

The Joint PT Presents  
41st Annual St.Albert Road Race  
St. Albert, AB  
04/19/26

5KM Age Group Results

-----  
AGE GROUP: Women 18 & Under

| Place | Name                  | City            | Finish | Pace |
|-------|-----------------------|-----------------|--------|------|
| 1     | Lua PEREZ             | Beaumont        | 24:11  | 4:51 |
| 2     | Brechan KENNEDY       | St. Albert      | 24:47  | 4:58 |
| 3     | Kenadi JOHNSON        | Sturgeon County | 26:51  | 5:23 |
| 4     | Tara FORD             | St. Albert      | 30:01  | 6:01 |
| 5     | Anita FORD            | St. Albert      | 32:44  | 6:33 |
| 6     | Rena WANG             | Edmonton        | 33:01  | 6:36 |
| 7     | Margot GLENNIE        | St. Albert      | 33:36  | 6:44 |
| 8     | Isla WALKOM           | Spruce Grove    | 34:52  | 6:59 |
| 9     | Luanda LEMENHE        | Edmonton        | 39:38  | 7:56 |
| 10    | Aline-Angèl CHE-QUANG | St-Albert       | 42:52  | 8:35 |

-----  
AGE GROUP: Women 19-24

| Place | Name                | City       | Finish | Pace |
|-------|---------------------|------------|--------|------|
| 1     | Christiane BILODEAU | St. Albert | 20:34  | 4:07 |
| 2     | Sienna MCEACHERN    | St. Albert | 28:28  | 5:42 |
| 3     | Ryan VAN UNEN       | Edmonton   | 31:52  | 6:23 |
| 4     | Jade ISAAC          | Westlock   | 35:14  | 7:03 |
| 5     | Izabella LUPIEN     | St. Albert | 36:07  | 7:14 |
| 6     | Anke JACOBS         | St. Albert | 36:07  | 7:14 |
| 7     | Hannah CHINN        | St. Albert | 36:08  | 7:14 |
| 8     | Jacey WEIR          | Edmonton   | 38:17  | 7:40 |
| 9     | Maira IMPORTANTE    | Edmonton   | 38:55  | 7:47 |

-----  
AGE GROUP: Women 25-29

| Place | Name            | City              | Finish | Pace |
|-------|-----------------|-------------------|--------|------|
| 1     | Chanel HAMILTON | Parkland County   | 23:15  | 4:39 |
| 2     | Laura PARISH    | Beaumont          | 31:13  | 6:15 |
| 3     | Ivory FOURNIER  | Edmonton          | 33:17  | 6:40 |
| 4     | Hayley COMBDEN  | Fort Saskatchewan | 34:15  | 6:51 |
| 5     | Hailey REMPEL   | Sherwood Park     | 36:33  | 7:19 |
| 6     | Tia SCHRAM      | Bruderheim        | 37:24  | 7:29 |

-----

## AGE GROUP: Women 30-34

| Place | Name                        | City              | Finish | Pace |
|-------|-----------------------------|-------------------|--------|------|
| 1     | Ashley MCPHERSON            | Edmonton          | 24:07  | 4:50 |
| 2     | Stéphanie BLOUIN            | Fort Saskatchewan | 24:39  | 4:56 |
| 3     | Miriah MULLANEY-TORDOFF     | Sturgeon County   | 26:51  | 5:23 |
| 4     | Bryanne LUKAWITSKI          | St. Albert        | 29:27  | 5:54 |
| 5     | Kathryn DAWLEY              | Fort McMurray     | 30:08  | 6:02 |
| 6     | Carmen GAL                  | Sherwood Park     | 31:59  | 6:24 |
| 7     | Rosalie TREMBLAY-CHARLEBOIS | Edmonton          | 33:40  | 6:44 |
| 8     | Hayley FORBES               | St. Albert        | 34:31  | 6:55 |
| 9     | Jannah NADEAU               | Slave Lake        | 40:21  | 8:05 |
| 10    | Ruta RINGAITIS              | St. Albert        | 40:43  | 8:09 |

