

360 Fitness
5km Run
Sherwood Park, AB
September 21st, 2024

Timing by Results Canada Race Management - www.moderntimingsolutions.com

Category: Boys 10 & under

| Place | Numb | Name | Time | Pace |
|-------|-------|-------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |

Category: Boys 11-15

| Place | Numb | Name | Time | Pace |
|-------|-------|--------------|---------|-------|
| ===== | ===== | ===== | ===== | ===== |
| 1 | 48 | Marcus HALFE | 53:43 | 7:28 |
| 2 | 50 | Liam JACKSON | 1:08:58 | 9:35 |

Category: Boys 16-19

| Place | Numb | Name | Time | Pace |
|-------|-------|-------------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |
| 1 | 22 | Logan BLEAU | 29:53 | 4:09 |

Category: Men 20-29

| Place | Numb | Name | Time | Pace |
|-------|-------|--------------|---------|-------|
| ===== | ===== | ===== | ===== | ===== |
| 1 | 42 | Robert WEEKS | 31:56 | 4:27 |
| 2 | 44 | Devon STONE | 1:00:38 | 8:26 |

Category: Men 30-39

| Place | Numb | Name | Time | Pace |
|-------|-------|-------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |

Category: Men 40-49

| Place | Numb | Name | Time | Pace |
|-------|-------|-------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |

Category: Men 50-59

| Place | Numb | Name | Time | Pace |
|-------|-------|----------------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |
| 1 | 20 | Dave HEPPNER | 38:13 | 5:19 |
| 2 | 40 | Mark MONTPEFIT | 38:20 | 5:20 |

3 45 Kurt SEREDYNSKI 1:03:58 8:53

Category: Men 60-69

| Place | Numb | Name | Time | Pace |
|-------|------|-----------|-------|-------|
| ==== | ==== | ===== | ===== | ===== |
| 1 | 35 | John SIMS | 42:39 | 5:56 |

Category: Men 70 & over

| Place | Numb | Name | Time | Pace |
|-------|------|-------|-------|-------|
| ==== | ==== | ===== | ===== | ===== |

Category: Women 10 & under

| Place | Numb | Name | Time | Pace |
|-------|------|----------------|---------|-------|
| ==== | ==== | ===== | ===== | ===== |
| 1 | 49 | Lilith JACKSON | 1:47:11 | 14:54 |

Category: Women 11-15

| Place | Numb | Name | Time | Pace |
|-------|------|---------------|-------|-------|
| ==== | ==== | ===== | ===== | ===== |
| 1 | 25 | Samara HILTON | 37:20 | 5:12 |
| 2 | 27 | Jaylie JENSEN | 42:47 | 5:57 |
| 3 | 36 | Cali RUSNAK | 56:47 | 7:54 |

Category: Women 16-19

| Place | Numb | Name | Time | Pace |
|-------|------|-------|-------|-------|
| ==== | ==== | ===== | ===== | ===== |

Category: Women 20-29

| Place | Numb | Name | Time | Pace |
|-------|------|-------------------|-------|-------|
| ==== | ==== | ===== | ===== | ===== |
| 1 | 33 | Natalie HAAK | 37:28 | 5:13 |
| 2 | 31 | Kalyn LEATHERDALE | 56:19 | 7:50 |

Category: Women 30-39

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------|---------|-------|
| ==== | ==== | ===== | ===== | ===== |
| 1 | 29 | Christine WUEST | 37:13 | 5:11 |
| 2 | 47 | Rhonda HALFE | 53:47 | 7:29 |
| 3 | 18 | Sarah JACKSON | 1:47:12 | 14:54 |

Category: Women 40-49

| Place | Numb | Name | Time | Pace |
|-------|------|----------------|-------|------|
| 1 | 24 | Celeste HILTON | 38:44 | 5:23 |
| 2 | 26 | Sharon TRAVNIK | 38:54 | 5:25 |
| 3 | 28 | Michelle STONE | 43:14 | 6:01 |
| 4 | 23 | Sharon BLEAU | 45:28 | 6:19 |
| 5 | 37 | Connie HAMELIN | 56:22 | 7:50 |

 Category: Women 50-59

| Place | Numb | Name | Time | Pace |
|-------|------|-------------------|---------|------|
| 1 | 19 | Jennifer MARLER | 37:30 | 5:13 |
| 2 | 34 | Colleen SIMS | 42:40 | 5:56 |
| 3 | 43 | Donna SUESS | 50:29 | 7:01 |
| 4 | 30 | Kirsten TWIST | 54:52 | 7:38 |
| 5 | 32 | Beth LEATHERDALE | 56:25 | 7:50 |
| 6 | 46 | Muilan SEREDYNSKI | 1:03:57 | 8:53 |

 Category: Women 60-69

| Place | Numb | Name | Time | Pace |
|-------|------|-----------------|---------|-------|
| 1 | 41 | Kate SCHLACHTER | 1:02:52 | 8:44 |
| 2 | 17 | Diane JACKSON | 1:47:06 | 14:53 |

 Category: Women 70 & over

| Place | Numb | Name | Time | Pace |
|-------|-------|-------|-------|-------|
| ===== | ===== | ===== | ===== | ===== |

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