Frank McNamara Spring Cross Country Series
Goldbar Park - Race #5
Edmonton, AB
5/13/26

Timing by Modern Timing Solutions - www.moderntimingsolutions.com

---
Category: Boys 10 & under

Place	Numb	Name	Time	Pace

Category: Boys 11-15

Place	Numb	Name	Time	Pace
1	120	Oliver CRISP	22:19	4:30
2	141	Theodore KUNITZ	22:35	4:33
3	186	Colden JUNEAU	25:20	5:06
4	185	Karl ISAAC	25:21	5:07
5	93	Myles HELM	25:50	5:12
6	189	Valentine FYLYSHTAN	26:13	5:17
7	184	Harvey ISAAC	26:43	5:23

Category: Boys 16-19

Place	Numb	Name	Time	Pace
1	98	Alex GUILLAUME	19:31	3:56
2	190	Enarson OS	25:45	5:11

Category: Men 20-29

Place	Numb	Name	Time	Pace
1	79	Jason USHKO	16:55	3:25
2	115	Genesis KAYEMBA-M	19:41	3:58
3	101	Jack MCLAY	22:31	4:32
4	155	Pearce TOAL	24:00	4:50
5	88	Ethan SADOWNIK	24:20	4:54
6	117	Dennis POLANSKY	26:33	5:21

Category: Men 30-39

Place	Numb	Name	Time	Pace
1	167	Matthew ASPDEN	19:12	3:52
2	170	Phil TINKA	19:24	3:55
3	132	Carson STOBBE	21:02	4:14
4	176	Anand MANN	23:33	4:45

5	181	Jonny WAKEFIELD	24:34	4:57
6	133	Matthew WHEATLEY	30:05	6:04

Category: Men 40-49

Place	Numb	Name	Time	Pace
1	107	Andrew SNOOK	17:27	3:31
2	90	Jord MCIVER	19:35	3:57
3	123	Kyle ANDERSON	20:11	4:04
4	82	Sergio PEREZ	20:30	4:08
5	151	David CRISP	20:43	4:10
6	94	Brian LOEHR	21:03	4:15
7	140	Rowan KUNITZ	21:07	4:15
8	143	Maciej GANCARCZYK	21:28	4:20
9	83	Ricardo RODRIGUEZ BRAY	22:07	4:27
10	165	Josh MARKLE	23:23	4:43
11	191	Mike BRUENS	34:50	7:01

Category: Men 50-59

Place	Numb	Name	Time	Pace
1	104	Dan VANSLOTEN	19:19	3:54
2	146	Darren DEVEAU	20:50	4:12
3	87	Neil SADOWNIK	20:53	4:12
4	162	Graham ROGERS	21:13	4:17
5	197	Michael STIMAC	21:45	4:23
6	194	Reza KHALILI	23:53	4:49
7	156	Stephen TOAL	24:28	4:56
8	134	Nathan FREED	24:28	4:56
9	109	Craig HART	24:43	4:59
10	92	Jeff HELM	25:49	5:12
11	193	Aidan COMEAU	27:13	5:29
12	108	Michel LAFRAMBOISE	28:31	5:45
13	130	Steve SEARLE	30:23	6:07

Category: Men 60-69

Place	Numb	Name	Time	Pace
1	85	Scott ROGERS	22:52	4:36
2	175	Joseph MANN	23:30	4:44
3	180	Gerry BELANGER	27:00	5:26
4	164	Andrew GILES	31:12	6:17
5	179	David ROBIN	44:58	9:03

Category: Men 70 & over

Place	Numb	Name	Time	Pace
1	195	Dwane KUNITZ	27:00	5:26

2	131	Gary BURKE	27:17	5:30
3	78	Bob LARGE	31:46	6:24
4	171	neil FARRELL	34:04	6:52
5	122	Peter MILNE	37:37	7:34

Category: Women 10 & under

Place	Numb	Name	Time	Pace

Category: Women 11-15

Place	Numb	Name	Time	Pace
1	168	Lauren SMITH	21:31	4:20
2	183	Blakley ISAAC	25:56	5:14
3	187	Brenna MASSE	26:43	5:23
4	139	Octavia KUNITZ	28:59	5:50
5	188	Brynn WINTER	30:16	6:06

Category: Women 16-19

Place	Numb	Name	Time	Pace
1	81	Lua PEREZ	25:33	5:09
2	177	Kate VANSLOTEN	32:54	6:38

Category: Women 20-29

Place	Numb	Name	Time	Pace
1	84	Daylin JORGENSEN	26:14	5:17
2	196	Alice VOISIN	29:27	5:56
3	178	Lexi WOWK	32:53	6:37

Category: Women 30-39

Place	Numb	Name	Time	Pace
1	166	Marissa MARKLE	20:36	4:09
2	163	Mairi-Irene MCCORMACK	28:42	5:47

Category: Women 40-49

Place	Numb	Name	Time	Pace
1	192	Andrea VEENSTRA	23:23	4:43
2	80	Elisabeth PEREZ	23:48	4:48
3	97	Victoria TWANOW	24:40	4:58
4	89	Jaime GONEK	27:08	5:28

```
    5  142 Michelle LACK                    31:27  6:20

     ------------------------------
     Category: Women 50-59

Place Numb Name                           Time    Pace
===== ==== ============================== ======= =====

     ------------------------------
     Category: Women 60-69

Place Numb Name                           Time    Pace
===== ==== ============================== ======= =====
    1  147 Claudette AUGERT                 23:35  4:45

     ------------------------------
     Category: Women 70 & over

Place Numb Name                           Time    Pace
===== ==== ============================== ======= =====
```