## AGE GROUP: Women 35-39

| Place | Name                       | City       | Finish | Pace  |
|-------|----------------------------|------------|--------|-------|
| 1     | Jessica MCBRIDE            | St. Albert | 21:13  | 4:15  |
| 2     | Kennedy LOENEN             |            | 24:26  | 4:54  |
| 3     | Jami FREDERICK             | Edmonton   | 26:37  | 5:20  |
| 4     | Melissa BARON              | Edmonton   | 27:04  | 5:25  |
| 5     | Atina CHE-QUANG            | St. Albert | 29:12  | 5:51  |
| 6     | Marie Noel NGATSING FEUHOM | Edmonton   | 29:25  | 5:53  |
| 7     | Ashley SYKES               | St Albert  | 30:57  | 6:12  |
| 8     | Jessica MANTILC            |            | 31:34  | 6:19  |
| 9     | Kelly TOBIN                | Edmonton   | 33:31  | 6:43  |
| 10    | Jessica SCHULZ             | St. Albert | 35:11  | 7:03  |
| 11    | Karlene LEVEILLE           | Morinville | 40:56  | 8:12  |
| 12    | Janice JORIZA              | Edmonton   | 42:46  | 8:34  |
| 13    | Lauren MCVEIGH             | Edmonton   | 43:03  | 8:37  |
| 14    | Jill CLYSDALE              | Edmonton   | 54:52  | 10:59 |

## AGE GROUP: Women 40-44

| Place | Name               | City              | Finish | Pace  |
|-------|--------------------|-------------------|--------|-------|
| 1     | Kristine OWEN WOOD | Edmonton          | 21:01  | 4:13  |
| 2     | Amanda ATWELL      | Edmonton          | 31:42  | 6:21  |
| 3     | Karin DAEHN        | Edmonton          | 32:50  | 6:34  |
| 4     | Lesley KROEKER     | St. Albert        | 33:55  | 6:47  |
| 5     | Sheena CANNON      | Fort Saskatchewan | 34:22  | 6:53  |
| 6     | Karyn WALKOM       | Spruce Grove      | 41:27  | 8:18  |
| 7     | Linsey DEMONTIGNY  | Fort Saskatchewan | 42:15  | 8:27  |
| 8     | Angie GOODMAN      | St. Albert        | 48:04  | 9:37  |
| 9     | Tamara ROWLAND     | St. Albert        | 52:15  | 10:27 |
| 10    | Caitlin MACLEAN    | Sherwood Park     | 52:16  | 10:28 |

AGE GROUP: Women 45-49

| Place | Name               | City            | Finish | Pace |
|-------|--------------------|-----------------|--------|------|
| 1     | Lindsay BILYK      | Ardrossan       | 24:42  | 4:57 |
| 2     | Elizabeth FERGUSON | Edmonton        | 29:45  | 5:57 |
| 3     | Sabrina SOUTAR     | St. Albert      | 37:14  | 7:27 |
| 4     | Tina PAWELKA       | Sturgeon County | 39:45  | 7:57 |

AGE GROUP: Women 50-54

| Place | Name              | City              | Finish | Pace  |
|-------|-------------------|-------------------|--------|-------|
| 1     | Monika BALLENTINE | Leduc             | 26:56  | 5:24  |
| 2     | Sherri MILLER     | Beaumont          | 28:43  | 5:45  |
| 3     | Jenny BROWN       | Edmonton          | 33:04  | 6:37  |
| 4     | Brandie FOSTER    | Strathcona County | 42:40  | 8:32  |
| 5     | Dawn ZOHAR-SHARPE | Edmonton          | 54:21  | 10:53 |

AGE GROUP: Women 55-59

| Place | Name            | City          | Finish | Pace |
|-------|-----------------|---------------|--------|------|
| 1     | Carole JOHNSTON | Sherwood Park | 46:08  | 9:14 |

AGE GROUP: Women 60-64

| Place | Name             | City       | Finish | Pace |
|-------|------------------|------------|--------|------|
| 1     | Charlotte HILL   | Gunn       | 28:06  | 5:38 |
| 2     | Lucille TOWNSEND | St. Paul   | 30:25  | 6:05 |
| 3     | Pina LUDWIG      | St. Albert | 35:11  | 7:03 |

