

Frank McNamara Fall Cross Country Series - 40th Anniversary
 Laurier Park - Race #1
 Edmonton, AB
 September 11th, 2024

Timing by Results Canada Race Management - www.moderntimingsolutions.com

5.80km Overall Finish Results

Over All Place	Place In Total AgeGroup	Age Group	Bib Num	Name	Finish Time	Pace Min/km	LAP
1	1/10	M3039	192	Patrick SPERLING	20:19	3:31	
2	1/7	M2029	132	Taij MANN	20:55	3:37	
3	1/21	M4049	137	Sean CONWAY	20:57	3:37	
4	2/21	M4049	186	Andrew SNOOK	21:11	3:40	
5	2/10	M3039	193	Conor FUREY	21:24	3:42	
6	3/10	M3039	160	Peter KNIGHT	21:27	3:42	
7	1/11	M5059	119	Kurt MUELLER	21:59	3:48	
8	1/11	M6069	130	Dirk AUGER	22:04	3:49	
9	4/10	M3039	135	Patrick KIERNAN	22:14	3:50	
10	5/10	M3039	147	Friedrich CHICKENLEGS	22:36	3:54	
11	2/11	M5059	140	Shane ANDERSEN	22:43	3:55	
12	6/10	M3039	194	Andre LESSARD	22:54	3:57	
13	3/21	M4049	211	Matthew GUTSCHER	23:17	4:01	
14	4/21	M4049	203	Dallas RAUDEBAUGH	23:29	4:03	
15	2/7	M2029	161	Genesis KAYEMBA-M	23:41	4:05	
16	5/21	M4049	217	Ian ELM	23:44	4:06	
17	3/11	M5059	123	David CORBETT	23:46	4:06	
18	3/7	M2029	222	Jack MCLAY	23:49	4:07	
19	4/11	M5059	176	Neil SADOWNIK	23:50	4:07	
20	4/7	M2029	216	Aidan COOPER	24:00	4:09	
21	7/10	M3039	162	Logan PURDY	24:05	4:10	
22	6/21	M4049	149	Curtis MACK	24:05	4:10	
23	1/11	F4049	136	Kathryn DURELL	24:12	4:11	
24	2/11	F4049	187	Kathryn KINDRAT	24:15	4:11	
25	5/11	M5059	127	Darren DEVEAU	24:38	4:15	
26	6/11	M5059	148	A. J. RANKEL	24:38	4:15	
27	7/21	M4049	215	Graham ROGERS	24:51	4:18	
28	7/11	M5059	191	Ian MANN	25:20	4:23	
29	3/11	F4049	143	Julie VIZBAR	25:33	4:25	
30	4/11	F4049	185	Teri MUHLBEIER	25:51	4:28	
31	8/21	M4049	175	Michael STIMAC	26:01	4:30	
32	2/11	M6069	133	Joseph MANN	26:11	4:31	
33	1/3	F2029	190	Elani BYKOWSKI	26:17	4:32	
34	1/10	F3039	151	Jessie BROWN	26:28	4:34	
35	5/7	M2029	163	Ethan SADOWNIK	26:47	4:37	
36	3/11	M6069	183	Mike Da Hammer WALKER	26:49	4:38	
37	4/11	M6069	128	Walter ROGERS	26:53	4:39	
38	9/21	M4049	169	Daniel TRISKA	27:00	4:40	
39	6/7	M2029	204	Revan MACQUEEN	27:02	4:40	
40	8/10	M3039	214	Vincent SAUER	27:07	4:41	
41	1/3	F6069	124	Claudette AUGERT	27:10	4:41	
42	2/3	F2029	138	Riley MEISTER	27:18	4:43	

