

First Responder's  
Half Marathon Calgary  
Calgary, AB  
October 20th, 2024

10km Age Group Results

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AGE GROUP: Women 19 & under

Place	Name	City	Time	Pace
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AGE GROUP: Women 20-29

Place	Name	City	Time	Pace
1	Jaden VIEVEEN	Ottawa	45:15	4:32
2	Hannah THROCKMORTON	Calgary	47:39	4:46
3	Dana ROBERTSON	Calgary	51:06	5:07
4	Jaime CZARKOWSKI	Calgary	52:02	5:13
5	Danae MCCULLOCH	Canmore	55:14	5:32
6	Sabriya HALFORD	Calgary	55:26	5:33
7	Fernanda FERNANDES	Sao Paulo	55:42	5:35
8	Amy UKRAINETZ	Calgary	56:10	5:37
9	Rayelle SMITH	Medicine Hat	56:22	5:39
10	Lena OSTGAARD	Oslo	58:22	5:51
11	Jacqueline DEVILLER	St. Albert	58:58	5:54
12	Falyn MCLAUGHLIN	Foremost	59:08	5:55
13	Chelsea AIKENS	High River	1:04:39	6:28
14	Jennifer CHAN	Calgary	1:05:07	6:31
15	Victoria MILLER	Calgary	1:08:10	6:49
16	Madlaina GUETG	Calgary	1:08:58	6:54
17	Karina VERESS	Calgary	1:09:26	6:57
18	Sophia BLUMENTHAL	Calgary	1:11:13	7:08
19	Nanda HARINDRANATH	Edmonton	1:13:54	7:24
20	Samantha SMITH	Calgary	1:13:59	7:24
21	Janeell TAYLOR	Calgary	1:14:02	7:25
22	Selena ATKINS	Innisfail	1:14:51	7:30
23	Jordan HAYCOCK	Calgary	1:17:10	7:43
24	Allison MCPHERSON	New Norway	1:22:27	8:15
25	Erin KAY	St. Albert	1:30:21	9:03

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AGE GROUP: Women 30-39

Place	Name	City	Time	Pace
1	Lauren BARR	Calgary	38:05	3:49
2	Megan KOZAK	Cochrane	49:13	4:56
3	Serena SAUNDERS NATOLOCHNY	Calgary	52:00	5:12
4	REBECCA REGNER	Penhold	54:43	5:29

5	Heather FARRELL	Calgary	55:07	5:31
6	Julia MADILL	Calgary	55:11	5:32
7	Caitlin KRYSCHUK	Calgary	55:32	5:34
8	Maria MOROZ	Calgary	56:07	5:37
9	Denae DELCOURT	Calgary	56:36	5:40
10	Simone FOSTER	Calgary	56:40	5:40
11	Daryl WISE	Calgary	56:44	5:41
12	Emily PAIEMENT	Calgary	57:23	5:45
13	Whitney DAWSON	Calgary	58:08	5:49
14	Anika SWART	Calgary	1:00:22	6:03
15	Ashley RANCOURT	Calgary	1:00:35	6:04
16	Heather DYCK	Sherwood Park	1:01:16	6:08
17	Karina SOEGAARD	Gentofte	1:02:20	6:14
18	Jennifer DIACZUN	Calgary	1:03:33	6:22
19	Rachel PRICE	Coaldale	1:05:20	6:32
20	Linnet ZAMUDIO LANKASTEE	Calgary	1:05:23	6:33
21	Marni MCCONNACH	Cochrane	1:05:37	6:34
22	Kayla DUBOWSKI	Windsor	1:05:52	6:36
23	Yevheniia DOBROVOLSKA	Calgary	1:05:52	6:36
24	Rosalyn JOHNSON	Calgary	1:05:52	6:36
25	Sabrina NAULT	Edmonton	1:06:39	6:40
26	Amanda BEAN	Airdrie	1:08:11	6:50
27	Carolyn-Ann ROBINSON	Calgary	1:08:25	6:51
28	Emma GIBBONS	Calgary	1:08:36	6:52
29	Cici LIANG	Calgary Ab	1:09:01	6:55
30	Emily KOZAK	Magrath	1:10:16	7:02
31	Jana YOUNG	Calgary	1:10:18	7:02
32	Bethany SIMPSON	Okotoks	1:11:38	7:10
33	Sarah RUSZCZAK	Calgary	1:11:59	7:12
34	Cassidy BURGESS	Cherry Grove	1:12:37	7:16
35	Christa-lee COOPER	Airdrie	1:13:26	7:21
36	Jessica D'ANGELO	Calgary	1:14:09	7:25
37	Lieroneth SANARES	Calgary	1:15:02	7:31
38	Anjelica WEBB	Plamondon	1:16:18	7:38
39	Devona CRNKOVIC	Calgary	1:16:32	7:40
40	Constance TILLER	Sherwood Park	1:16:55	7:42
41	Ashley JOHNSTON	Beaumont	1:16:57	7:42
42	Jessi CHAN	Edmonton	1:16:57	7:42
43	Sarah LI	Calgary	1:29:07	8:55