AGE GROUP: Women 65-69

| Place | Name                | City       | Finish  | Pace  |
|-------|---------------------|------------|---------|-------|
| 1     | Deborah DIGIUSEPPE  | St. Albert | 27:54   | 5:35  |
| 2     | Barbara ZWIERKOWSKI | Fort Sask  | 1:01:56 | 12:24 |

AGE GROUP: Women 70-74

| Place | Name | City | Finish | Pace |
|-------|------|------|--------|------|
|-------|------|------|--------|------|

AGE GROUP: Women 75-79

| Place | Name         | City     | Finish  | Pace  |
|-------|--------------|----------|---------|-------|
| 1     | Kathy MURRIE | Edmonton | 1:00:20 | 12:04 |

AGE GROUP: Women 80-84

| Place | Name | City | Finish | Pace |
|-------|------|------|--------|------|
|-------|------|------|--------|------|

AGE GROUP: Women 85-89

| Place | Name | City | Finish | Pace |
|-------|------|------|--------|------|
|-------|------|------|--------|------|

AGE GROUP: Men 18 & Under

| Place | Name             | City            | Finish | Pace |
|-------|------------------|-----------------|--------|------|
| 1     | Rhys JONES       | St. Albert      | 17:40  | 3:32 |
| 2     | Zachary DEAN     | St. Albert      | 19:21  | 3:53 |
| 3     | Jett FENTON      | Spruce Grove    | 20:57  | 4:12 |
| 4     | James LEBLANC    | Leduc           | 21:37  | 4:20 |
| 5     | Graydon WATSON   | St. Albert      | 22:03  | 4:25 |
| 6     | Oliver DUBLANKO  | Edmonton        | 23:48  | 4:46 |
| 7     | Koby MARK        | Spruce Grove    | 25:17  | 5:04 |
| 8     | Berkley BILYK    | Ardrrossan      | 25:32  | 5:07 |
| 9     | Marc SAMANIEGO   | St. Albert      | 26:07  | 5:14 |
| 10    | Kabir SODHI      | St Albert       | 27:11  | 5:27 |
| 11    | Seth PAWELKA     | Sturgeon County | 28:38  | 5:44 |
| 12    | Weston WALKOM    | Spruce Grove    | 29:29  | 5:54 |
| 13    | Noah MARK        | St. Albert      | 29:37  | 5:56 |
| 14    | Henry GLENNIE    | St. Albert      | 32:38  | 6:32 |
| 15    | Andrew FONG      | Edmonton        | 39:38  | 7:56 |
| 16    | Amaury CHE-QUANG | St-Albert       | 44:34  | 8:55 |

AGE GROUP: Men 19-24

| Place | Name                 | City         | Finish | Pace |
|-------|----------------------|--------------|--------|------|
| 1     | Hunter THWAITES-GORE | Edmonton     | 17:28  | 3:30 |
| 2     | Leif POUCKET         | Spruce Grove | 18:00  | 3:36 |
| 3     | Kaitao HAN           | Edmonton     | 19:06  | 3:50 |
| 4     | Cooper WORTHMANN     | St. Albert   | 23:14  | 4:39 |
| 5     | Taylor DUFFY         | Stony Plain  | 24:02  | 4:49 |
| 6     | Andrew KERMODE       | Edmonton     | 26:24  | 5:17 |

|                  |            |       |      |
|------------------|------------|-------|------|
| 7 Daniel MERCADO | St. Albert | 28:28 | 5:42 |
| 8 Aaron KUHN     | Slave Lake | 40:21 | 8:05 |

-----  
 AGE GROUP: Men 25-29

| Place Name           | City       | Finish | Pace |
|----------------------|------------|--------|------|
| 1 Ron MACLEAN        | Edmonton   | 16:44  | 3:21 |
| 2 Alex ROUAULT       | Edmonton   | 22:20  | 4:28 |
| 3 Tristen ARMITAGE   | St. Albert | 24:59  | 5:00 |
| 4 Mislav SLIJEPCEVIC | Edmonton   | 26:31  | 5:19 |
| 5 Michael NOBREGA    | Edmonton   | 27:18  | 5:28 |
| 6 Maxime DUFOUR      | Edmonton   | 33:40  | 6:44 |

