7 & Un	583	6	3:10	6:19	2	5:06	9.4	3	2:00	7:06
4	10:18	Nora PODWALSKI	Calgary	4/18	Girls 7 & Un	481	3	2:56	5:51	4	5:27	8.8	2	1:57	6:55
5	10:30	Sophie COLBERT	Calgary	5/18	Girls 7 & Un	557	2	2:43	5:26	6	5:41	8.4	6	2:06	7:29
6	10:38	Neve ASHTON	Calgary	6/18	Girls 7 & Un	559	10	3:19	6:37	3	5:13	9.2	8	2:07	7:32
7	10:55	Juliette REID	Calgary	7/18	Girls 7 & Un	531	7	3:10	6:19	5	5:36	8.6	9	2:11	7:47
8	11:51	Alina MCLEAN	Calgary	8/18	Girls 7 & Un	476	5	3:08	6:15	8	6:16	7.7	12	2:28	8:49
9	12:01	Avery COOK	Calgary	9/18	Girls 7 & Un	529	14	3:30	6:59	9	6:26	7.5	7	2:06	7:29
10	12:02	Bradlee FOISEY	Airdrie	10/18	Girls 7 & Un	565	11	3:20	6:39	10	6:38	7.2	5	2:05	7:24
11	12:13	Keala VAN DYK	Calgary	11/18	Girls 7 & Un	534	8	3:17	6:34	7	6:09	7.8	14	2:49	10:01
12	12:14	Maxima BRAVO	Calgary	12/18	Girls 7 & Un	517	12	3:23	6:46	12	7:01	6.8	1	1:51	6:34
13	12:32	Anna REZANSOFF	Calgary	13/18	Girls 7 & Un	504	4	3:05	6:10	1	2:48	17.1	16	6:40	23:48
14	12:52	Anna NEILSON	Calgary	14/18	Girls 7 & Un	542	15	3:39	7:17	13	7:13	6.7	4	2:01	7:13
15	12:56	Adeline O'SHEA	Calgary	15/18	Girls 7 & Un	576	16	3:52	7:44	11	6:50	7.0	10	2:15	8:00
16	16:22	Maevyn PLANDEN	Calgary	16/18	Girls 7 & Un	513	13	3:29	6:58	14	10:37	4.5	11	2:17	8:09
17	21:22	Olivia SWITZER	Calgary	17/18	Girls 7 & Un	491	18	5:22	10:43	15	13:22	3.6	13	2:39	9:27
18	23:47	Lillie Thi MARTIN	Calgary	18/18	Girls 7 & Un	567	17	4:54	9:48	16	15:04	3.2	15	3:50	13:39