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AGE GROUP: Women 40-49

Place	Name	City	Time	Pace
1	Cynthia ASHE	Airdrie	49:48	4:59
2	Meredith LAWLOR-ANGEL	Calgary	56:55	5:42
3	Ivone WARDELL	Calgary	57:23	5:45
4	Cheryl MISKOLCZI	Calgary	59:21	5:57
5	Shelsea MALIN	Calgary	59:27	5:57
6	Dalyce REID-PAYNE	Calgary	1:01:10	6:07
7	Sarah KETCHESON	Calgary	1:03:08	6:19
8	Lara SOUKOREFF	Calgary	1:03:08	6:19
9	Gilly ROSEN	Ossining	1:03:58	6:24
10	Kelly CUNNINGTON	Southeast Calgary	1:04:21	6:27

11	Stephanie ROY	Langdon	1:04:39	6:28
12	Melissa PLANGER	Taber	1:05:19	6:32
13	Amanda RAVOY	Raymond	1:05:36	6:34
14	Julie RAE	Calgary	1:07:34	6:46
15	Tiffany MCGREGOR	Black Diamond	1:07:51	6:48
16	Marie-Andr e BERGERON	Calgary	1:08:35	6:52
17	Marie-Lyne DUBOIS	Plessisville	1:08:36	6:52
18	Gabrielle LABBE		1:08:36	6:52
19	Jasmin KEMPER	Cheltenham	1:10:37	7:04
20	Audra KANSKI	Calgary	1:12:03	7:13
21	Kim JENSEN	Wheatland County	1:12:56	7:18
22	Jennifer O'HARE	Calgary	1:13:12	7:20
23	Joy SLESSOR	High River	1:13:48	7:23
24	Angie MASON	Calgary	1:14:51	7:30
25	GRACE SALDUA	Spruce Grove	1:26:52	8:42
26	Chelsie PIKE-STURGE	Lacombe	1:36:27	9:39

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AGE GROUP: Women 50-59

Place	Name	City	Time	Pace
1	Karen LAWLOR-ANGEL	Calgary	51:13	5:08
2	Barb HOLLER	Calgary	53:01	5:19
3	Catherine PEIRCE	Thorsby	53:57	5:24
4	Carrie SCAMMELL	Boyle	58:56	5:54
5	Margo CROOKS	Calgary	1:06:03	6:37
6	Josee DESMEULES	Calgary	1:08:56	6:54
7	Nicola CLARKE	Uley	1:10:37	7:04
8	Lynn HARQUAIL	Calgary	1:11:59	7:12
9	Tammy REICH	Stony Plain	1:13:32	7:22

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AGE GROUP: Women 60-69

Place	Name	City	Time	Pace
1	Lorraine SHUMLICH	Calgary	57:58	5:48
2	Daralyn THIELEN	Jaffray	59:24	5:57
3	Margaret MACVICAR	Calgary	1:02:06	6:13
4	Katherine ROMANAK	Austin	1:18:37	7:52

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AGE GROUP: Women 70 & Over

Place	Name	City	Time	Pace
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AGE GROUP: Men 19 & under

Place	Name	City	Time	Pace
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1	Roran REMPEL	Calgary	52:59	5:18
2	Balam PASILLAS	Calgary	57:55	5:48

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AGE GROUP: Men 20-29

Place	Name	City	Time	Pace
1	Jared POOLE	Ottawa	36:33	3:40
2	Leo LAHUE	Calgary	37:56	3:48
3	Abhi MITTU	Calgary	43:57	4:24
4	Dan GALLANT	Leduc	47:30	4:45
5	Connor SCAMMELL	Boyle	49:17	4:56
6	Aleksa STANIC	Calgary	51:43	5:11
7	Eric BOTI	Airdrie	51:48	5:11
8	Connor MOYNIHAN	Calgary	51:54	5:12
9	Bryant JOUDRIE	Calgary	52:52	5:18
10	Ewan HUMPHRYS	Calgary	53:22	5:21
11	Justin MACK	Calgary	58:49	5:53
12	Noah VESPA	Calgary	1:11:12	7:08
13	Landon BEAGLE	Calgary	1:22:25	8:15
14	Aidan VAN WALLEGHEM		1:29:00	8:54
15	Braeden STEWART		1:29:02	8:55
16	Thouhidur RAHAMAN	Edmonton	1:43:43	10:23

