

First Responder's
Half Marathon Calgary
Calgary, AB
October 20th, 2024

5KM Age Group Results

AGE GROUP: Women 19 & under

Place	Name	City	Time	Pace
1	RYLIE ROMANO	Calgary	29:04	5:49
2	Grace SHIPLEY	Calgary	29:50	5:58
3	Paige FLOYD	Calgary	30:22	6:05
4	Sarah UKRAINETZ	Calgary	35:11	7:03
5	Presley ERIKSEN	Calgary	44:45	8:57

AGE GROUP: Women 20-29

Place	Name	City	Time	Pace
1	Tanis SUDLOW	Calgary	24:58	5:00
2	Tara SUDLOW	Calgary	29:01	5:49
3	Yuliia TKACHENKO	Calgary	29:07	5:50
4	Miranda HOBBS	Calgary	29:51	5:59
5	Kirsten MCCULLOCH	Canmore	30:51	6:11
6	Lauren PASKALL	Calgary	32:17	6:28
7	Roanne Faye PATOC	Calgary	38:50	7:46
8	Raina POITRAS	Calgary	39:19	7:52
9	Maddison TOPPE	Calgary	41:24	8:17
10	Sarah CARR	Edmonton	44:03	8:49

AGE GROUP: Women 30-39

Place	Name	City	Time	Pace
1	Lisa TANNAHILL	Calgary	25:20	5:04
2	Jessica SHEPHERD	Lomond	26:48	5:22
3	Lynsey ROMANO	Airdrie	29:03	5:49
4	Annika SUDLOW	Sylvan Lake	29:04	5:49
5	Vanessa CANNON DAVIDSON	Calgary	29:38	5:56
6	SHARMANE TOM	Edmonton	30:14	6:03
7	Marian MARTINEZ	Calgary	30:39	6:08
8	Courtney SEHN	Calgary	31:52	6:23
9	Samantha DANIELS	Calgary	34:52	6:59
10	Katherine KEARNEY	Canmore	35:19	7:04
11	Lisa KINJO	Calgary	35:34	7:07
12	Jessica COMEAU	Calgary	35:40	7:08
13	Laura BENT	Calgary	36:34	7:19

14	Emily LOGAN	Chestermere	37:16	7:28
15	Carolyn WARD	High River	37:19	7:28
16	Renee BRADSHAW	Calgary	39:07	7:50
17	Meghara BITTORF	Red Deer	39:32	7:55
18	Keri REMPEL	Calgary	39:34	7:55
19	Jenn GOULD	St Albert	40:45	8:09
20	Shelby NICKLESS	Calgary	42:16	8:28
21	Khojesta AMIRI	Airdrie	49:27	9:54

AGE GROUP: Women 40-49

Place Name	City	Time	Pace
1	Bre GUSTAFSON	Calgary	24:17 4:52
2	Sarah HOWELL	Calgary	27:19 5:28
3	Diana HUDON	Calgary	30:30 6:06
4	Maya GROVER	Calgary	30:52 6:11
5	Amanda RAMPERSAUD	Calgary	35:22 7:05
6	Jennifer NEIL	Calgary	38:30 7:42
7	Shannon COON	St Albert	41:25 8:17
8	alex BOYKO	Leduc	44:34 8:55
9	Chantal NICE	Rocky View	56:11 11:15
10	Cathy MANTEN	Calgary	56:13 11:15

AGE GROUP: Women 50-59

Place Name	City	Time	Pace
1	Sabina FLOYD	Calgary	28:39 5:44
2	Rebecca POITRAS	Calgary	39:22 7:53

AGE GROUP: Women 60-69

Place Name	City	Time	Pace
1	Ingrid SUDLOW	Calgary	26:55 5:23
2	Nicole WILSON	Calgary	28:54 5:47
3	Katherine MCCULLOCH	Canmore	33:49 6:46
4	Colleen MOYNIHAN	Calgary	35:35 7:07
5	Laurie BREWSTER	Calgary	37:03 7:25
6	Victoria MARCHAND	Calgary	43:47 8:46

AGE GROUP: Women 70 & Over

Place Name	City	Time	Pace
1	Sandra KING	Bragg Creek	35:23 7:05

AGE GROUP: Men 19 & under

Place Name	City	Time	Pace
1 Adam BALABAN	Calgary	20:46	4:10
2 Mukhit AKIMZHANOV		28:27	5:42
3 Keaton ERIKSEN	Calgary	31:10	6:14
4 Mathieu CABRERA	Calgary	38:50	7:46

AGE GROUP: Men 20-29

Place Name	City	Time	Pace
1 Mark FITZOWICH	Calgary	18:56	3:48
2 Kieran SUDLOW	Calgary	21:10	4:14
3 Aaron MERRIFIELD	Calgary	28:57	5:48
4 Tyler LEDWOS	Calgary	29:02	5:49

AGE GROUP: Men 30-39

Place Name	City	Time	Pace
1 Unknown RUNNER	Calgary	5:14	1:03
2 Ethan TWETEN	Calgary	20:27	4:06
3 Conrad NIXON	Calgary	21:59	4:24
4 Paul ROMANO	Airdrie	23:22	4:41
5 Tyler VEINOT	Edmonton	27:05	5:25
6 SRDAN ARSENOVIC	Edmonton	30:14	6:03
7 Josh WOODS	Calgary	33:22	6:41
8 Nelson OSSA	Calgary	41:27	8:18
9 Unknown ATHLETE	Calgary	55:12	11:03

AGE GROUP: Men 40-49

Place Name	City	Time	Pace
1 Evgeni KLIUKIN	Edmonton	21:12	4:15
2 Ian HETHERINGTON	Okotoks	23:38	4:44
3 Jeremy LEPRIEUR	Calgary	24:46	4:58
4 Shaw KINJO	Calgary	35:35	7:07
5 Josh MARTIN	Calgary	39:00	7:48
6 Mark ERIKSEN	Calgary	46:58	9:24

AGE GROUP: Men 50-59

Place Name	City	Time	Pace
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1	Jeff FLOYD	Calgary	28:37	5:44
2	Dan BALABAN	Calgary	33:39	6:44

AGE GROUP: Men 60-69

Place	Name	City	Time	Pace
1	Jim PARKER	Calgary	25:32	5:07
2	David MISMAS	Calgary	28:57	5:48
3	Paul MOYNIHAN	Calgary	29:38	5:56
4	Brent MARCHAND	Calgary	33:31	6:42
5	Larry SHUMLICH	Calgary	34:54	6:59

AGE GROUP: Men 70 & Over

Place	Name	City	Time	Pace
1	Tom ERIKSEN	Calgary	36:08	7:14
2	Michael SMITH	Davidson	41:59	8:24

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