43	2/10	F3039	195	Jadene WHITE	27:28	4:44
44	3/10	F3039	139	Rebecca JOHNSON	27:39	4:46
45	4/10	F3039	141	Sarah MEISTER	27:41	4:47
46	1/3	M1115	142	Brady VIZBAR	27:56	4:49
47	10/21	M4049	126	Ricardo Rodrige BRAY	28:06	4:51
48	1/2	M0110	188	Max GARBE	28:10	4:52
49	11/21	M4049	189	Mel GARBE	28:11	4:52
50	8/11	M5059	164	Spencer PROCTOR	28:12	4:52
51	12/21	M4049	165	Ken RISTAU	28:17	4:53
52	2/3	M1115	209	Theodore KUNITZ	28:23	4:54
53	7/7	M2029	125	Preston BRUENS	28:23	4:54
54	13/21	M4049	174	Kevin WIPF	28:25	4:54
55	3/3	M1115	120	Zachary HAPONIUK	28:25	4:54
56	5/11	F4049	156	Gloria Elisabet HERNANDEZ DURAN	28:49	4:59
57	5/10	F3039	153	Alyssa DREBIT	29:06	5:01
58	5/11	M6069	196	Gerald ZUREK	29:10	5:02
59	6/11	F4049	171	Jamie STRAKER	29:24	5:05
60	6/10	F3039	205	Melanie DEVRIES	30:07	5:12
61	7/10	F3039	207	Pamela FREEMAN	30:33	5:16
62	6/11	M6069	154	Gerry BELANGER	30:35	5:17
63	1/2	F1115	155	Lua PEREZ HERNANDEZ	30:52	5:20
64	1/4	M70+	118	Stefan FEKNER	31:01	5:21
65	7/11	F4049	201	Miriam PAYNE	31:05	5:22
66	1/3	F5059	213	Michelle ANDERSON	31:20	5:25
67	14/21	M4049	146	Marc DOWDELL	31:37	5:28
68	8/11	F4049	168	Celene WINTERTON	31:50	5:30
69	2/3	F5059	170	Cathy GIRARD	31:50	5:30
70	8/10	F3039	173	Jennifer SODERBERG	32:06	5:32
71	3/3	F5059	131	Michelle KOSHKKA	32:13	5:34
72	7/11	M6069	122	Bob LARGE	32:14	5:34
73	9/10	M3039	177	Nicholas FEDORS	32:21	5:35
74	15/21	M4049	221	Brian WONG	32:23	5:35
75	2/4	M70+	134	Gary BURKE	32:34	5:37
76	16/21	M4049	179	James ACHESON	34:03	5:53
77	2/2	M0110	180	Weston ACHESON	34:04	5:53
78	9/11	F4049	182	Lindsey GRAHAM	34:04	5:53
79	8/11	M6069	129	Brian NELSON	34:07	5:53
80	9/10	F3039	184	Taylor WALKER	34:46	6:00
81	17/21	M4049	181	Michael SHEEHAN	34:53	6:01
82	10/11	F4049	210	Michelle LACK	35:06	6:04
83	9/11	M6069	152	Jerry CANDLISH	35:23	6:06
84	9/11	M5059	157	Darin BANACK	35:35	6:09
85	18/21	M4049	166	David WOOD	36:35	6:19
86	19/21	M4049	198	Peter CHOW	36:36	6:19
87	2/2	F1115	167	Taylor WOOD	36:52	6:22
88	3/3	F2029	206	Jenna WOWNDZIA	36:53	6:22
89	3/4	M70+	178	neil FARRELL	37:50	6:32
90	10/11	M5059	197	Ravi PRITHIPAUL	39:17	6:47
91	4/4	M70+	144	Peter MILNE	39:34	6:50
92	11/11	F4049	158	Deb KERSHAW	39:50	6:53
93	10/11	M6069	145	David ROBIN	40:03	6:55
94	2/3	F6069	208	Christine KUPILIK	40:15	6:57
95	20/21	M4049	202	Bernard ASQUIN	42:10	7:17
96	21/21	M4049	218	Brian MARK	42:12	7:17
97	10/10	F3039	219	Kayla POWER	44:57	7:45
98	11/11	M5059	199	Jim BACHINSKI	45:59	7:56

99	3/3	F6069	212 Anita MYERS
100	10/10	M3039	220 Ryan KHAN
101	11/11	M6069	121 Alan SHAW

46:00	7:56
51:29	8:53
53:35	9:15

