

Frank McNamara Fall Cross Country Series - 40th Anniversary
Laurier Park - Race #1
Edmonton, AB
September 11th, 2024

Timing by Results Canada Race Management - www.moderntimingsolutions.com

Category: Boys 10 & under

| Place | Numb | Name | Time | Pace |
|-------|------|----------------|-------|------|
| 1 | 188 | Max GARBE | 28:10 | 4:52 |
| 2 | 180 | Weston ACHESON | 34:04 | 5:53 |

Category: Boys 11-15

| Place | Numb | Name | Time | Pace |
|-------|------|------------------|-------|------|
| 1 | 142 | Brady VIZBAR | 27:56 | 4:49 |
| 2 | 209 | Theodore KUNITZ | 28:23 | 4:54 |
| 3 | 120 | Zachary HAPONIUK | 28:25 | 4:54 |

Category: Boys 16-19

| Place | Numb | Name | Time | Pace |
|-------|------|------|------|------|
|-------|------|------|------|------|

Category: Men 20-29

| Place | Numb | Name | Time | Pace |
|-------|------|-------------------|-------|------|
| 1 | 132 | Taij MANN | 20:55 | 3:37 |
| 2 | 161 | Genesis KAYEMBA-M | 23:41 | 4:05 |
| 3 | 222 | Jack MCLAY | 23:49 | 4:07 |
| 4 | 216 | Aidan COOPER | 24:00 | 4:09 |
| 5 | 163 | Ethan SADOWNIK | 26:47 | 4:37 |
| 6 | 204 | Revan MACQUEEN | 27:02 | 4:40 |
| 7 | 125 | Preston BRUENS | 28:23 | 4:54 |

Category: Men 30-39

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------------|-------|------|
| 1 | 192 | Patrick SPERLING | 20:19 | 3:31 |
| 2 | 193 | Conor FUREY | 21:24 | 3:42 |
| 3 | 160 | Peter KNIGHT | 21:27 | 3:42 |
| 4 | 135 | Patrick KIERNAN | 22:14 | 3:50 |
| 5 | 147 | Friedrich CHICKENLEGS | 22:36 | 3:54 |
| 6 | 194 | Andre LESSARD | 22:54 | 3:57 |
| 7 | 162 | Logan PURDY | 24:05 | 4:10 |

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|----|-----|-----------------|-------|------|
| 8 | 214 | Vincent SAUER | 27:07 | 4:41 |
| 9 | 177 | Nicholas FEDORS | 32:21 | 5:35 |
| 10 | 220 | Ryan KHAN | 51:29 | 8:53 |

Category: Men 40-49

| Place | Numb | Name | Time | Pace |
|-------|------|----------------------|-------|------|
| 1 | 137 | Sean CONWAY | 20:57 | 3:37 |
| 2 | 186 | Andrew SNOOK | 21:11 | 3:40 |
| 3 | 211 | Matthew GUTSCHER | 23:17 | 4:01 |
| 4 | 203 | Dallas RAUDEBAUGH | 23:29 | 4:03 |
| 5 | 217 | Ian ELM | 23:44 | 4:06 |
| 6 | 149 | Curtis MACK | 24:05 | 4:10 |
| 7 | 215 | Graham ROGERS | 24:51 | 4:18 |
| 8 | 175 | Michael STIMAC | 26:01 | 4:30 |
| 9 | 169 | Daniel TRISKA | 27:00 | 4:40 |
| 10 | 126 | Ricardo Rodrige BRAY | 28:06 | 4:51 |
| 11 | 189 | Mel GARBE | 28:11 | 4:52 |
| 12 | 165 | Ken RISTAU | 28:17 | 4:53 |
| 13 | 174 | Kevin WIPF | 28:25 | 4:54 |
| 14 | 146 | Marc DOWDELL | 31:37 | 5:28 |
| 15 | 221 | Brian WONG | 32:23 | 5:35 |
| 16 | 179 | James ACHESON | 34:03 | 5:53 |
| 17 | 181 | Michael SHEEHAN | 34:53 | 6:01 |
| 18 | 166 | David WOOD | 36:35 | 6:19 |
| 19 | 198 | Peter CHOW | 36:36 | 6:19 |
| 20 | 202 | Bernard ASQUIN | 42:10 | 7:17 |
| 21 | 218 | Brian MARK | 42:12 | 7:17 |

Category: Men 50-59

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------|-------|------|
| 1 | 119 | Kurt MUELLER | 21:59 | 3:48 |
| 2 | 140 | Shane ANDERSEN | 22:43 | 3:55 |
| 3 | 123 | David CORBETT | 23:46 | 4:06 |
| 4 | 176 | Neil SADOWNIK | 23:50 | 4:07 |
| 5 | 127 | Darren DEVEAU | 24:38 | 4:15 |
| 6 | 148 | A. J. RANKEL | 24:38 | 4:15 |
| 7 | 191 | Ian MANN | 25:20 | 4:23 |
| 8 | 164 | Spencer PROCTOR | 28:12 | 4:52 |
| 9 | 157 | Darin BANACK | 35:35 | 6:09 |
| 10 | 197 | Ravi PRITHIPAUL | 39:17 | 6:47 |
| 11 | 199 | Jim BACHINSKI | 45:59 | 7:56 |