-----  
 AGE GROUP: Men 30-34

| Place Name      | City              | Finish | Pace |
|-----------------|-------------------|--------|------|
| 1 Emery MINDANA | St. Albert        | 19:48  | 3:58 |
| 2 Matt GRADIDGE | St. Albert        | 20:43  | 4:09 |
| 3 Eric FOURNIER | Edmonton          | 24:44  | 4:57 |
| 4 Zack BUSCH    | Fort Saskatchewan | 25:33  | 5:07 |
| 5 Samuel THOMAS | Edmonton          | 28:16  | 5:40 |

-----  
 AGE GROUP: Men 35-39

| Place Name        | City              | Finish | Pace |
|-------------------|-------------------|--------|------|
| 1 Thomas WILLIAMS | Edmonton          | 16:44  | 3:21 |
| 2 Brenden SIMONE  | Edmonton          | 17:55  | 3:35 |
| 3 Jason KUGLER    | Fort Saskatchewan | 18:09  | 3:38 |
| 4 Christian OSTER | Edmonton          | 23:08  | 4:38 |
| 5 Thomas OSTER    | Edmonton          | 27:59  | 5:36 |
| 6 Abebe ESSAYAS   | Northwest         | 31:44  | 6:21 |

-----  
 AGE GROUP: Men 40-44

| Place Name      | City       | Finish | Pace |
|-----------------|------------|--------|------|
| 1 Geoff TYRELL  | St. Albert | 25:42  | 5:09 |
| 2 Huy CHE-QUANG | St-Albert  | 42:53  | 8:35 |
| 3 Kirk GOODMAN  | St. Albert | 48:04  | 9:37 |

-----  
 AGE GROUP: Men 45-49

| Place Name | City | Finish | Pace |
|------------|------|--------|------|
|------------|------|--------|------|

|   |               |                 |       |      |
|---|---------------|-----------------|-------|------|
| 1 | Jamie PAWELKA | Sturgeon County | 28:44 | 5:45 |
| 2 | Brian MARK    | Spruce Grove    | 38:15 | 7:39 |
| 3 | Conan FORD    | St. Albert      | 43:06 | 8:38 |

AGE GROUP: Men 50-54

| Place | Name             | City       | Finish | Pace |
|-------|------------------|------------|--------|------|
| 1     | Bryan WATSON     | St. Albert | 25:27  | 5:06 |
| 2     | Michael FERGUSON | Edmonton   | 28:01  | 5:37 |
| 3     | John FLEMING     | Edmonton   | 41:08  | 8:14 |

AGE GROUP: Men 55-59

| Place | Name         | City              | Finish | Pace  |
|-------|--------------|-------------------|--------|-------|
| 1     | Tony FOSTER  | Strathcona County | 36:07  | 7:14  |
| 2     | Brent SHARPE | Edmonton          | 54:20  | 10:52 |

AGE GROUP: Men 60-64

| Place | Name        | City     | Finish | Pace |
|-------|-------------|----------|--------|------|
| 1     | dan LEBLANC | Edmonton | 31:06  | 6:14 |

AGE GROUP: Men 65-69

| Place | Name            | City       | Finish | Pace |
|-------|-----------------|------------|--------|------|
| 1     | Kevin BEAUCHAMP | St. Albert | 33:16  | 6:40 |

AGE GROUP: Men 70-74

| Place | Name           | City     | Finish | Pace |
|-------|----------------|----------|--------|------|
| 1     | Garry TOWNSEND | St. Paul | 29:37  | 5:56 |

AGE GROUP: Men 75-79

| Place | Name     | City         | Finish | Pace |
|-------|----------|--------------|--------|------|
| 1     | Ken MARK | Spruce Grove | 44:38  | 8:56 |

-----  
AGE GROUP: Men 80-84

| Place | Name  | City  | Finish | Pace  |
|-------|-------|-------|--------|-------|
| ===== | ===== | ===== | =====  | ===== |

-----  
AGE GROUP: Men 85-89

| Place | Name  | City  | Finish | Pace  |
|-------|-------|-------|--------|-------|
| ===== | ===== | ===== | =====  | ===== |