Kids of Steel Competition
KOS: Girls 8-9

-----FINAL-----						100 Meter			1.7 Km			0.75 Km			
Pos	Time	Name	City	Category		-----SWIM-----			-----BIKE-----			-----RUN-----			
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	13:36	Ava SMITH	Calgary	1/19	Girls 8-9	552	1	2:59	2:59	1	6:12	16.5	3	4:26	5:54
2	14:23	Alina PLANDEN THOMAS	Calgary	2/19	Girls 8-9	516	5	3:20	3:20	10	9:07	11.2	1	1:58	2:37
3	14:33	Patricia PELLA	Calgary	3/19	Girls 8-9	501	4	3:12	3:12	4	7:04	14.4	2	4:18	5:44
4	14:39	Harper DUNCAN	Grande Prairie	4/19	Girls 8-9	564	7	3:30	3:30	2	6:41	15.3	5	4:29	5:59
5	14:47	Madelyn HOLOWAYCHUK	Calgary	5/19	Girls 8-9	544	3	3:09	3:09	6	7:12	14.2	4	4:27	5:56
6	15:44	Charlotte ARNS	Calgary	6/19	Girls 8-9	582	11	4:17	4:17	3	6:58	14.6	6	4:30	6:00
7	16:17	Alondra RAYAS-FERADO	Calgary	7/19	Girls 8-9	488	12	4:18	4:18	5	7:10	14.2	8	4:50	6:27
8	17:27	Natalia KALUSKI	Calgary	8/19	Girls 8-9	499	13	4:21	4:21	7	7:49	13.0	9	5:18	7:04
9	17:31	Mila AMANTEA	Calgary	9/19	Girls 8-9	580	9	4:15	4:15	8	7:54	12.9	10	5:24	7:11
10	19:32	Violet BISBING	Canmore	10/19	Girls 8-9	506	17	4:57	4:57	9	8:27	12.1	16	6:09	8:12
11	20:00	Anna COLBERT	Calgary	11/19	Girls 8-9	584	2	3:08	3:08	17	11:10	9.1	13	5:43	7:37
12	20:00	Juliana URRUTIA	Calgary	12/19	Girls 8-9	492	6	3:23	3:23	16	10:56	9.3	12	5:42	7:36
13	20:12	Tao PAI-ABBOTT	Calgary	13/19	Girls 8-9	471	15	4:24	4:24	14	10:24	9.8	11	5:26	7:15
14	20:33	Eva REZANSOFF	Calgary	14/19	Girls 8-9	503	19	5:20	5:20	11	9:08	11.2	15	6:06	8:08
15	20:35	Zoe KAMIENIECKI	Calgary	15/19	Girls 8-9	511	10	4:17	4:17	12	9:40	10.6	19	6:40	8:53
16	20:56	Alice JOHNSTON	Calgary	16/19	Girls 8-9	472	16	4:40	4:40	13	9:57	10.3	18	6:20	8:27
17	20:57	Whitley PLANDEN	Calgary	17/19	Girls 8-9	514	8	4:13	4:13	15	10:55	9.3	14	5:50	7:46
18	21:13	Kara TRUONG	Calgary	18/19	Girls 8-9	525	18	5:00	5:00	18	11:26	8.9	7	4:49	6:25
19	23:25	Gwen PLANDEN THOMAS	Calgary	19/19	Girls 8-9	515	14	4:22	4:22	19	12:54	7.9	17	6:09	8:12

Kids of Steel Competition
KOS: Girls 10-11

-----FINAL-----							150 Meter			5.70 Km			1.40 Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	27:18	Kenzie DUNCAN	Grande Prairie	1/6	Girls 10-11	563	3	4:22	2:55	1	14:56	20.5	1	8:01	5:44
2	29:43	Hannah COBB	Calgary	2/6	Girls 10-11	570	1	3:23	2:15	2	15:58	19.2	2	10:23	7:25
3	33:33	Holly MCLEAN	Calgary	3/6	Girls 10-11	474	4	4:42	3:08	3	16:17	18.8	5	12:34	8:59
4	33:34	Sunny PELLA	Calgary	4/6	Girls 10-11	1098	5	4:46	3:11	4	18:14	16.8	3	10:35	7:33
5	36:43	Kate BOURASSA	CALGARY	5/6	Girls 10-11	495	2	4:20	2:54	5	20:08	15.2	4	12:15	8:45
6	38:50	Charlotte SWINTON	Calgary	6/6	Girls 10-11	575	6	4:56	3:17	6	20:29	14.9	6	13:26	9:36

Kids of Steel Competition
KOS: Girls 12-13

-----FINAL-----							150 Meter			5.10 Km			1.40 Km		
Pos	Time	Name	City	Category			-----SWIM-----			-----BIKE-----			-----RUN-----		
				Plc/Total	Category	#	Rank	Time	/100m	Rank	Time	Km/Hr	Rank	Time	/km
1	28:15	Abigail FEDERKEIL	Calgary	1/5	Girls 12-13	524	1	3:09	2:06	1	15:17	20.0	3	9:50	7:01
2	29:02	Lucy BOURASSA	CALGARY	2/5	Girls 12-13	494	2	3:12	2:08	3	16:12	18.9	2	9:39	6:54
3	29:24	Lydia JOHNSON	Airdrie	3/5	Girls 12-13	561	3	3:36	2:24	2	15:44	19.4	4	10:05	7:12
4	29:28	Katherine FOREST	Calgary	4/5	Girls 12-13	496	4	4:08	2:46	4	16:22	18.7	1	8:58	6:25
5	33:54	Clara SWINTON	Calgary	5/5	Girls 12-13	574	5	5:37	3:45	5	16:53	18.1	5	11:25	8:09