Category: Men 60-69

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------------|-------|------|
| 1 | 130 | Dirk AUGER | 22:04 | 3:49 |
| 2 | 133 | Joseph MANN | 26:11 | 4:31 |
| 3 | 183 | Mike Da Hammer WALKER | 26:49 | 4:38 |

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|----|-----|----------------|-------|------|
| 4 | 128 | Walter ROGERS | 26:53 | 4:39 |
| 5 | 196 | Gerald ZUREK | 29:10 | 5:02 |
| 6 | 154 | Gerry BELANGER | 30:35 | 5:17 |
| 7 | 122 | Bob LARGE | 32:14 | 5:34 |
| 8 | 129 | Brian NELSON | 34:07 | 5:53 |
| 9 | 152 | Jerry CANDLISH | 35:23 | 6:06 |
| 10 | 145 | David ROBIN | 40:03 | 6:55 |
| 11 | 121 | Alan SHAW | 53:35 | 9:15 |

Category: Men 70 & over

| Place | Numb | Name | Time | Pace |
|-------|------|---------------|-------|------|
| 1 | 118 | Stefan FEKNER | 31:01 | 5:21 |
| 2 | 134 | Gary BURKE | 32:34 | 5:37 |
| 3 | 178 | neil FARRELL | 37:50 | 6:32 |
| 4 | 144 | Peter MILNE | 39:34 | 6:50 |

Category: Women 10 & under

| Place | Numb | Name | Time | Pace |
|-------|------|---------------------|-------|------|
| 1 | 155 | Lua PEREZ HERNANDEZ | 30:52 | 5:20 |
| 2 | 167 | Taylor WOOD | 36:52 | 6:22 |

Category: Women 11-15

| Place | Numb | Name | Time | Pace |
|-------|------|---------------------|-------|------|
| 1 | 155 | Lua PEREZ HERNANDEZ | 30:52 | 5:20 |
| 2 | 167 | Taylor WOOD | 36:52 | 6:22 |

Category: Women 16-19

| Place | Numb | Name | Time | Pace |
|-------|------|----------------|-------|------|
| 1 | 190 | Elani BYKOWSKI | 26:17 | 4:32 |
| 2 | 138 | Riley MEISTER | 27:18 | 4:43 |
| 3 | 206 | Jenna WOWDZIA | 36:53 | 6:22 |

Category: Women 20-29

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------|-------|------|
| 1 | 151 | Jessie BROWN | 26:28 | 4:34 |
| 2 | 195 | Jadene WHITE | 27:28 | 4:44 |
| 3 | 139 | Rebecca JOHNSON | 27:39 | 4:46 |

Category: Women 30-39

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------|-------|------|
| 1 | 151 | Jessie BROWN | 26:28 | 4:34 |
| 2 | 195 | Jadene WHITE | 27:28 | 4:44 |
| 3 | 139 | Rebecca JOHNSON | 27:39 | 4:46 |

| | | | |
|----|------------------------|-------|------|
| 4 | 141 Sarah MEISTER | 27:41 | 4:47 |
| 5 | 153 Alyssa DREBIT | 29:06 | 5:01 |
| 6 | 205 Melanie DEVRIES | 30:07 | 5:12 |
| 7 | 207 Pamela FREEMAN | 30:33 | 5:16 |
| 8 | 173 Jennifer SODERBERG | 32:06 | 5:32 |
| 9 | 184 Taylor WALKER | 34:46 | 6:00 |
| 10 | 219 Kayla POWER | 44:57 | 7:45 |

Category: Women 40-49

| Place | Numb | Name | Time | Pace |
|-------|------|---------------------------------|-------|------|
| 1 | 136 | Kathryn DURELL | 24:12 | 4:11 |
| 2 | 187 | Kathryn KINDRAT | 24:15 | 4:11 |
| 3 | 143 | Julie VIZBAR | 25:33 | 4:25 |
| 4 | 185 | Teri MUHLBEIER | 25:51 | 4:28 |
| 5 | 156 | Gloria Elisabet HERNANDEZ DURAN | 28:49 | 4:59 |
| 6 | 171 | Jamie STRAKER | 29:24 | 5:05 |
| 7 | 201 | Miriam PAYNE | 31:05 | 5:22 |
| 8 | 168 | Celene WINTERTON | 31:50 | 5:30 |
| 9 | 182 | Lindsey GRAHAM | 34:04 | 5:53 |
| 10 | 210 | Michelle LACK | 35:06 | 6:04 |
| 11 | 158 | Deb KERSHAW | 39:50 | 6:53 |

Category: Women 50-59

| Place | Numb | Name | Time | Pace |
|-------|------|-------------------|-------|------|
| 1 | 213 | Michelle ANDERSON | 31:20 | 5:25 |
| 2 | 170 | Cathy GIRARD | 31:50 | 5:30 |
| 3 | 131 | Michelle KOSKA | 32:13 | 5:34 |

Category: Women 60-69

| Place | Numb | Name | Time | Pace |
|-------|------|-------------------|-------|------|
| 1 | 124 | Claudette AUGERT | 27:10 | 4:41 |
| 2 | 208 | Christine KUPILIK | 40:15 | 6:57 |
| 3 | 212 | Anita MYERS | 46:00 | 7:56 |

Category: Women 70 & over

| Place | Numb | Name | Time | Pace |
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