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AGE GROUP: Men 30-39

Place	Name	City	Time	Pace
1	Theodore FRANCIS	Jasper	42:19	4:14
2	Tyrin HUTCHINGS	Calgary	42:50	4:17
3	Roger PIKE	Calgary	44:23	4:27
4	Raphael BUERGI	Didsbury	49:08	4:55
5	Marcus WATT	Calgary	51:30	5:09
6	Brett ADAMS	Calgary	51:48	5:11
7	Evan KELMAN	Okotoks	54:16	5:26
8	Ryan MARTENS	Sundre	54:31	5:28
9	Niall HEFFERNAN	Canmore	54:39	5:28
10	Jeremy DEMAN	Calgary	57:52	5:48
11	Indy SIDHU	Calgary	58:32	5:52
12	Jeremy BENNETT	Calgary	58:54	5:54
13	Geoffrey PAIEMENT	Calgary	1:02:41	6:16
14	Daniel MAH	Calgary	1:03:53	6:24
15	Brendan COLLINS	Cold Lake	1:05:38	6:34
16	diego GALEANO	Calgary	1:08:12	6:50
17	Joshua SHOLTZ	Calgary	1:08:12	6:50
18	MICHAEL JUKIC	Calgary	1:08:51	6:54
19	Bays SHUGE	Calgary	1:21:02	8:07

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AGE GROUP: Men 40-49

Place	Name	City	Time	Pace
1	Jason SCRATCH	Calgary	45:40	4:34
2	Ben HARRISON	Calgary	48:07	4:49
3	Jon PATON	Calgary	50:14	5:02
4	Bradley MACDONALD	Calgary	51:44	5:11
5	Daniel REMPEL	Calgary	52:58	5:18
6	Brent BOARDMAN	Calgary	54:56	5:30
7	Chris DAWSON	Calgary	55:26	5:33
8	Dean DOCKERILL	Airdrie	58:40	5:52
9	Matt GAETZ	Airdrie	58:54	5:54
10	Johnathan STEFAN	Airdrie	1:06:56	6:42
11	Samuel CABRERA	Calgary	1:08:06	6:49
12	Khalid IBN HASSAN	Edmonton	1:27:12	8:44
13	Kris YOUNG	Calgary	1:27:19	8:44

AGE GROUP: Men 50-59

Place	Name	City	Time	Pace
1	Peter VESIVALO	Calgary	48:15	4:50
2	Jeff SCAMMELL	Boyle	49:22	4:57
3	Paulo DAMBACHER	Calgary	50:15	5:02
4	Simon OBRIEN	Calgary	52:37	5:16
5	Marco PENGUE	Calgary	53:13	5:20
6	Tim CHIDLAW	Calgary	54:31	5:28
7	Paul SELLARS	Calgary	54:58	5:30
8	Scott HAGGARTY	Airdrie	58:39	5:52
9	Mark JONES	Calgary	58:57	5:54
10	Paul BOUCHER	Calgary	59:24	5:57
11	Derek MCKENZIE	Calgary	1:00:05	6:01
12	Juho LIPPONEN	Paris	1:01:17	6:08
13	Sarder AZAD	Edmonton	1:04:20	6:26
14	Matthias RAAB	Diamond Creek	1:10:12	7:02
15	Jorge BERMUDEZ	Calgary	1:18:45	7:53

AGE GROUP: Men 60-69

Place	Name	City	Time	Pace
1	Joe SOBOCHAN	Calgary	49:49	4:59
2	Dave ORR	Calgary	53:48	5:23
3	Ataur RAHMAN	Edmonton	58:25	5:51
4	Greg SMITH	Medicine Hat	59:57	6:00
5	Donald STECKLER	Calgary	1:02:13	6:14
6	Paramjit Sin GREWAL	Calgary	1:04:30	6:27
7	Ken RULLER	Calgary	1:28:54	8:54

AGE GROUP: Men 70 & Over

Place Name City Time Pace

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